



**Zaterdag, 23 mei 2009**

**Vlaamse Atletiekliga  
ism.  
K. OLSE Merkssem Atletiekclub**

**KAMPIOENSCHAP  
VAN  
VLAANDEREN  
2009**

**UITSLAG**

**Meeting nummer 121**



**hamerslingeren 4,000kg Sen V**

1	1635	Neys Frederique	89	DCLA	53.87	KVV-1
2	2712	Gevers Tasja	92	VOLH	47.42	KVV-2
3	564	Daniels Nanoushka	90	BRAB	45.68	KVV-3
4	2976	Boumkwo Jolien	93	RCG	40.59	
5	2630	Raes Jolien	92	HAC	38.38	
6	1698	Vercammen Dorien	84	ACHL	38.29	
7	1542	Knaepen Ditte	89	ACA	37.54	
8	3688	Vos Ingrid	66	ACA	37.07	
9	1640	Claes Eline	87	RCG	36.10	

**400m horden 0,762m Sen V**

**Heat: 1**

1	393	Raes Jessie	90	HAC	60.67	
2	1345	Meert Cynthia	89	LAT	63.91	
3	2446	Rossaert Isaura	92	ACW	65.50	
4	383	Vermyl Doukje	91	AVT	65.58	
5	488	De Win Dinja	91	DAC	68.48	

**400m horden 0,762m Sen V**

**Heat: 2**

1	2705	Boone Katrijn	92	HAC	62.32	
2	1450	Van Leuven Sarah	87	VS	64.89	
3	294	Lauwers Sofie	91	RAM	65.14	
4	3015	Hiroux Charlotte	92	RCT	66.48	
5	1637	Roesems Vreni	89	DCLA	68.38	
6	2877	Vanden Broeck Eva	93	VAC	75.58	

**400m horden 0,762m Sen V**

**Heat: 3**

1	1604	Duinslaeger Eva	88	ROBA	63.23	
2	1523	Belmans Else	83	LIER	63.97	
3	1717	De Baets Soetkin	84	ACME	65.19	
4	553	Vanthillo Britt	91	ACBR	68.24	
5	2972	Van Hul Isabel	73	SWIN	70.96	
6	494	D'heer Jolien	91	ZELE	73.99	

**polstokspringen**
**Sen V**

<b>1</b>	<b>1711</b>	<b>Van Roie Liesbet</b>	<b>81</b>	<b>AVZK</b>	<b>3.90</b>	<b>KVV-1</b>
<b>2</b>	<b>948</b>	<b>Smets Fanny**</b>	<b>86</b>	<b>RFCL</b>	<b>3.75</b>	<b>KVV-2</b>
<b>3</b>	<b>2409</b>	<b>De Ryck Aurelie</b>	<b>92</b>	<b>LYRA</b>	<b>3.75</b>	<b>KVV-3</b>
4	2809	Dhont Steffi	92	AVLO	3.60	
5	2780	Dierick Laura	93	ACW	3.55	
6	1931	Henry Chloe	87	VAC	3.50	
7	1259	Quirin Margaux	95	ROBA	3.45	
8	1980	Van Osselaer Carolien	85	VOLH	3.30	
9	2947	De Groote Xenia	93	DCLA	3.30	
10	2495	De Neve Loes	92	VS	3.20	
11	519	De Vocht Elien	95	AVZK	3.20	

**hinkstapspringen**
**Sen V**

<b>1</b>	<b>1608</b>	<b>Van Brempt Jolien</b>	<b>89</b>	<b>ACBR</b>	<b>12.53</b>	<b>-0.1</b>	<b>KVV-1</b>
<b>2</b>	<b>1789</b>	<b>Claes Anne</b>	<b>83</b>	<b>ACA</b>	<b>12.38</b>	<b>-1.8</b>	<b>KVV-2</b>
<b>3</b>	<b>388</b>	<b>Van Laer Griet</b>	<b>90</b>	<b>ACHL</b>	<b>11.82</b>	<b>-1.9</b>	<b>KVV-3</b>
4	2940	Mievis Stefie	93	ACA	11.64	-0.8	
5	1652	Van De Steene Jessica	83	ACME	11.52	-2.5	
6	434	Leys Caroline	90	VOLH	11.45	-1.9	
7	430	Belen Sanne	91	ACA	11.32	-1.4	
8	528	Vanpoucke Hanne	91	OB	11.16	+0.3	
9	4049	Bottin Hilde	64	RCT	10.43	-2.1	
10	408	De Ruyck Hanne	91	DEIN	10.40	-2.3	
11	3132	Paesen Sonja	68	LOOI	10.16	-2.7	
12	2445	Bussens Tine	93	ACW	9.83	-2.0	

**400m horden 0,914m Sen Men**
**Heat: 1**

1	2117	Vanryckeghem Vincent	87	LYRA	52.81
2	705	Vanmulder Jeroen	91	DAC	54.84
3	2769	Hoet Niels	88	FLAC	54.91
4	2683	Siringo Vincent	89	ASVO	60.70
	2846	Stroobants Jori	89	VITA	DNF

**400m horden 0,914m Sen Men**
**Heat: 2**

1	1915	De Schepper Pieter	84	ACME	53.02
2	2440	Debersaques Steven	89	STAX	54.21
3	850	Nulens Thomas	90	AVT	57.62
4	2547	Zephirin Joachim	85	KKS	59.19
	852	Vanderkruids Toon	91	ACBR	DNF

