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Prov. Kampioenschappen A.C. dag 1
De Rode Loop te Merksem
Olse Merksem ac
27/04/2013

300m horden 0,762m Cad V Time :12:19

Heat:1

1	766	Van Besouw Alexandra	99	ACHL	50.21
2	1096	Peeters Bloeme	99	AVZK	50.93
3	1672	Muanza Eunice	99	HAKI	54.24
4	1191	Van De Vreken Joke	98	AVKA	54.32
5	1673	Muanza Ketsia	99	HAKI	56.88
6	1010	Robben Jits	98	ACHL	57.24

300m horden 0,762m Cad V Time :12:19

Heat:2

1	1329	Mortiers Lio	98	AVKA	44.81	PKA 1
2	1467	Van Hout Anneleen	98	VMOL	48.98	PKA 2
3	857	Blockx Dante	98	OLSE	49.58	PKA 3
4	1222	De Vlieger Lize	98	ATAC	51.59	
5	1477	Letor Aline	98	AVZK	52.82	
	1047	Baillievier Rani	98	OLSE	DNF	

speerwerpen 500g Sch V Time :10:50

Heat:1

1	2612	Brosens Stefanie	97	ATAC	37.31	PKA 1
2	2998	Bussels Renee	97	AVZK	35.52	PKA 2
3	2586	Van Der Auwera Anouchka	97	ACHL	30.76	PKA 3
4	3128	Van Der Weyen Jessie	96	LYRA	30.14	
5	2621	Van Den Bossche Zoe	97	HAKI	27.65	
6	2515	Peeters Katelijne	97	ACBR	26.74	
7	2706	Van Den Eede Nathalie	97	DUFF	26.00	
8	3200	Dillen Himsha	97	WIBO	24.19	
9	2622	Van Haeren Sofie	96	ARAC	22.40	

verspringen Sen V Time :11:42

Heat:1

1	1453	Pauwels Lauranne	92	OLSE	5.29	+0.9	PKA 1
2	1716	De Jaegher Evi	85	ACHL	5.18	+0.2	PKA 2
3	1891	De Prijck Karen	93	ABES	5.17	+0.2	PKA 3
4	1405	Verduyn Karlien	86	AVKA	4.91	-0.9	
5	1772	Segers Liene	93	ATAC	4.83	+1.2	
6	1484	Umans Kirsten	93	HAKI	4.56	+1.5	
7	1218	De Laet Eva	93	VMOL	4.56	-0.1	
8	1952	Devrieze Yalenska	92	AVKA	4.54	+0.3	
9	1416	Ceulemans Marlies	93	WIBO	4.02	+0.1	
10	2098	Raets Loes	85	ABES	3.58	-0.7	
	1217	Versmissen Jolein	92	VMOL	NM	+0.0	

hoogspringen Cad M Time :12:31

Heat:1

1	1081	Heylen Maarten	98	LIER	1.75	PKA 1
2	1616	Ceuppens Toon	98	HAKI	1.60	PKA 2
3	969	Dom Stijn	99	ATAC	1.60	PKA 3
4	1343	Van Riel Robbe	99	KAPE	1.55	
5	705	Van Bael Jens	99	AVZK	1.50	
6	1324	Mampuy Cedric	99	AVKA	1.50	
7	1366	Jacobs Jolan	99	LYRA	1.50	
7	845	De Meulemeester Ben	99	ZWAT	1.50	
9	837	Caerels Rik	98	ACHL	1.45	
10	1132	De Coninck Gerben	99	SGOL	1.40	
11	742	Pannekoucke Lenny	99	SGOL	1.40	
12	1064	Duarte Lourenco Vincent	99	OLSE	1.40	
13	839	Goetschalckx Rigo	98	ACHL	1.40	
14	707	Ceulemans Seppe	99	AVZK	1.35	
15	773	Surgeon Yannick	98	VMOL	1.30	

kogelstoten 4,000kg Cad M Time :11:05

Heat:1

1	1325	Utens Nils	98	AVKA	13.81	PKA 1
2	1246	Swinnen Ilias	98	LYRA	12.73	PKA 2
3	1595	Lemouche Maarten	98	LYRA	11.87	PKA 3
4	925	Quintelier Yannick	98	ZWAT	11.78	
5	981	Van Thillo Glenn	98	KAPE	11.32	
6	1089	Steenackers Giel	99	ACHL	11.09	
7	1014	Ceulemans Jorne	99	WIBO	10.50	
8	959	Van Gelder Dries	98	OLSE	9.83	
9	1609	Van Hoye Arne	98	LYRA	9.47	
10	840	Van Turnhout Jens	98	ACHL	9.25	
11	794	Vanbroekhoven Senne	99	VMOL	9.03	
12	1719	Cop Jonas	98	WIBO	8.53	
13	1811	Gieghase Kobe	98	VMOL	8.08	
14	1715	Van Waesberghe Casper	99	ZWAT	5.78	