**400m horden 0,914m Sen Men**

**Heat: 3**

1	2876	Devlieger Kirsten	84	FLAC	53.54
2	744	Lemmens Frederik	91	AVT	53.87
3	498	Jacobs Bart	91	EA	56.83
4	471	Peters Kim	90	ADD	59.84
5	546	Cool Ranec	91	ACHL	62.65
6	5352	Jacobs Jos	61	EA	64.98

**100 meter Sen V**

**Heat: 1 Wind: -2.3**

1	2000	Penen Frauke	85	VAC	12.18
2	432	Bertels Kristel	91	LIER	12.67
3	554	Daelemans Sofie	91	RAM	12.89
4	1500	Camps Naomi	94	RCT	13.01
5	434	Leys Caroline	90	VOLH	13.17
6	523	Asomaning Stephanie	90	RCG	13.23
7	2969	Florquin Astrid	92	DCLA	13.48

**100 meter Sen V**

**Heat: 2 Wind: 0.3**

1	1526	Desondre Justine	88	ACME	12.20
2	1373	Bruyninckx Charlotte	94	RCT	12.63
3	1572	Lequesne Marijke	87	AT84	12.68
4	1964	Gharafi Yasmine	85	LIER	12.88
5	2574	Pauwels Lauranne	92	OLSE	13.07
6	2582	Salaets Esther	92	DCLA	13.17
7	2852	Bordui Noemi	92	VOLH	13.20

**100 meter Sen V**

**Heat: 3 Wind: -1.5**

1	1586	Vereecken Elke	84	VOLH	12.16
2	1547	Verboven An	86	RAM	12.56
3	544	Moonen Sanne	90	VAC	12.76
4	408	De Ruyck Hanne	91	DEIN	12.91
5	1661	Robben Elise	89	DCLA	13.08
6	610	Vandersaenen Lies	91	DCLA	13.35
7	1400	Mergan Ine	94	LEBB	13.82

**100 meter Sen Men**

**Heat: 1 Wind: -2.6**

1	595	De Rycke Pieter	91	VOLH	11.11
2	3003	Verriest Jens	88	VAC	11.15
3	2505	Van de Woestyne Denis	81	STAX	11.17
4	755	Van Den Berghe Kenneth	90	WIBO	11.31
5	402	Buyens Pieter-Jan	91	RCG	11.43
6	2253	Van Belle Wim	89	ACP	11.70

**100 meter Sen Men**

**Heat: 2 Wind: -1.0**

1	2546	Herreman Ingmar	86	KKS	10.97
2	2812	Verhelst Jens	88	VAC	11.06
3	2092	Da Silva Francisco	89	SWIN	11.42
4	407	Scheldeman Yestin	91	RCG	11.47
5	399	Devrindt Sander	91	AVT	11.47
6	528	De Moor Thomas	91	FLAC	11.48
7	2105	Hendriks Joren	83	ACBR	11.62

**100 meter Sen Men**

**Heat: 3 Wind: -1.9**

1	2548	Herreman Lars	87	KKS	11.17
2	2932	De Vriendt Benjamin	83	STAX	11.30
3	2602	Coomans Werner	86	VAC	11.46
4	3016	De Blaes Dave	77	WIBO	11.48
5	2689	Vanmulder Robbe	88	DAC	11.49
6	1328	Verbrugghe Lorijn	94	ACA	11.57
7	3129	Bogaert Sam	80	ACW	11.72

**speerwerpen 800g Sen Men**

<b>1</b>	<b>478</b>	<b>Herman Timothy</b>	<b>90</b>	<b>VS</b>	<b>66.21</b>	<b>KVV-1</b>
<b>2</b>	<b>2920</b>	<b>Van den Bosch Vincent</b>	<b>89</b>	<b>DUFF</b>	<b>65.80</b>	<b>KVV-2</b>
<b>3</b>	<b>3278</b>	<b>Van Campenhout Jonas</b>	<b>85</b>	<b>DCLA</b>	<b>59.33</b>	<b>KVV-3</b>
4	498	Jacobs Bart	91	EA	53.32	
5	2107	Van Alphen Hans	82	AT84	52.14	
6	5568	Coen Tom	70	VAC	29.21	

**400 meter Sen V**

**Heat: 1**

1	1211	Den Haeze Wendy	85	ACME	54.69
2	1951	Piccavet Elien	86	FLAC	57.78
3	1437	Herssens Stephanie	88	DCLA	57.97
4	599	Verboven Berbel	91	ACHL	60.92
5	275	Van Wambeke Magali	90	ZELE	61.18

**400 meter Sen V**

**Heat: 2**

1	1446	Mabbe Elien	87	FLAC	57.53
2	555	Vanderlinden Jade	90	RCT	58.91
3	2730	Lapage Marion	92	LEBB	59.13
4	1568	Masschelein Evi	87	KKS	61.00
5	786	Peeters Elise	94	ACHL	61.15
6	318	Haghedooren Jasmine	91	AVR	64.94

**400 meter Sen V**
**Heat: 3**

1	550	Dauwens Axelle	90	ACME	56.73
2	1842	Desmet Sylvie	82	RCG	57.08
3	2388	Holthof Annelies	93	OLSE	60.04
4	319	Six Evy	91	AVR	60.29
5	472	Allaert Elodie	91	ROBA	61.74
6	1417	Vanbuggenhout Marijke	83	LEBB	62.19

**hinkstapspringen Sen Men**

1	<b>2013</b>	<b>De Decker Bjorn</b>	<b>89</b>	<b>WIBO</b>	<b>14.30</b>	<b>-0.5</b>	<b>KVV-1</b>
2	<b>435</b>	<b>De Decker Kristof</b>	<b>91</b>	<b>WIBO</b>	<b>13.60</b>	<b>-0.8</b>	<b>KVV-2</b>
3	<b>3047</b>	<b>Muyldermans Bert</b>	<b>78</b>	<b>SPVI</b>	<b>13.20</b>	<b>-1.5</b>	<b>KVV-3</b>
4	369	De Leenheer Matthias	91	ZELE	13.16	-1.7	
5	452	Dierick Gabor	91	ACW	12.92	-2.0	
6	512	Hermans Kenny	90	ATLA	12.83	-1.6	
7	2659	Vanden Bogaert Rob	89	LYRA	12.81	-0.9	
8	809	De Herdt Gorik	90	AT84	12.73	-0.4	
9	2451	Sabbe Jeroen	92	RCG	12.32	+0.0	
10	1981	Fonteyn Ilyya	87	OLSE	12.07	-1.6	
	2596	Cannaert Franck	88	AVMO	NM	+0.0	

**400 meter Sen Men**
**Heat: 1**

1	2504	Haeck Joris	89	STAX	47.73
2	3024	Briers Kristof	86	VAC	48.74
3	2325	De Baets Jasper	89	ACME	49.48
4	646	Teugels Dimitri	91	ACBR	50.11
5	2824	Meesters Thomas	92	BVAC	50.57

**400 meter Sen Men**
**Heat: 2**

1	2737	Vanhaeren Stef	92	KAPE	48.10
2	2232	Feyaerts Evert	86	VAC	48.78
3	2905	Pieters Christof	86	ACME	49.52
4	2786	Wagemans Koen	84	ACHL	50.01
5	2920	Hoet Jorg	92	FLAC	50.52
6	1935	Marquenie Dimitry	89	OLSE	50.67

**400 meter Sen Men**
**Heat: 3**

1	689	Bouckaert Jente	90	LIER	48.66
2	1975	Lichtert Stijn	87	OLSE	49.11
3	3055	Abts Willem	7	DCLA	49.76
4	2879	De Bock Stefan	77	RCG	50.22
5	2382	Kluskens Stijn	88	VOLH	50.80

**200 meter Sen V**

**Heat: 1 Wind: -1.1**

1	1526	Desondre Justine	88	ACME	24.98
2	432	Bertels Kristel	91	LIER	25.51
3	1500	Camps Naomi	94	RCT	26.37
4	523	Asomaning Stephanie	90	RCG	26.38
	1586	Vereecken Elke	84	VOLH	DNF

**200 meter Sen V**

**Heat: 2 Wind: -1.3**

1	1705	Bogemans Elke	77	ACW	24.76
2	1547	Verboven An	86	RAM	25.52
3	1234	Van Hertem Kim	86	DALO	25.66
4	1964	Gharafi Yasmine	85	LIER	26.13
5	2852	Bordui Noemi	92	VOLH	26.42
6	1661	Robben Elise	89	DCLA	27.22

**200 meter Sen V**

**Heat: 3 Wind: -2.1**

1	304	De Jans Marlien	91	DEIN	25.25
2	406	Cozijns Lindsay	91	ASVO	25.46
3	554	Daelemans Sofie	91	RAM	25.86
4	2582	Salaets Esther	92	DCLA	26.14
5	544	Moonen Sanne	90	VAC	26.15
6	1283	Depuydt Orphee	95	FLAC	27.36

**200 meter Sen Men**

**Heat: 1 Wind: -1.5**

1	2546	Herreman Ingmar	86	KKS	21.76
2	3168	Duerinck Nils	84	VAC	22.03
3	755	Van Den Berghe Kenneth	90	WIBO	22.47
4	3108	Cordeel Bert	83	ACHL	22.49
5	3003	Bruylandts Yann	92	OLSE	22.84
6	2253	Van Belle Wim	89	ACP	23.00

**200 meter Sen Men**

**Heat: 2 Wind: -2.2**

1	595	De Rycke Pieter	91	VOLH	21.98
2	2944	Helskens Bart	80	ACW	22.16
3	2092	Da Silva Francisco	89	SWIN	22.58
4	402	Buyens Pieter-Jan	91	RCG	22.63
5	2689	Vanmulder Robbe	88	DAC	22.67
	3003	Verriest Jens	88	VAC	DNS

**200 meter Sen Men**
**Heat: 3 Wind: -1.6**

1	2548	Herreman Lars	87	KKS	22.01
2	3058	Thys Ruben	85	DCLA	22.33
3	407	Scheldeman Yestin	91	RCG	22.56
4	3016	De Blaes Dave	77	WIBO	22.94
	3024	Briers Kristof	86	VAC	DNS
	2505	Van de Woestyne Denis	81	STAX	DNF

**100m horden 0,84m Sen V**
**Heat: 1 Wind: -2.0**

1	1462	Broeckhove Liesbeth	87	RCG	14.12
2	573	Verboven Charlotte	91	ACHL	15.45
3	1774	Coppieters Els	78	DEIN	15.65
4	258	Vannieuwenhuysen An	91	VS	15.79
5	1318	Ackerman Aurelie	89	DAC	17.24

**100m horden 0,84m Sen V**
**Heat: 2 Wind: -0.7**

1	532	Tachelet Celine	90	ROBA	14.98
2	388	Van Laer Griet	90	ACHL	15.17
3	1865	Van Gremberghe Annelies	84	STAX	15.45
4	2863	De Vlieger Charlotte	93	ACW	15.98
5	3209	Feipel Veronique*	67	DAC	16.77
6	515	Andries Nathalie	91	ROBA	17.10