400m horden 0,762m Sch V Time :15:37

Heat:1						
1	3173	Verheyen Femke	97	ACHL	73.24	
2	2891	Laurent Daphne	97	AVKA	74.58	
3	2860	Phillips Lotte	97	SPBO	78.19	
4	2576	Van Den Mooter Lotte	97	SPBO	81.27	
400m horden 0,762m Sch V Time :15:37						
Heat:2						
1	2668	Folens Merel	96	KAPE	66.75	PKA 1
2	3237	Kassima Tabitha	96	HAKI	69.84	PKA 2
3	2542	De Clercq Iris	96	RAM	70.14	PKA 3
4	2729	Horemans Annelies	97	ACBR	73.87	
400m horden 0,762m Sen V + Jun Time :15:50						
Heat:1						
1	1597	De Vlieger Charlotte	93	ATAC	70.62	
2	1195	Vermersch Skrolan	92	SGOL	71.33	
3	1165	Deroose Els	93	ACBR	72.58	
4	3271	Andries Gerda	65	AVKA	72.95	
400m horden 0,762m Sen V + Jun Time :15:50						
Heat:2						
1	1193	Lauwers Sofie	91	RAM	63.89	PKA 1 Sen
2	1362	Holthof Annelies	93	OLSE	65.91	PKA 2 Sen
3	1381	Claes Jente	92	HAKI	67.72	PKA 3 Sen
4	533	Hermans Ine	95	AVKA	68.50	PKA 1 Jun
5	210	Samoy Alexine	95	ACBR	79.90	PKA 2 Jun
100 meter Cad M Time :16:08						
Heat:1 Wind : 0.4						
1	1319	Boschmans Jari	98	HAKI	12.26	
2	1167	Maes Stijn	98	LIER	12.83	
3	743	Stoot Toon	98	SGOL	12.85	
4	1635	Devos Michel Andre (drie.	98	ACHL	13.26	
5	1259	Masure Michel	99	SPBO	13.64	
6	1116	Coenraerds Xian	98	ARAC	15.25	
7	1074	Verbeeck Romain	98	SGOL	15.96	
100 meter Cad M Time :16:08						
Heat:2 Wind : 0.5						
1	799	Fatoichan Joaquim	98	SPBO	11.89	
2	1066	Narongsack Wachira	98	OLSE	12.58	
3	717	Alaoui Younas	98	BVAC	13.97	
4	1457	Verstrepn Niels	99	LYRA	14.06	
5	1120	Torfs Wouter	99	BRAB	14.11	
6	1121	Mortelmans Kasper	99	LYRA	14.55	
7	1785	Daal Lennart*	99	ARAC	14.68	
100 meter Cad M Time :16:08						
Heat:3 Wind : -0.6						
1	1487	Gabriels Alexander	98	OLSE	12.44	
2	1720	De Groot Vince	98	WIBO	12.74	
3	1712	Vleminckx Kobe	98	ACHL	12.85	
4	1232	Van Buggenhout Jarne	99	SPBO	13.13	
5	973	Huyck Hannes	98	SPBO	13.13	
6	709	Salien Aaron	99	AVZK	13.79	
7	1123	Castrel Yorne	99	LYRA	15.91	
100 meter Cad M Time :16:08						
Heat:4 Wind : 0.5						
1	1019	Wauters Jamie	98	WIBO	12.37	
2	795	Bleyen Seppe	98	VMOL	12.70	
3	1017	Smeulders William	98	WIBO	13.77	
4	716	Van Langenhove Dries	99	ACBR	13.99	
5	1673	Joris Ignace	99	LIER	14.35	
6	1260	Dehertogh Arne	99	SPBO	14.49	
7	895	Clockaerts Remko	99	HAKI	15.28	
100 meter Sch M Time :11:54						
Heat:1 Wind : 1.3						
1	2561	Vanagtmael Sam	96	ACBR	11.73	
2	3082	Grietens Jan	97	LYRA	11.83	
3	2765	Van De Vijver Lorenzo	97	ACBR	12.40	
4	2827	Mortelmans Jonas	97	LYRA	12.74	
5	2910	Simons Bjorn	97	BVAC	12.90	
6	3319	Havermans Mike	97	ACHL	13.58	
7	3324	Koraichi - T21 Abdeslam	96	BVAC	16.32	
100 meter Sch M Time :11:54						
Heat:2 Wind : 1.8						
1	2625	Mees Jef	96	ACHL	11.46	
2	2973	Godden Tom	96	ABES	11.85	
3	3400	Van Den Bogaert Cedric	97	ACHL	12.59	
4	2608	Ndeze Jozer	96	BRAB	12.67	
5	3001	Van Reusel Jens	97	ACHL	12.70	
6	2962	Vanden Eynden Brian	96	SPBO	12.86	
7	3325	Koraichi Mohamed	97	BVAC	13.92	

100 meter Sch M Time :11:54

Heat:3 Wind : 1.8

1	2711	Peeters Ruben	97	ACHL	11.91
2	3339	Odubela bolutife*	96	AVKA	12.12
3	3017	Peeters Lennert	96	RAM	12.32
4	2825	Torfs Daan	97	BRAB	12.42
5	3113	Van Puymbroeck Dylan	97	KAPE	12.63
6	3236	Bierebeek - T21 Jordy	97	BVAC	13.73
7	3320	De Wint Ward	97	ACHL	15.69

100 meter Sch M Time :11:54

Heat:4 Wind : 0.7

1	3014	Iguacel Christian	96	AVKA	11.59
2	3005	Gommers Jeroen	97	KAPE	11.94
3	3337	Sampah Panyin	97	VMOL	12.17
4	3016	Hagen Michiel	96	VMOL	12.74
5	3188	Demont Elias	97	SPBO	12.85
6	2959	Hiele Tobias	97	AVKA	13.63

speerwerpen 600g Jun V Time :12:07

Heat:1

1	673	Gommers Dominique*	95	BRAB	38.64	PKA 1
2	442	Vercammen Sofie	95	AVKA	35.78	PKA 2
3	233	Hooberghs Elie	95	VMOL	34.86	PKA 3
4	232	Verwimp Eline	95	VMOL	31.53	
5	293	Leemans Lisse	95	DUFF	30.14	
6	375	Viaene Zoe	94	ZWAT	26.83	
7	208	Billen Charlotte	94	BONH	26.23	
8	382	Van Laer Kim	94	ACHL	21.66	
9	516	Lambregts Ylen	94	ATAC	20.36	

100 meter Jun M Time :11:37

Heat:1 Wind : 1.5

1	829	Dutamby Stuart*	94	BVAC	10.76
2	639	Willem Ben	94	LIER	11.41
3	621	Boschmans Jurian	94	HAKI	11.88
4	835	Koti Adroba Anthony	94	RAM	12.09
5	490	Sels Cedric	95	ACHL	12.15
6	832	Claes Tori	95	BVAC	12.77

100 meter Jun M Time :11:37

Heat:2 Wind : 0.9

1	504	Broothaerts Mathias	94	LYRA	11.20
2	746	De Laender Nils	94	BRAB	11.85
3	511	Van Looy Jan	94	OLSE	12.22
4	831	Collet Steven	95	ZWAT	12.34
5	870	Verheyen Bram	95	OLSE	12.42
	761	Kikota Michee Jozef	95	OLSE	DIS

100 meter Jun M Time :11:37

Heat:3 Wind : -0.7

1	795	Hofmans Victor	94	OLSE	11.83
2	813	Teixeira Flavio	95	ACHL	11.91
3	845	Verheyen Dries	95	BRAB	12.18
4	407	Verreydt Yentl	95	ACHL	12.39
5	432	Ceulemans Yannick	94	ACBR	12.52
6	866	Frimpong Fredrick*	94	BVAC	12.61

100 meter Sen M Time :12:09

Heat:1 Wind : 1.1

1	3034	Meyndonckx Peter	87	LYRA	11.20
2	2499	De Pauw Brent	93	ACHL	11.68
3	3141	Provo Tom	78	LYRA	11.86
4	3111	Boukandrouj Mohamed	92	BVAC	12.08
5	1993	Vandenbergh Wouter	88	ZWAT	12.08
6	1934	De Loght Kevin	86	BRAB	14.78

100 meter Sen M Time :12:09

Heat:2 Wind : 2.3

1	2274	Da Silva Francisco	89	ZWAT	11.09
2	2571	Benka Davies William	91	LYRA	11.34
3	2510	Marynissen Wim	88	AVKA	11.52
4	1963	Raets Glenn	89	ACHL	11.70
5	2051	Stienaers David	87	RAM	11.93
6	2221	Wagemans Koen	84	ACHL	12.18