**110m horden 1,067m Sen Men**
**Heat: 1 Wind: -1.3**

1	2254	De Coninck John	85	RCG	15.23
2	674	Hanjoul Denis	91	DCLA	15.27
3	3080	Van De Gender Steven	77	ACW	15.81
4	2895	Vandecapelle Mattijs	89	DAC	16.54
5	458	Van Der Auwera Fons	90	ROBA	17.29
6	5352	Jacobs Jos	61	EA	18.85

**110m horden 1,067m Sen Men**
**Heat: 2 Wind: -0.8**

1	2681	Peeters Tom	88	DAC	15.10
2	2048	Vermeulen Sander	88	RCG	15.20
3	834	Piccavet Rens	90	FLAC	15.46
4	2361	D'hoker Koen	84	VS	15.48
5	471	Peters Kim	90	ADD	16.26
6	369	De Leenheer Matthias	91	ZELE	17.84

**hamerslingeren 7,260kg Sen Men**

<b>1</b>	<b>6103</b>	<b>De Wyngaert Walter</b>	<b>70</b>	<b>ROBA</b>	<b>57.95</b>	<b>KVV-1</b>
<b>2</b>	<b>3001</b>	<b>De Coster Tim</b>	<b>83</b>	<b>DCLA</b>	<b>56.56</b>	<b>KVV-2</b>
<b>3</b>	<b>3092</b>	<b>Vanmassenhove Timothy</b>	<b>87</b>	<b>HAC</b>	<b>52.69</b>	<b>KVV-3</b>
4	3109	Van Den Schoor Tim	85	ACHL	49.49	
5	3249	Leirs Tim	82	BRAB	45.12	
6	1989	Lingier Wim	88	MACW	41.20	
7	2410	Goossens Bjorn	87	ACHL	34.82	

**110m horden Sen Men**
**Heat: 1 Wind: -1.7**

<b>1</b>	<b>3080</b>	<b>Van De Gender Steven</b>	<b>77</b>	<b>ACW</b>	<b>14.78</b>	<b>KVV-1</b>
<b>2</b>	<b>674</b>	<b>Hanjoul Denis</b>	<b>91</b>	<b>DCLA</b>	<b>14.96</b>	<b>KVV-2</b>
<b>3</b>	<b>2681</b>	<b>Peeters Tom</b>	<b>88</b>	<b>DAC</b>	<b>15.09</b>	<b>KVV-3</b>
4	2048	Vermeulen Sander	88	RCG	15.11	
5	834	Piccavet Rens	90	FLAC	15.31	
	2254	De Coninck John	85	RCG	DNF	
	2361	D'hoker Koen	84	VS	DNF	

**polstokspringen Sen Men**

<b>1</b>	<b>3146</b>	<b>Rans Kevin</b>	<b>82</b>	<b>VAC</b>	<b>5.10</b>	<b>KVV-1</b>
<b>2</b>	<b>2637</b>	<b>De Coninck Jasper</b>	<b>89</b>	<b>KAAG</b>	<b>4.60</b>	<b>KVV-2</b>
<b>3</b>	<b>2872</b>	<b>De Meyer Jonas</b>	<b>84</b>	<b>DCLA</b>	<b>4.60</b>	<b>KVV-3</b>
4	2380	Verelst Wim	87	VOLH	4.40	
5	570	Ghoos Thomas	91	ACBR	4.40	
	1975	Lichtert Stijn	87	OLSE	NM	

**discuswerpen 1,000kg Sen V**

<b>1</b>	<b>1913</b>	<b>Vangeel Inge</b>	<b>85</b>	<b>ACBR</b>	<b>49.75</b>	<b>KVV-1</b>
<b>2</b>	<b>1201</b>	<b>Blondeel Veerle</b>	<b>75</b>	<b>KAAG</b>	<b>48.62</b>	<b>KVV-2</b>
<b>3</b>	<b>1271</b>	<b>Hellebuyck Anouska</b>	<b>89</b>	<b>DEIN</b>	<b>43.43</b>	<b>KVV-3</b>
4	1738	Gys Elke	81	ACHL	42.99	
5	1546	Van De Broeck Katrien	82	RAM	42.19	
6	2976	Boumkwo Jolien	93	RCG	40.76	
7	2712	Gevers Tasja	92	VOLH	39.57	
8	1449	De Leeuw Marliese	83	VS	36.67	
9	1231	Geukens Inge	85	DALO	34.43	
10	605	Geudens Benedicte	91	LIER	33.85	
	2763	Jongenelen Mieke	92	VOLH	NM	
	1726	Vanden Broeck Sofie	88	VAC	NM	

**hoogsprijngen**
**Sen V**

<b>1</b>	<b>305</b>	<b>Van Hessche Hanne</b>	<b>91</b>	<b>ASVO</b>	<b>1.81</b>	<b>KVV-1</b>
<b>2</b>	<b>1678</b>	<b>Desmet Hannelore</b>	<b>89</b>	<b>AVT</b>	<b>1.81</b>	<b>KVV-2</b>
<b>3</b>	<b>2923</b>	<b>Dirckx Jolien</b>	<b>93</b>	<b>DCLA</b>	<b>1.71</b>	<b>KVV-3</b>
4	1402	De Vogelaer Sarah	89	VITA	1.68	
5	1263	Sebrechts Liesbeth	84	OLSE	1.65	
6	2863	De Vlieger Charlotte	93	ACW	1.65	
7	2711	Van Remoortere Eveline	92	VOLH	1.60	
7	1908	Bastiaens Valerie	82	OLSE	1.60	
9	2476	Van Den Broeck Leen	92	LAT	1.60	
10	411	De Rijck Jente	91	ESAK	1.55	
11	511	Van Den Berghe Inez	91	VITA	1.55	