100 meter Sen M Time :12:09

Heat:3 Wind : -0.5

1	2832	Lossie Yannick	91	OLSE	11.22
2	2754	Van Den Driessche Jeroen	92	BRAB	11.47
3	2422	Lenaerts Peter	86	AVKA	12.19
4	2902	Heynen Glenn	91	BRAB	12.19
5	2961	Claessens Bart	92	ACHL	12.20
6	3073	De Herdt Gorik	90	ZWAT	12.52

100 meter Sen M Time :12:09

Heat:4 Wind : -0.9

1	3189	Nsuki Frank	88	OLSE	11.84
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2	2630	Versmissen Bart	87	VMOL	12.02
3	3222	Hullak Joeri	82	LYRA	12.22
4	2891	Van Regenmortel Stefan	78	SGOL	12.63
5	2313	Rondas Tom	79	ABES	13.23
	2478	Hendrikk Joren	83	ZWAT	DNF

100 meter Sen M Time :12:09

Heat:5 Wind : -0.4

1	2881	Sleegers Bart	90	LYRA	11.54
2	3076	Meyer Yannick	88	SPBO	11.55
3	2419	Van De Vreken Jeroen	90	AVKA	12.25
4	2989	De Backer Jef	86	LYRA	12.36
5	2759	Hermans Raf	92	AVKA	12.60
6	2244	Daniszewski - T61 David	93	HAKI	13.07

kogelstoten 5,000kg Sch M Time :13:08

Heat:1

1	2686	Quintelier Matthias	97	ZWAT	15.94	PKA 1
2	3190	Van Hoye Joris	96	LYRA	14.21	PKA 2
3	2964	De Bleser Rik	96	SPBO	13.28	PKA 3
4	2601	Vanbroekhoven Stef	97	VMOL	11.72	
5	3145	Sloutmans Stijn	97	LYRA	11.24	
6	2630	Cool Siebe	96	ACHL	10.49	
7	2827	Mortelmans Jonas	97	LYRA	10.18	
8	2623	Bienens Michiel	96	ACHL	9.78	
9	2839	Van Cleempoel Tim	97	ZWAT	9.68	
10	2703	Gysbrechts Tom	97	OLSE	8.94	
11	3114	Deprez Wouter	97	HAKI	8.80	
12	2840	Cornelis Robin	97	ZWAT	7.31	
13	3324	Koraichi - T21 Abdeslam	96	BVAC	5.86	

discuswerpen 1,000kg Cad M Time :13:33

Heat:1

1	799	Fatoichan Joaquim	98	SPBO	47.72	PKA 1
2	1325	Utens Nils	98	AVKA	43.47	PKA 2
3	1246	Swinnen Ilias	98	LYRA	42.53	PKA 3
4	1595	Lemouche Maarten	98	LYRA	40.82	
5	981	Van Thillo Glenn	98	KAPE	36.19	
6	707	Ceulemans Seppe	99	AVZK	35.02	
7	1649	Van Den Bergh Sven	99	RAM	34.60	
8	925	Quintelier Yannick	98	ZWAT	31.60	
9	840	Van Turnhout Jens	98	ACHL	29.06	
10	1089	Steenackers Giel	99	ACHL	28.28	
11	794	Vanbroekhoven Senne	99	VMOL	25.65	
12	705	Van Bael Jens	99	AVZK	25.61	
13	1811	Gieghase Kobe	98	VMOL	25.55	
14	1609	Van Hoye Arne	98	LYRA	25.55	
15	1580	Van Den Eynden Jordi	98	KAPE	25.43	
16	1324	Mampuy Cedric	99	AVKA	24.12	
17	1719	Cop Jonas	98	WIBO	16.85	
18	1715	Van Waesberghe Casper	99	ZWAT	14.56	
	836	Van Hove Arne	99	ACHL	NM	

verspringen Sch V Time :13:56

Heat:1

1	2993	Couckuyt Paulien	97	AVKA	5.45	+3.4	5.43m	1.7	PKA 1
2	2946	Woestenborghs Marthe	96	RAM	5.10	-0.6			PKA 2
3	3128	Van Der Weyen Jessie	96	LYRA	4.93	+0.0			PKA 3
4	2934	Van Doninck Eline	97	ACBR	4.82	-2.1			
5	2661	Vandenhove Lore	97	AVZK	4.82	+1.2			
6	2922	Wouters Paulien	96	ACHL	4.78	+1.6			
7	2729	Horemans Annelies	97	ACBR	4.59	-1.2			
8	3132	Eilers Ragna	96	OLSE	4.54	+0.7			
9	3285	Ceulemans Hanne	96	WIBO	4.44	+1.3			
10	2860	Philips Lotte	97	SPBO	4.34	-0.4			
11	2621	Van Den Bossche Zoe	97	HAKI	4.26	+0.7			
12	3110	Lossie Manon	97	OLSE	4.20	+1.1			
13	3020	Goossens Julie	97	ACHL	4.16	-0.2			
	2714	Michiels Lena	97	WIBO	NM	+0.0			

800 meter Cad M Time :12:29

Heat:1

1	907	Van Bockstaele Maarten	99	LIER	2:21.36
2	1000	Vermeulen Niels	98	AVKA	2:25.52
3	1521	Doclo Jeroen	99	AVKA	2:25.72
4	1016	Lembrechts Wannes	99	WIBO	2:28.29
5	1244	Vanluchene Otto	99	LYRA	2:30.51
6	1243	Gurny Siemen	99	LYRA	2:30.67
7	1116	Coenraerds Xian	98	ARAC	2:32.92
8	1616	Ceuppens Toon	98	HAKI	2:36.32
9	904	Smets Jenthe	99	ARAC	2:38.25
10	1001	Corluy Sam	99	AVKA	2:43.07

800 meter Cad M Time :12:29

Heat:2

1	1273	Vercauteren Sander	98	ATAC	2:09.15	PKA 1
2	984	Vermeulen Jochem	98	KAPE	2:09.58	PKA 2
3	1168	Ons Vincent	98	LIER	2:10.02	PKA 3

4	1023	Hooyberghs Mats	98	ARAC	2:16.13	
5	708	Naets Obry	98	AVZK	2:23.32	
6	1664	Smits Stijn	98	AVKA	2:26.01	
7	715	Van Stokkum Arno	99	ACBR	2:26.94	
8	1062	Meeus Brian	98	ARAC	2:31.74	
9	839	Goetschalckx Rigo	98	ACHL	2:32.71	
10	1017	Smeulders William	98	WIBO	2:33.57	
11	950	Deckers Lode	98	OLSE	2:34.01	