**100m horden Sen V**
**Heat: Fin. Wind: -1.8**

<b>1</b>	<b>1462</b>	<b>Broeckhove Liesbeth</b>	<b>87</b>	<b>RCG</b>	<b>14.12</b>	<b>KVV-1</b>
<b>2</b>	<b>532</b>	<b>Tachelet Celine</b>	<b>90</b>	<b>ROBA</b>	<b>14.90</b>	<b>KVV-2</b>
<b>3</b>	<b>388</b>	<b>Van Laer Griet</b>	<b>90</b>	<b>ACHL</b>	<b>15.21</b>	<b>KVV-3</b>
4	573	Verboven Charlotte	91	ACHL	15.45	
5	1774	Coppieters Els	78	DEIN	15.46	
6	1865	Van Gremberghe Annelies	84	STAX	15.51	
	258	Vannieuwenhuysen An	91	VS	DNF	

**verspringen**
**Sen V**

<b>1</b>	<b>1760</b>	<b>Bolshakova Svetlana</b>	<b>84</b>	<b>SPVI</b>	<b>6.29</b>	<b>-0.5</b>	<b>KVV-1</b>
<b>2</b>	<b>1234</b>	<b>Van Hertem Kim</b>	<b>86</b>	<b>DALO</b>	<b>5.80</b>	<b>-0.7</b>	<b>KVV-2</b>
<b>3</b>	<b>1504</b>	<b>Vercammen Eveline</b>	<b>88</b>	<b>ACBR</b>	<b>5.74</b>	<b>+1.1</b>	<b>KVV-3</b>
4	1608	Van Brempt Jolien	89	ACBR	5.70	+0.5	
5	2940	Mievis Stefie	93	ACA	5.55	-1.1	
6	1652	Van De Steene Jessica	83	ACME	5.46	+0.4	
7	2445	Bussens Tine	93	ACW	5.36	-0.4	
8	1345	Meert Cynthia	89	LAT	5.33	+1.9	
9	1437	Herssens Stephanie	88	DCLA	5.06	-0.2	
10	1373	Bruyninckx Charlotte	94	RCT	4.94	+0.3	
11	3209	Feipel Veronique*	67	DAC	4.86	-0.8	

**kogelstoten 7,260kg**
**Sen Men**

<b>1</b>	<b>7211</b>	<b>Blondeel Wim</b>	<b>73</b>	<b>KAAG</b>	<b>17.88</b>	<b>KVV-1</b>
<b>2</b>	<b>2102</b>	<b>Eeckhout Filip</b>	<b>79</b>	<b>VS</b>	<b>15.83</b>	<b>KVV-2</b>
<b>3</b>	<b>2248</b>	<b>Verbrugghe Jurgen</b>	<b>83</b>	<b>HAC</b>	<b>15.44</b>	<b>KVV-3</b>
4	3203	Pauwels Bart	78	AT84	14.85	
5	2450	Eeckhout Frederik	85	VS	14.19	
6	2979	Beyens Stefan	87	ACHL	13.95	
7	3120	Berghmans Gert-Jan	85	OEH	13.27	
8	7456	Van Den Bulcke Yves	67	ACME	12.83	
9	2420	Geukens Bart	82	LOOI	12.76	
10	2971	Sabbe Jan	87	HAC	12.52	
11	2410	Goossens Bjorn	87	ACHL	10.92	

**100 meter Sen Men**

**Heat: Fin Wind: 0.1**

1	2546	Herreman Ingmar	86	KKS	10.81	KVV-1
2	2812	Verhelst Jens	88	VAC	10.87	KVV-2
3	595	De Rycke Pieter	91	VOLH	10.88	KVV-3
4	2505	Van de Woestyne Denis	81	STAX	10.99	
5	2548	Herreman Lars	87	KKS	11.09	
6	3003	Verriest Jens	88	VAC	11.09	
7	2932	De Vriendt Benjamin	83	STAX	11.21	

**100 meter Sen V**

**Finale Wind: -0.1**

1	2000	Penen Frauke	85	VAC	11.77	KVV-1
2	1586	Vereecken Elke	84	VOLH	12.16	KVV-2
3	1526	Desondre Justine	88	ACME	12.17	KVV-3
4	1547	Verboven An	86	RAM	12.51	
5	1373	Bruyninckx Charlotte	94	RCT	12.52	
6	432	Bertels Kristel	91	LIER	12.55	
7	1572	Lequesne Marijke	87	AT84	12.63	

**1500 meter Sen V**

**R. Finale**

1	1173	Maveau Barbara	87	FLAC	4:19.76	KVV-1
2	2547	Vangansbeke Zenobie	92	KAAG	4:27.28	KVV-2
3	1394	De Croock Stephanie	79	ZELE	4:30.64	KVV-3
4	1597	Kithusi Rosemary Mbenya	83	VAC	4:31.35	
5	1319	Van Accom Sofie	89	ACHL	4:31.47	
6	1260	Ameloot Natalie	80	KAAG	4:33.15	
7	474	Van Wabeke Jana	90	HALE	4:35.68	
8	571	Vande Velde Sara	94	DUFF	4:40.64	
9	2625	Van Havere Evelin	93	LAT	4:43.34	
10	327	Pollentier Liesbeth	91	HCO	4:45.36	
11	331	Verbeeck Tatjana	91	ROBA	4:45.42	
12	1205	Laurysen Griet	86	ARAC	4:48.20	
13	2734	Truyers Imana	93	AVT	4:49.35	
14	2645	Leunis Nena	93	VS	5:09.98	
	1618	Verhaeghe Marieken	85	DCLA	DNF	