800 meter Sch M Time :12:51

Heat:1

1	2740	Nackaerts Arno	96	DUFF	2:02.33	PKA 1
2	2674	Segers Jan	96	ARAC	2:12.73	
3	2874	Maebe Lars	97	ZWAT	2:16.97	
4	2920	Hiele Wannes	97	AVKA	2:17.58	
5	3376	Verbert Tom	97	AVKA	2:18.54	
6	3254	Vermeir Jander	97	WIBO	2:23.24	
7	2559	Paternoster Julien	97	BONH	2:24.21	
8	2633	Peeters William	96	ZWAT	2:30.99	

800 meter Sch M Time :12:51

Heat:2

1	2979	Geluykens Joppe	96	OLSE	2:03.64	PKA 2
2	2631	Geentjens Hannes	96	ACHL	2:04.72	PKA 3
3	3131	De Backer Manuel*	96	ESAK	2:05.28	
4	3090	De Winter Brent	96	AVZK	2:05.98	
5	2966	Sake Nicolai	96	LYRA	2:06.09	
6	2655	Torfs Michiel	96	ACHL	2:07.71	
7	2943	Lemouche Lindert	97	LYRA	2:07.73	
8	2808	Hus Martijn	97	VMOL	2:14.25	

800 meter Jun M Time :12:50

Heat:1

1	333	Baeten Stijn	94	BONH	1:55.89	PKA 1
2	559	Ongena Tim	94	AVKA	1:57.91	PKA 2
3	371	Agten Arne	95	VMOL	2:01.02	PKA 3
4	458	Vermeulen Jelle	94	AVKA	2:02.49	
5	406	Torfs Lucas	95	ACHL	2:03.84	
6	434	Janssens Lauren	95	KAPE	2:05.10	
7	558	Hiele Robin	95	AVKA	2:06.82	
8	494	Hus Jeroen	95	VMOL	2:08.23	
9	526	Laeremans Bram	94	BONH	2:09.91	
10	404	Verhagen Niels	95	ATAC	2:16.53	
11	387	De Bruyn Joppe	95	ZWAT	2:22.80	

800 meter Sen M Time :13:02

Heat:1

1	2011	Megens Jef	88	ARAC	2:06.86	
2	2048	Bosman Jan	91	OLSE	2:07.29	
3	1813	Vertommen Filip	89	BONH	2:09.65	
4	2752	Molkens Tim	93	WIBO	2:10.81	
5	1955	Cool Ranec	91	ACHL	2:12.14	
6	2548	Van Belle Glenn	93	BONH	2:12.34	
7	2054	Ulrichts Bart	90	OLSE	2:15.21	

800 meter Sen M Time :13:02

Heat:2

1	1810	Heremans Tom	93	BONH	1:59.14	PKA 1
2	2461	Valgaeren Sam	90	HULS	2:00.02	PKA 2
3	1950	Verbiest Thomas	88	ACHL	2:00.79	PKA 3
4	1931	Van Waeyenberghe Yelle	86	ATAC	2:02.93	
5	2139	Nauwelaers Wouter	91	WIBO	2:05.42	
6	3008	Schauwaers Kevin	86	ACHL	2:06.02	
7	2514	Van Opstal Jeroen	79	RAM	2:09.52	
8	2397	Verbruggen Bart	90	LYRA	2:12.35	

100 meter Cad M Time :13:07

Heat:1

		Wind : 2.2				
1	799	Fatoichan Joaquim	98	SPBO	11.62	PKA 1
2	1319	Boschmans Jari	98	HAKI	11.99	PKA 2
3	1019	Wauters Jamie	98	WIBO	12.12	PKA 3
4	1487	Gabriels Alexander	98	OLSE	12.20	
5	1066	Narongsack Wachira	98	OLSE	12.31	
6	1720	De Groot Vince	98	WIBO	12.47	
7	795	Bleyen Seppe	98	VMOL	12.64	

100 meter Sch M Time :13:07

Heat:1

		Wind : 0.3				
1	2625	Mees Jef	96	ACHL	11.46	PKA 1
2	3014	Iguacel Christian	96	AVKA	11.49	PKA 2
3	3082	Grietens Jan	97	LYRA	11.82	PKA 3
4	2973	Godden Tom	96	ABES	11.83	
5	2561	Vanagtmael Sam	96	ACBR	11.90	
6	3005	Gommers Jeroen	97	KAPE	11.92	
7	2711	Peeters Ruben	97	ACHL	12.04	

100 meter Jun M Time :13:16

Heat:1

Wind : 1.0

1	829	Dutamby Stuart*	94	BVAC	10.83	PKA 1
2	504	Broothaerts Mathias	94	LYRA	11.29	PKA 2
3	639	Willem Ben	94	LIER	11.50	PKA 3
4	813	Teixeira Flavio	95	ACHL	11.91	
5	746	De Laender Nils	94	BRAB	11.97	
6	621	Boschmans Jurian	94	HAKI	12.44	
	795	Hofmans Victor	94	OLSE	DNS	

100 meter Sen M Time :13:18

Heat:1 Wind : 0.9

1	2274	Da Silva Francisco	89	ZWAT	11.07	PKA 1
2	2832	Lossie Yannick	91	OLSE	11.08	PKA 2
3	3034	Meynendonckx Peter	87	LYRA	11.30	PKA 3
4	2754	Van Den Driessche Jeroen	92	BRAB	11.32	
5	2881	Sleeegers Bart	90	LYRA	11.38	
6	2571	Benka Davies William	91	LYRA	11.49	
7	2510	Marynissen Wim	88	AVKA	11.70	

verspringen Cad V Time :14:53

Heat:1

1	761	Torfs Lien	98	ACHL	5.41	+0.1	PKA 1
2	896	Van Laer Emma	98	KAPE	5.29	+1.6	PKA 2
3	860	Vancamp Hanne	99	OLSE	5.07	+1.2	PKA 3
4	763	Vermonden Julie	99	ACHL	4.89	+2.0	
5	810	Robbroeckx Hanne	98	HAKI	4.66	+0.7	
6	1013	Moons Lore	99	ACHL	4.30	+1.4	
7	1011	Robben Jinthe	99	ACHL	4.29	+1.9	
8	1024	Lovrovic Sara	99	HAKI	4.26	+1.7	
9	1596	Minne Indra	98	LYRA	4.25	-0.2	
10	1092	Derdeyn Emilie	99	LIER	4.23	+2.4	4.20m 0.4
11	1539	Goetschalckx Celestine	99	LYRA	4.15	+0.7	
12	1174	Van Den Broeck Lore	99	LYRA	4.15	-0.2	
13	666	Van Stokkum Eline	99	ACBR	4.08	-0.2	
14	977	Alderweireld Kenzy	99	OLSE	4.08	+0.8	
15	983	Sanders Leen	99	OLSE	4.06	+1.3	
16	1023	Willemsens Mesrak	98	HAKI	3.72	+0.8	
17	762	Van Doninck Lore	99	ACHL	3.53	-0.1	
18	1745	Claessens Astrid	99	ACHL	2.84	+1.4	