**1500 meter**
**Sen Men**
**R. Finale**

<b>1</b>	<b>2418</b>	<b>Luyckx Tim</b>	<b>86</b>	<b>OEH</b>	<b>3:51.80</b>	<b>KVV-1</b>
<b>2</b>	<b>638</b>	<b>Van Ham Andreas</b>	<b>90</b>	<b>DAC</b>	<b>3:52.03</b>	<b>KVV-2</b>
<b>3</b>	<b>2489</b>	<b>Van Steen Maarten</b>	<b>80</b>	<b>DCLA</b>	<b>3:52.56</b>	<b>KVV-3</b>
4	464	Bouchikhi Soufiane	90	OLSE	3:55.70	
5	2143	Barbe Kim	81	EA	3:57.31	
6	2526	Hannes Pieter-jan	92	OLSE	3:58.50	
7	2306	Kenis Ruben	83	ADD	3:59.27	
8	561	De Bock Thomas	91	VS	3:59.39	
9	2163	Callewaert Thomas	88	AVMO	4:00.28	
10	2015	Depoortere Dries	85	AVR	4:00.71	
11	2457	Van Assche Lukas	89	VAC	4:00.91	
12	2472	Maes Tom	87	ACBR	4:01.24	
13	2524	Roels Jonas	83	LAT	4:01.89	
14	1822	Slachmuylders Niels	88	OPW	4:03.04	
15	2108	Misplon Bert	88	RCG	4:03.51	
16	2646	Abdi Bashir*	89	RCG	4:05.52	
17	466	Van Dyck Maarten	91	ROBA	4:09.67	
	3140	Boon Stijn	85	OEH	DNF	

**3000m steeple Sen Men**
**R. Finale**

<b>1</b>	<b>394</b>	<b>Leysen Erwin</b>	<b>91</b>	<b>SWIN</b>	<b>9:19.25</b>	<b>KVV-1</b>
<b>2</b>	<b>1949</b>	<b>De Vleeschouwer Berten</b>	<b>87</b>	<b>AVLO</b>	<b>9:21.71</b>	<b>KVV-2</b>
<b>3</b>	<b>2486</b>	<b>Van Ophem Jeremy</b>	<b>84</b>	<b>DCLA</b>	<b>9:25.55</b>	<b>KVV-3</b>
4	1881	Mortelmans Maarten	89	DUFF	9:35.18	
5	2151	Beerens Stijn	82	EA	9:53.83	
6	2397	De Wachter Sven	89	OB	10:08.57	
7	2384	Verelst Karel	89	VOLH	10:17.22	
8	5014	Spiessens Koen	71	SPBO	10:22.16	
9	2274	Goossens Andy	81	ACHL	10:45.43	

**speerwerpen 600g**
**Sen V**

<b>1</b>	<b>1609</b>	<b>Aerts Sara</b>	<b>84</b>	<b>ACBR</b>	<b>40.40</b>	<b>KVV-1</b>
<b>2</b>	<b>1843</b>	<b>De Vleeschouwer Freija</b>	<b>83</b>	<b>RCG</b>	<b>38.78</b>	<b>KVV-2</b>
<b>3</b>	<b>2573</b>	<b>Ahmidach Sana</b>	<b>92</b>	<b>OLSE</b>	<b>38.52</b>	<b>KVV-3</b>
4	3078	Van Den Broeck Laura	93	ACHL	37.50	
5	2906	Verhoeven Nathalie	93	LYRA	37.23	
6	3102	Verlinden Hannelaure	92	DCLA	36.56	
7	459	Stroobant Annelies	91	VS	34.93	
8	1380	Van Puyvelde Hannah	89	SPBO	34.52	
9	1466	Vanhoorne An	82	HCO	32.64	
10	355	Van Puyvelde Eva	91	SPBO	30.96	
11	288	Ghyselinck Annelies	91	RCG	28.93	
12	431	Verhofstadt Elissa	91	ROBA	26.26	

**3000m steeple Sen V**
**R. Finale**

1	1689	Cnops Vanja	87	ACKO	10:45.99	KVV-1
2	296	Dalemans Eline	91	KAAG	10:53.81	KVV-2
3	1177	Picavet Sofie	88	ZELE	11:35.48	KVV-3
4	257	Verdonck Michelle	91	SACN	12:46.55	

**800 meter Sen V**
**Heat: 1**

1	1292	Clymans Gitte	85	ACHL	2:15.07
2	1615	Polspoel Kathelijnn	83	DCLA	2:15.59
3	2724	Crabbe Carolien	92	ALVA	2:20.10
4	340	Ghoos Marianne	91	LOOI	2:21.34
5	978	Meuleman Lore	95	VS	2:23.30
6	2683	Meert Soraya	93	LAT	2:23.80
7	1200	Libijn Ilse	81	KAAG	2:24.51
8	2544	Vanderstichele Charlotte	93	OEH	2:24.99

**800 meter Sen V**
**Heat: 2**

1	1683	Belete Almensch*	89	VAC	2:06.68	KVV-1
2	1984	Debroux Charlotte	83	DCLA	2:07.13	KVV-2
3	659	De Bleecker Camilla	94	DEIN	2:07.55	KVV-3
4	1451	Parewyck Mariska	88	LAT	2:08.13	
5	1486	Van Der Stricht Lynn	88	VITA	2:09.23	
6	325	Vandenberghe Yentl	91	OB	2:11.22	
7	2604	Wyns Jenna	93	VAC	2:11.39	
8	291	Schils Marlies	90	MAC	2:11.99	
9	1700	Van Linden Veerle	76	DCLA	2:13.15	
10	1644	Buytaert Nicole	79	ZELE	2:13.84	
11	2355	Denis Tessa	92	DUFF	2:15.96	