discuswerpen 1,500kg Sch M Time :14:31

Heat:1

1	2686	Quintelier Matthias	97	ZWAT	41.85	PKA 1
2	3190	Van Hoye Joris	96	LYRA	39.30	PKA 2
3	2601	Vanbroekhoven Stef	97	VMOL	38.04	PKA 3
4	2765	Van De Vijver Lorenzo	97	ACBR	37.08	
5	2964	De Bleser Rik	96	SPBO	34.67	
6	3179	Francken Thibault	97	LYRA	33.86	
7	3297	Setta Karim	96	VMOL	32.91	
8	2623	Bienens Michiel	96	ACHL	31.63	
9	3145	Slootmans Stijn	97	LYRA	28.44	
10	2839	Van Cleempoel Tim	97	ZWAT	28.42	
11	2703	Gysbrechts Tom	97	OLSE	27.34	
12	2630	Cool Siebe	96	ACHL	24.36	
13	2840	Cornelis Robin	97	ZWAT	19.51	

hoogspringen Jun M + Sen Time :15:44

Heat:1

1	2510	Marynissen Wim	88	AVKA	2.01	PKA 1 SEN
2	3037	Peeters Arne	90	LYRA	1.98	PKA 2 SEN
3	2569	Devrieze Ruben	92	AVKA	1.95	PKA 3 SEN
4	2423	Crauwels Thomas	91	AVKA	1.90	
5	2630	Versmissen Bart	87	VMOL	1.90	
5	2749	Verduyn Sander	89	AVKA	1.90	
7	444	Verlinden Jasper	95	AVZK	1.80	PKA 1 JUN
8	1892	Hooberghs Jens	93	VMOL	1.75	
8	764	Seutin Bernard	95	LYRA	1.75	PKA 2 JUN
10	704	Anny's Nicolas	94	AVKA	1.70	PKA 3 JUN
11	2265	Aerts Bram	87	ATAC	1.60	
12	2419	Van De Vreken Jeroen	90	AVKA	1.60	
13	1955	Cool Ranec	91	ACHL	1.60	
13	621	Boschmans Jurian	94	HAKI	1.60	
	870	Verheyen Bram	95	OLSE	NM	

kogelstoten 7,260kg Sen M Time :15:09

Heat:1

1	2470	Goetheer Remco*	92	OLSE	15.78	PKA 1
2	2746	Van Campenhout Jordi	88	ZWAT	14.04	PKA 2
3	3260	Beyens Stefan	87	ACHL	13.94	PKA 3
4	2589	Van Campenhout Jannick	91	ZWAT	13.66	
5	2524	Truyts Timothy	89	ACBR	13.27	
6	2945	Frijters Pieter	90	LYRA	12.85	
7	2515	Decramer Andreas	92	RAM	11.31	
8	2217	Goossens Bjorn	87	ACHL	10.99	
9	2401	Peeters T21 Rob	87	LYRA	7.35	

80m horden 0,762m Cad V Time :14:18

Heat:1 Wind : 1.8

1	761	Torfs Lien	98	ACHL	12.60	
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2	1467	Van Hout Anneleen	98	VMOL	12.69	
3	1400	Mouqni Laila	98	AVKA	13.50	
4	1437	Peeters Sille	99	ESAK	16.72	
	1023	Willemsens Mesrak	98	HAKI	DNS	
80m horden 0,762m Cad V Time :14:18						
Heat:2 Wind : 0.7						
1	896	Van Laer Emma	98	KAPE	12.63	
2	834	De Meyer Caitlin	99	ZWAT	12.84	
3	659	Van Oosterwyck Lotte	98	AVZK	13.38	
4	1051	Peeters Silke	99	ATAC	14.72	
5	1672	Muanza Eunice	99	HAKI	14.87	
80m horden 0,762m Cad V Time :14:18						
Heat:3 Wind : -1.2						
1	871	Helsen Elise	98	ACHL	13.02	
2	860	Vancamp Hanne	99	OLSE	13.48	
3	1673	Muanza Ketsia	99	HAKI	14.41	
4	760	Mees Emma	99	ACHL	14.95	
5	1564	Tchिमou Benedikt	99	RAM	21.92	
100m horden 0,762m Sch V Time :14:31						
Heat:1 Wind : 0.4						
1	2993	Couckuyt Paulien	97	AVKA	14.71	
2	3237	Kassima Tabitha	96	HAKI	16.96	
3	2709	Smets Ibich	97	AVZK	17.66	
4	2576	Van Den Mooter Lotte	97	SPBO	18.07	
5	3110	Lossie Manon	97	OLSE	18.69	
100m horden 0,762m Sch V Time :14:31						
Heat:2 Wind : 3.9						
1	2554	Hooybergs Kaat	97	VMOL	14.90	
2	2714	Michiels Lena	97	WIBO	15.62	
3	2612	Brosens Stefanie	97	ATAC	15.70	
4	2661	Vandenhove Lore	97	AVZK	16.29	
5	2715	Thienpont Ellen	97	WIBO	21.98	
100m horden 0,84m Jun V Time :14:34						
Heat:1 Wind : 0.0						
1	233	Hooyberghs Elien	95	VMOL	15.39	PKA 1
2	441	Marynissen Elies	94	AVKA	18.70	PKA 2
100m horden 0,84m Sen V Time :14:39						
Heat:1 Wind : 0.5						
1	1453	Pauwels Lauranne	92	OLSE	15.17	PKA 1
2	1716	De Jaegher Evi	85	ACHL	15.55	PKA 2
3	1772	Segers Liene	93	ATAC	15.67	PKA 3
4	1434	Maes Marjan	83	ATAC	17.67	
5	3271	Andries Gerda	65	AVKA	18.86	
	3523	Peetermans Ilse	70	ACHL	DNS	
speerwerpen 600g Sen V Time :15:03						
Heat:1						
1	1484	Umans Kirsten	93	HAKI	38.85	PKA 1
2	1463	Van Loo Lauranne	93	LIER	31.74	PKA 2
3	1914	Wilmet Britt	90	RAM	31.46	PKA 3
4	1539	Gyselincx Elke	91	AVZK	28.02	
5	1435	Lambregts Ymke	87	ATAC	22.44	
6	2027	Andreae Judith	87	ARAC	18.21	
200 meter Cad M Time :15:07						
Heat:1 Wind : 1.4						
1	1319	Boschmans Jari	98	HAKI	24.29	PKA 1
2	836	Van Hove Arne	99	ACHL	25.69	
3	845	De Meulemeester Ben	99	ZWAT	26.67	
4	1635	Devos Michel Andre (drie.	98	ACHL	26.72	
5	709	Salien Aaron	99	AVZK	27.58	
6	1074	Verbeeck Romain	98	SGOL	32.30	
200 meter Cad M Time :15:07						
Heat:2 Wind : 3.2						
1	1649	Van Den Bergh Sven	99	RAM	24.87	PKA 3
2	1580	Van Den Eynden Jordi	98	KAPE	25.58	
3	1064	Duarte Lourenco Vincent	99	OLSE	26.61	
4	1131	Coppens Matteo	98	ZWAT	26.69	
5	1685	De Vos Laurens	98	ABES	26.91	
6	1457	Verstrepen Niels	99	LYRA	28.24	
200 meter Cad M Time :15:07						
Heat:3 Wind : 1.0						
1	973	Huyck Hannes	98	SPBO	25.44	
2	1672	Branders Koen	98	BRAB	26.06	
3	1712	Vleminckx Kobe	98	ACHL	26.12	
4	1686	Segers Emile	98	ABES	26.22	
5	1014	Ceulemans Jorne	99	WIBO	26.94	
6	1673	Joris Ignace	99	LIER	28.81	
200 meter Cad M Time :15:07						

Heat:4		Wind : -0.2					
1	1232	Van Buggenhout Jarne	99	SPBO	26.01		
2	1019	Wauters Jamie	98	WIBO	26.11		
3	1343	Van Riel Robbe	99	KAPE	26.21		
4	1087	Augustyns Frederik	98	ACHL	26.72		
5	1259	Masure Michel	99	SPBO	27.98		
6	895	Clockaerts Remko	99	HAKI	30.87		
200 meter Cad M		Time :15:07					
Heat:5		Wind : 0.1					
1	713	Peeters Dries	99	ACBR	24.52	PKA 2	
2	1581	Richter Jordi	98	KAPE	25.74		
3	795	Bleyen Seppe	98	VMOL	25.88		
4	1720	De Groot Vince	98	WIBO	26.39		
5	837	Caerels Rik	98	ACHL	26.63		
200 meter Cad M		Time :15:07					
Heat:6		Wind : 0.6					
1	1379	Denaux Jesse	98	LIER	25.02		
2	1422	Peeters Axl	99	ACHL	26.97		
3	716	Van Langenhove Dries	99	ACBR	28.44		
4	1120	Torfs Wouter	99	BRAB	29.22		
5	1260	Dehertogh Arne	99	SPBO	30.53		
200 meter Sch M		Time :15:23					
Heat:1		Wind : 2.2					
1	3337	Sampah Panyin	97	VMOL	24.35		
2	3113	Van Puymbroeck Dylan	97	KAPE	25.39		
3	3400	Van Den Bogaert Cedric	97	ACHL	26.19		
4	3319	Havermans Mike	97	ACHL	27.68		
5	3325	Koraichi Mohamed	97	BVAC	29.36		
200 meter Sch M		Time :15:23					
Heat:2		Wind : -0.7					
1	2608	Ndeze Jozer	96	BRAB	26.23		
2	3188	Demont Elias	97	SPBO	26.34		
3	2910	Simons Bjorn	97	BVAC	26.89		
4	3016	Hagen Michiel	96	VMOL	27.03		
5	3114	Deprez Wouter	97	HAKI	27.04		
6	3236	Bierebeeck - T21 Jordy	97	BVAC	27.94		
200 meter Sch M		Time :15:23					
Heat:3		Wind : -0.7					
1	2711	Peeters Ruben	97	ACHL	24.43		
2	3214	Wuyts Jochem	96	LYRA	24.79		
3	2825	Torfs Daan	97	BRAB	25.05		
4	3256	Willemse Vincent	97	LIER	25.25		
5	3017	Peeters Lennert	96	RAM	25.43		
6	2962	Vanden Eynden Brian	96	SPBO	25.80		
200 meter Sch M		Time :15:23					
Heat:4		Wind : 0.2					
1	2625	Mees Jef	96	ACHL	22.79	PKA 1	
2	3014	Iguacel Christian	96	AVKA	23.27	PKA 2	
3	3047	Boonen Jannes	96	ABES	23.37	PKA 3	
4	3082	Grietens Jan	97	LYRA	23.95		
5	3102	Janssens Kamiel	96	SGOL	24.47		
6	2947	Goetschalckx Vincent	97	LYRA	24.53		
200 meter Jun M		Time :15:41					
Heat:1		Wind : 2.2					
1	746	De Laender Nils	94	BRAB	24.06		
2	704	Anny's Nicolas	94	AVKA	24.13		
3	866	Frimpong Fredrick*	94	BVAC	25.25		
4	832	Claes Iori	95	BVAC	25.27		
5	432	Ceulemans Yannick	94	ACBR	25.84		
	445	Stevens Yannik	94	KAPE	DNS		
200 meter Jun M		Time :15:41					
Heat:2		Wind : -1.1					
1	506	Calluy Dylan	94	OLSE	22.97	PKA 1	
2	639	Willem Ben	94	LIER	23.56	PKA 2	
3	761	Kikota Michee Jozef	95	OLSE	23.65	PKA 3	
4	813	Teixeira Flavio	95	ACHL	23.77		
5	845	Verheyen Dries	95	BRAB	24.25		
	831	Collet Steven	95	ZWAT	DNS		
200 meter Sen M		Time :16:05					
Heat:1		Wind : 0.6					
1	2935	Seutin Rodric	92	LYRA	23.04		
2	2023	Meesters Thomas	92	ZWAT	23.73		
3	2759	Hermans Raf	92	AVKA	25.46		
4	1928	Permentier Johan	79	SPBO	25.63		
5	1934	De Loght Kevin	86	BRAB	30.17		
200 meter Sen M		Time :16:05					
Heat:2		Wind : 2.6					
1	2961	Claessens Bart	92	ACHL	24.44		

2	1993	Vandenbergh Wouter	88	ZWAT	25.00
3	2891	Van Regenmortel Stefan	78	SGOL	25.49
4	2244	Daniszewski - T61 David	93	HAKI	26.36
5	2313	Rondas Tom	79	ABES	26.38

200 meter Sen M Time :16:05

Heat:3 Wind : 1.6

1	3189	Nsuki Frank	88	OLSE	23.45
2	3141	Provo Tom	78	LYRA	23.89
3	2051	Stienaers David	87	RAM	24.30
4	2221	Wagemans Koen	84	ACHL	24.70
5	3073	De Herdt Gorik	90	ZWAT	25.70

200 meter Sen M Time :16:05

Heat:4 Wind : 1.2

1	2881	Sleegers Bart	90	LYRA	22.90
2	2754	Van Den Driessche Jeroen	92	BRAB	22.98
3	1963	Raets Glenn	89	ACHL	23.34
4	1817	Leyssens Sam	93	ACBR	23.39
5	2499	De Pauw Brent	93	ACHL	23.56
6	2372	Cools Tim	91	BRAB	23.62