**verspringen Sen Men**

1	2932	De Vriendt Benjamin	83	STAX	7.25	-1.7	KVV-1
2	705	Vanmulder Jeroen	91	DAC	6.99	-1.1	KVV-2
3	2013	De Decker Bjorn	89	WIBO	6.96	-1.2	KVV-3
4	2121	Droessaert Stijn	87	VS	6.59	-1.3	
5	2895	Vandecapelle Mattijs	89	DAC	6.43	+0.4	
6	834	Piccavet Rens	90	FLAC	6.37	+0.0	
7	512	Hermans Kenny	90	ATLA	5.78	-1.4	
	2281	Marynissen Wim	88	AVKA	NM	+0.0	
	2541	Sommer Pieter	92	SWIN	NM	+0.0	

**kogelstoten 4,000kg**
**Sen V**

1	1274	Verlinden Sophie	79	WIBO	14.01	KVV-1
2	1913	Vangeel Inge	85	ACBR	13.55	KVV-2
3	1271	Hellebuyck Anouska	89	DEIN	12.97	KVV-3
4	1449	De Leeuw Marliese	83	VS	10.72	
5	2561	Richter Saraya	92	KAPE	10.64	
6	431	Verhofstadt Elissa	91	ROBA	10.62	
7	490	Verrijt Sarah	91	ROBA	9.76	

**hoogspringen**
**Sen Men**

1	2926	Van Deursen Bart	85	ROBA	2.07	KVV-1
2	3065	Hubert Timothy	82	EA	2.07	KVV-2
3	674	Hanjoul Denis	91	DCLA	1.98	KVV-3
4	2128	Vrijzen Vincent	89	AVT	1.98	
5	2777	Maes Sander	92	AVT	1.98	
6	2736	Ghuys Bram	93	OEH	1.90	
6	2677	Van Rietvelde Benjamin	92	ROBA	1.90	
8	2657	Devrieze Ruben	92	AVKA	1.90	
9	2383	Annecour Rico	88	VOLH	1.85	

**800 meter**
**Sen Men**
**Heat: 1**

1	2022	Hamdi Ali	89	GRIM	1:51.90
2	587	Schockaert Laurens	90	LAT	1:52.60
3	2882	Maes Lukas	88	DAC	1:52.84
4	627	Smout Andreas	90	SACN	1:53.60
5	643	Coosemans Peter	90	ROBA	1:54.36
6	1861	Vandermarliere Koen	85	FLAC	1:55.35
7	2483	Gordts Joren	86	DCLA	1:55.47
8	2533	De Bock Maarten	79	RCG	1:56.14
9	2969	Pappaert Wouter	78	RCG	1:57.88
	2730	Schouppe Colin	82	RCG	DNF

**800 meter**
**Sen Men**
**Heat: 2**

1	1860	Rosseeuw Matthias	85	FLAC	1:50.19	KVV-1
2	2070	Van Den Broeck Jan	89	LAT	1:50.51	KVV-2
3	1887	Ruell Kim	87	DCLA	1:50.71	KVV-3
4	461	Pluym Bert	91	DAC	1:50.75	
5	2840	Verschueren Peter	83	ACBR	1:50.93	
6	2471	Van Aelst Stefan	88	ACBR	1:50.96	
7	2532	Vandegaer Wout	81	RCT	1:51.73	
8	2572	Dierckx Toon	87	VOLH	1:51.74	
9	353	Stubbe Matthias	90	OB	1:51.75	
10	2432	Omey Hans	86	AZW	1:54.26	

**200 meter Sen V**
**Finale Wind: 0.0**

<b>1</b>	<b>1526</b>	<b>Desondre Justine</b>	<b>88</b>	<b>ACME</b>	<b>24.35</b>	<b>KVV-1</b>
<b>2</b>	<b>1705</b>	<b>Bogemans Elke</b>	<b>77</b>	<b>ACW</b>	<b>24.38</b>	<b>KVV-2</b>
<b>3</b>	<b>406</b>	<b>Cozijns Lindsay</b>	<b>91</b>	<b>ASVO</b>	<b>24.77</b>	<b>KVV-3</b>
4	304	De Jans Marlien	91	DEIN	25.02	
5	432	Bertels Kristel	91	LIER	25.47	
6	1547	Verboven An	86	RAM	25.51	

**200 meter Sen Men**
**Finale Wind: -2.4**

<b>1</b>	<b>2546</b>	<b>Herreman Ingmar</b>	<b>86</b>	<b>KKS</b>	<b>21.62</b>	<b>KVV-1</b>
<b>2</b>	<b>595</b>	<b>De Rycke Pieter</b>	<b>91</b>	<b>VOLH</b>	<b>21.95</b>	<b>KVV-2</b>
<b>3</b>	<b>3168</b>	<b>Duerinck Nils</b>	<b>84</b>	<b>VAC</b>	<b>21.95</b>	<b>KVV-3</b>
4	2944	Helskens Bart	80	ACW	22.25	
5	2548	Herreman Lars	87	KKS	22.49	
	3058	Thys Ruben	85	DCLA	DNS	