200 meter Sen M Time :16:05

Heat:5 Wind : 0.9

1	2832	Lossie Yannick	91	OLSE	22.39	PKA 1
2	2833	Vanhaeren Bram	90	KAPE	22.58	PKA 2
3	2274	Da Silva Francisco	89	ZWAT	22.70	PKA 3
4	2835	Vanhaeren Tim	88	KAPE	22.95	
5	3034	Meyndonckx Peter	87	LYRA	23.27	
	2478	Hendrikx Joren	83	ZWAT	DNF	

hinkstapspringen Cad & Sch V Time :16:38

Heat:1

1	1329	Mortiers Lio	98	AVKA	11.31	+2.7	11.25m	0.2	PKA 1	CAD
2	2934	Van Doninck Eline	97	ACBR	10.72	-2.1			PKA 1	SCH
3	2946	Woestenborghs Marthe	96	RAM	10.51	+0.1			PKA 2	SCH
4	2668	Folens Merel	96	KAPE	10.46	+0.4			PKA 3	SCH
5	1302	Thompson Maaïke	98	OLSE	10.13	+0.6			PKA 2	CAD
6	2788	Moons Evelien	97	ACHL	10.03	+0.8				
7	1269	Utens Nina	98	AVKA	9.86	+1.6			PKA 3	CAD
8	2709	Smets Ibich	97	AVZK	9.61	-1.7				
9	760	Mees Emma	99	ACHL	9.03	+0.6				
10	722	Demeulemeester Yana	98	VMOL	9.00	+0.5				
11	1010	Robben Jits	98	ACHL	8.81	+0.6				
12	2590	Van Hooghten Stephanie	97	ACHL	8.75	+1.8				
13	3020	Goossens Julie	97	ACHL	8.66	-0.5				

kogelstoten 6,000kg Jun M Time :15:56

Heat:1

1	453	Goovaerts Jens	95	DUFF	15.21				PKA 1	
2	603	Giebens Robbert	94	OLSE	12.55				PKA 2	
3	390	Op De Beeck Frederic	95	ACHL	11.98				PKA 3	
4	764	Seutin Bernard	95	LYRA	11.49					
5	407	Verreydt Yentl	95	ACHL	9.87					

speerwerpen 500g Cad V Time :16:13

Heat:1

1	662	Kerkaert Trui	98	BONH	37.19				PKA 1	
2	719	Caers Thalissa	98	VMOL	36.13				PKA 2	
3	1428	Goovaerts Heike	98	DUFF	32.43				PKA 3	
4	1503	De Brandt Naomi	99	LYRA	30.83					
5	767	Van Hooghten Lauranne	99	ACHL	27.65					
6	1436	Nijssen Kim*	99	ESAK	27.14					
7	871	Helsen Elise	98	ACHL	25.41					
8	720	Jansen Jana	99	VMOL	23.94					
9	1191	Van De Vreken Joke	98	AVKA	22.22					
10	1371	Van De Perre Sofie	99	LYRA	21.44					
11	983	Sanders Leen	99	OLSE	21.21					
	1302	Thompson Maaïke	98	OLSE	NM					

discuswerpen 2,000kg Sen M Time :17:52

Heat:1

1	2524	Truyts Timothy	89	ACBR	43.81				PKA 1	
2	2945	Frijters Pieter	90	LYRA	41.02				PKA 2	
3	2651	Van Den Schoor Tim	85	ACHL	40.22				PKA 3	
4	1892	Hooberghs Jens	93	VMOL	39.80					
5	2589	Van Campenhout Jannick	91	ZWAT	38.51					
6	2470	Goetheer Remco*	92	OLSE	37.99					
7	3260	Beyens Stefan	87	ACHL	36.68					
8	2746	Van Campenhout Jordi	88	ZWAT	33.46					
9	2515	Decramer Andreas	92	RAM	30.30					
10	2265	Aerts Bram	87	ATAC	29.39					
11	2217	Goossens Bjorn	87	ACHL	28.94					
12	2798	Van Hoyer Sander	93	LYRA	27.74					
13	2826	Neelen Rolf	92	ESAK	24.86					
14	2401	Peeters T21 Rob	87	LYRA	20.70					

1500 meter Cad V Time :16:31

Heat:1

1	658	Bassleer Katinka	99	AVZK	4:59.60	PKA 1
2	665	De Rooy Eva	98	ACBR	5:00.59	PKA 2
3	911	Delbaen Aline	99	DUFF	5:08.13	PKA 3
4	906	Meylaers Antse	99	VMOL	5:14.83	
5	1008	Bastiaens Elise	98	ACHL	5:15.78	
6	1209	Maselis Amber	99	ABES	5:21.80	
7	977	Alderweireld Kenzy	99	OLSE	5:26.85	
8	914	Duthoo Elise	98	DUFF	5:35.78	
9	1239	Porteman Sam	99	ZWAT	6:06.44	
	1096	Peeters Bloeme	99	AVZK	DNS	

1500 meter Sch V Time :17:06

Heat:1

1	2573	Corstjens Maya	97	VMOL	4:56.36	PKA 1
2	2587	Michielson Floor	97	ACHL	4:58.19	PKA 2
3	2797	Denis Jolien	97	KAPE	5:09.46	PKA 3
4	2681	Muys Lore	96	DUFF	5:16.03	
5	2686	Neyrinck Gaetane	96	DUFF	5:18.87	
6	3324	Heirman Britt	97	OLSE	5:21.58	
7	2747	Bevens Joyce	97	OLSE	5:23.77	
8	2891	Laurent Daphne	97	AVKA	5:26.80	
9	2507	Van Den Schoor Sara	97	AVZK	5:27.88	
10	2574	Kelchtermans Diete	97	VMOL	5:54.08	
11	2509	Salaerts Anna	97	AVZK	6:06.21	

1500 meter Jun V Time :17:25

Heat:1

1	358	Vermeulen Kaat	94	ACHL	4:52.27	PKA 1
2	264	Onzea Sofie	95	ARAC	5:01.81	PKA 2
3	293	Leemans Lisse	95	DUFF	5:42.45	PKA 3
4	265	Van Herck Yinthe	95	ARAC	6:19.72	