**discuswerpen 2,000kg Sen Men**

<b>1</b>	<b>7211</b>	<b>Blondeel Wim</b>	<b>73</b>	<b>KAAG</b>	<b>51.41</b>	<b>KVV-1</b>
<b>2</b>	<b>3291</b>	<b>Coene Kris</b>	<b>83</b>	<b>AVLO</b>	<b>49.50</b>	<b>KVV-2</b>
<b>3</b>	<b>2881</b>	<b>Van Hamme Didier</b>	<b>83</b>	<b>RCG</b>	<b>49.20</b>	<b>KVV-3</b>
4	1947	Nys Edwin	86	MAC	47.86	
5	2248	Verbrugghe Jurgen	83	HAC	47.75	
6	2450	Eeckhout Frederik	85	VS	45.23	
7	2102	Eeckhout Filip	79	VS	43.86	
8	2376	Gevers Bjorn	89	VOLH	43.55	
9	2420	Geukens Bart	82	LOOI	42.69	
10	3120	Berghmans Gert-Jan	85	OEH	42.13	
11	2979	Beyens Stefan	87	ACHL	39.19	
12	2912	Moons Hans	82	DCLA	37.83	

**400m horden Sen V**
**Finale**

<b>1</b>	<b>393</b>	<b>Raes Jessie</b>	<b>90</b>	<b>HAC</b>	<b>60.91</b>	<b>KVV-1</b>
<b>2</b>	<b>2705</b>	<b>Boone Katrijn</b>	<b>92</b>	<b>HAC</b>	<b>61.22</b>	<b>KVV-2</b>
<b>3</b>	<b>1523</b>	<b>Belmans Else</b>	<b>83</b>	<b>LIER</b>	<b>62.26</b>	<b>KVV-3</b>
4	1604	Duinslaeger Eva	88	ROBA	62.98	
5	1345	Meert Cynthia	89	LAT	65.38	
6	1450	Van Leuven Sarah	87	VS	68.89	

**400m horden Sen Men**
**Finale**

<b>1</b>	<b>2117</b>	<b>Vanryckeghem Vincent</b>	<b>87</b>	<b>LYRA</b>	<b>51.38</b>	<b>KVV-1</b>
<b>2</b>	<b>1915</b>	<b>De Schepper Pieter</b>	<b>84</b>	<b>ACME</b>	<b>52.96</b>	<b>KVV-2</b>
<b>3</b>	<b>2876</b>	<b>Devlieger Kirsten</b>	<b>84</b>	<b>FLAC</b>	<b>53.84</b>	<b>KVV-3</b>
4	2440	Debersaques Steven	89	STAX	54.20	
	705	Vanmulder Jeroen	91	DAC	DNF	
	744	Lemmens Frederik	91	AVT	DNS	

**400 meter Sen V**
**Finale**

<b>1</b>	<b>1211</b>	<b>Den Haeze Wendy</b>	<b>85</b>	<b>ACME</b>	<b>54.89</b>	<b>KVV-1</b>
<b>2</b>	<b>550</b>	<b>Dauwens Axelle</b>	<b>90</b>	<b>ACME</b>	<b>56.41</b>	<b>KVV-2</b>
<b>3</b>	<b>1842</b>	<b>Desmet Sylvie</b>	<b>82</b>	<b>RCG</b>	<b>57.45</b>	<b>KVV-3</b>
4	1951	Piccavet Elien	86	FLAC	57.97	
5	1446	Mabbe Elien	87	FLAC	58.70	
	1437	Herssens Stephanie	88	DCLA	DNS	

**400 meter Sen Men**
**Finale**

<b>1</b>	<b>2504</b>	<b>Haeck Joris</b>	<b>89</b>	<b>STAX</b>	<b>47.31</b>	<b>KVV-1</b>
<b>2</b>	<b>2737</b>	<b>Vanhaeren Stef</b>	<b>92</b>	<b>KAPE</b>	<b>48.38</b>	<b>KVV-2</b>
<b>3</b>	<b>2232</b>	<b>Feyaerts Evert</b>	<b>86</b>	<b>VAC</b>	<b>48.89</b>	<b>KVV-3</b>
4	3024	Briers Kristof	86	VAC	49.42	
5	689	Bouckaert Jente	90	LIER	50.02	
6	1975	Lichtert Stijn	87	OLSE	50.67	

**5000 meter Sen V**
**R. Finale**

<b>1</b>	<b>1616</b>	<b>Schenkel Sandra</b>	<b>86</b>	<b>DCLA</b>	<b>16:39.72</b>	<b>KVV-1</b>
<b>2</b>	<b>3614</b>	<b>Debaets Corinne</b>	<b>63</b>	<b>DCLA</b>	<b>16:59.25</b>	<b>KVV-2</b>
<b>3</b>	<b>2993</b>	<b>Mulle Sylvie</b>	<b>70</b>	<b>ACW</b>	<b>17:27.22</b>	<b>KVV-3</b>
4	1551	Lauwaert Nina	88	VOLH	17:33.21	
5	3135	Peeters Anja	69	LOOI	17:36.32	
6	400	De Coninck Lynn	90	VS	18:06.37	
7	1299	Vanheck Evelien	89	ACW	19:05.06	
	1206	Leysen Marleen	89	SWIN	DNF	

5000 meter

Sen Men

R. Finale

1	1953	Bollen Frank	82	ATLA	14:13.11	KVV-1
2	384	Vanstreels Dieter	90	DUFF	14:50.27	KVV-2
3	1888	Verschoren Bart	77	DUFF	14:55.69	KVV-3
4	1962	Laurens Glen	84	AVZK	15:00.07	
5	2115	Wils Johan	74	ACHL	15:01.48	
6	2928	Geens Gunter	81	GEEL	15:02.09	
7	1961	De Raeymaecker Karl	80	ACW	15:11.01	
8	795	Bakkali Tahiri Oussama	90	AT84	15:33.17	
9	2593	Pelicaen Joachim	85	LEBB	15:42.23	
10	2668	Bosmans Lukas	88	ROBA	15:47.69	