1500 meter Sen V Time :17:09

Heat:1

1	1282	Van Accom Sofie	89	ACHL	4:41.90	PKA 1
2	1254	Lauwers Shana	92	ATAC	4:42.16	PKA 2
3	1565	Cools Nele	89	BRAB	4:51.27	PKA 3

hinkstapspringen Jun V + Sen Time :17:37

Heat:1

1	1218	De Laet Eva	93	VMOL	10.46	-0.9	PKA 1 SEN
2	575	Van Oers Fran	94	AVKA	9.88	+0.9	PKA 1 JUN
3	1217	Versmissen Jolein	92	VMOL	9.84	+1.2	PKA 2 SEN
4	1943	Koninckx Xenia	78	LIER	9.84	+0.8	PKA 3 SEN
5	313	Talloe Louise	95	ACBR	9.83	+1.2	PKA 2 JUN
6	222	De Ceulaer Stephanie	94	SGOL	9.65	+1.7	PKA 3 JUN

80m horden 0,762m Cad V Time :17:12

Heat:1

	Wind : 2.7						
1	896	Van Laer Emma	98	KAPE	12.15	PKA 1	
2	761	Torfs Lien	98	ACHL	12.42	PKA 2	
3	834	De Meyer Caitlin	99	ZWAT	12.54	PKA 3	
4	1467	Van Hout Anneleen	98	VMOL	12.71		
5	871	Helsen Elise	98	ACHL	12.92		
6	860	Vancamp Hanne	99	OLSE	13.04		
7	659	Van Oosterwyck Lotte	98	AVZK	13.16		

100m horden 0,762m Sch V Time :17:13

Heat:1

	Wind : -1.4						
1	2993	Couckuyt Paulien	97	AVKA	14.66	PKA 1	
2	2554	Hooybergs Kaat	97	VMOL	14.92	PKA 2	
3	2714	Michiels Lena	97	WIBO	15.41	PKA 3	
4	2661	Vandenhove Lore	97	AVZK	16.44		
	3237	Kassima Tabitha	96	HAKI	DIS		
	2612	Brosens Stefanie	97	ATAC	DNF		
	2709	Smets Ibich	97	AVZK	DNS		

400 meter Cad V Time :17:14

Heat:1

1	720	Jansen Jana	99	VMOL	68.36	
2	935	Bellens Laurien	98	ABES	71.16	
3	924	Verbert Sara	99	AVKA	73.10	

400 meter Cad V Time :17:14

Heat:2

1	1205	De Dobbelaere Joke	98	DUFF	63.56	PKA 1
2	1301	Peers Stien	98	OLSE	66.08	PKA 2
3	1224	Aerts Paulien	98	ATAC	66.64	PKA 3
4	1175	Brouckaert Paulien	98	LYRA	70.44	

400 meter Sch V Time :17:39

Heat:1

1	2961	Eykens Renee	96	KAPE	60.74	PKA 2
2	2783	Boeykens Lien	96	ACBR	63.94	
3	2733	Vandenlindenloof Margot	96	ABES	65.45	
4	3132	Eilers Ragna	96	OLSE	67.75	
5	3083	Geudens Emmeline	97	ACHL	68.84	

6	2695	De Rycke Karo	96	KAPE	72.16		
400 meter Sch V Time :17:39							
Heat:2							
1	2512	Dockx Lieze	97	BONH	60.20	PKA 1	
2	2662	De Schutter Nathalie	96	ACBR	62.16	PKA 3	
3	2569	Van Speybroeck Kato	96	VMOL	62.86		
4	3277	Pinter Eline	96	BVAC	64.95		
5	3285	Ceulemans Hanne	96	WIBO	65.10		
6	2693	Vermeulen Ilke	96	AVKA	65.31		
400 meter Jun V Time :17:40							
Heat:1							
1	637	Florindo Laura	95	ZWAT	64.66		
2	298	Groffen Vicky	94	AVKA	64.70		
3	329	Acke Britt	95	OLSE	64.94		
400 meter Jun V Time :17:40							
Heat:2							
1	296	Hugaerts Ine	95	DUFF	58.85	PKA 1	
2	342	Hanssens Annelies	95	ACHL	62.40	PKA 2	
3	330	Eysackers Elien	94	OLSE	63.47	PKA 3	
4	337	Tampere Lotte	94	KAPE	67.87		
400 meter Sen V Time :17:47							
Heat:1							
1	1286	De Parade Sarissa	91	ZWAT	64.32		
2	2913	Gillhaus Angelique	65	AVZK	65.76		
3	1506	Van Honste An	87	ZWAT	68.84		
400 meter Sen V Time :17:47							
Heat:2							
1	1711	Daelemans Sofie	91	RAM	56.58	PKA 1	
2	1811	De Smedt Judith	91	BRAB	59.08	PKA 2	
3	1274	Clymans Gitte	85	ACHL	61.23	PKA 3	
4	1395	Truyers Goele	92	VMOL	64.42		
discuswerpen 1,750kg Jun M Time :17:57							
Heat:1							
1	453	Goovaerts Jens	95	DUFF	38.84	PKA 1	
2	603	Giebens Robbert	94	OLSE	35.93	PKA 2	
3000 meter Sch V Time :18:19							
Heat:1							
1	2903	Godden Elke	96	ABES	10:44.47	PKA 1	
2	2626	Verhoeven Suzanne*	96	ARAC	11:05.67	PKA 2	
3	2908	Van Eyck Sofie	96	ATAC	11:29.05	PKA 3	
3000 meter Jun V Time :18:21							
Heat:1							
1	294	Vande Velde Sara	94	DUFF	10:20.77	PKA 1	
2	328	De Beukelaer Nathalie	94	OLSE	11:17.47	PKA 2	
3	351	Van Ammel Joyce	95	ATAC	11:48.17	PKA 3	
3000 meter Sen V Time :18:21							
Heat:1							
1	1155	Rens Els	83	AVZK	10:09.92	PKA 1	
2	1624	Boonen Jolien	90	ACHL	10:27.12	PKA 2	
3	1595	Monsecour Liesbeth	84	HULS	10:56.92	PKA 3	
4	1533	Chauliac Margot	93	ABES	11:03.16		
5	1598	Claes Lotte	93	ATAC	11:29.05		
6	1162	Van de Vijver Charis	93	ACBR	12:44.50		
7	1280	Peeters Muriel	90	ZWAT	13:37.37		
hoogspringen Sch M Time :12:39							
Heat:1							
1	3010	Verbaarschot Nick*	96	ATAC	1.81	PKA 1	
2	2829	Castrel Yentel	97	LYRA	1.72	PKA 2	
3	2704	Beeckmans Walt	97	OLSE	1.55	PKA 3	
4	3105	Vriens Arne	97	ABES	1.50		
verspringen Time :11:46							
Heat:1							
1	295	Leemans Jolien	94	DUFF	5.72	+1.1	PKA 1
2	605	Devrieze Ylonka	94	AVKA	4.67	-0.9	PKA 2
3	382	Van Laer Kim	94	ACHL	4.52	+0.3	PKA 3
4	222	De Ceulaer Stephanie	94	SGOL	4.41	-0.4	
5	575	Van Oers Fran	94	AVKA	4.30	+0.1	