

Results of athletic events, made by TimeTronics, Belgium
 Meet=12e Memorial Jos Verstockt
 Location=Netestadion, Lier (Belgium)
 Date=21/06/2014 Time=10:08:17
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 MeetManager softw 2008j

60mH pup girls Time :12:08

Heat:1				
	1	3434 Van Den Brande Laura	3 DUFF	10.68
	2	3436 De Haes Elle	3 DUFF	11.65
		3747 Vermeulen Jane	4 LYRA	DNF

60mH pup boys Time :12:09

Heat:1				
	1	77 Torfs Robbe	3 ACHL	10.72
	2	616 Van Loven Stan	3 LYRA	12.15
	3	614 Bogaerts Timo	3 LYRA	13.04
	4	622 Arnouts Glenn	4 LYRA	13.44
	5	7 Vermaelen Maarten	3 DCLA	15.00
	6	0	15.74	
		1868 CRAENEN Sander	4 LIER	DNF

60m G-kids girls Time :12:17

Heat:1				
	1	3745 Herremans - T21 Jadzia	3 LYRA	11.20
	2	6219 Lenders - T21 Caroline	2 BVAC	11.80
	3	7604 Ceulemans Eliese	2 LYRA	11.82
	4	7641 Van Tichelen - 21 Eftich.	2 BVAC	11.88

Shot put ben boys Time :12:18

Heat:1				
	1	9238 De Haes Ries	5 DUFF	7.50
	2	7122 Van Hoecke Jarne	5 LYRA	7.34
	3	7127 Min Lars	5 LYRA	7.07
	4	9365 Van Den Brande Alexander	5 DUFF	6.21
	5	6547 De Voeght Jitser	6 AVZK	5.89
	6	8142 De Vries Axl	7 LYRA	5.27
	7	6509 Vermaelen Jasper	5 DCLA	5.06

60m G-kids boys Time :12:18

Heat:1				
	1	3811 Van Camp T20 Sinem	1 ROBA	10.13
	2	4040 Digneffe Arne	2 LYRA	11.00
		8933 Vaz De Faria Jose Pedro	7 LYRA	DNS

Hockey ben girls Time :12:31

Heat:1				
	1	454 Min Lena	5 LYRA	20.06
	2	451 De Vries Sam	5 LYRA	18.32
	3	1228 Van Eynde Mila	5 LYRA	16.50
	4	1937 Craenen Liselot	5 LIER	16.26
	5	1229 Van Eynde Leni	5 LYRA	14.61
	6	1198 Torfs Karlien	5 DUFF	13.03
	7	148 Billiaert Lies	5 DUFF	11.76
	8	1534 Ceesay Yaserra	6 LYRA	11.63
	9	589 Slootmans Phoebe	7 LYRA	4.42

Long jump pup girls Time :12:32

Heat:1				
	1	3436 De Haes Elle	3 DUFF	4.12
	2	3434 Van Den Brande Laura	3 DUFF	4.05
	3	3880 Gielen Yent'l	3 LYRA	3.57
	4	4133 Henderickx June	4 LYRA	3.43
	5	4132 Henderickx Yali	4 LYRA	3.39
	6	4798 Peeters Margaux	4 LYRA	3.36
	7	3750 Verschoren Marieke	4 LYRA	2.62

100m G-Athletes women Time :12:32

Heat:1	Wind : 1.5			
	1	929 Kerkhofs T21 Petra	82 ROBA	14.57
	2	928 Cambre T21 Priscilla	88 ROBA	16.61
	3	260 Luyten Nathalie	96 LYRA	16.94
	4	430 Aesseloos - T21 Elise	99 ROBA	18.14

5	107 Loos Ena	95 LYRA	18.37
6	936 Nauwelaers - T/F38 Annel.	88 WIBO	18.40

100m G-Athletes women Time :12:32

Heat:2 Wind : 0.9

1	3700 Knight - 21 Janne	98 LYRA	18.80
2	294 Digneffe - T21 Ine	99 LYRA	20.39
3	1040 Gyselaers T21 Nele	86 LYRA	21.19
4	1036 Follens Sanne	89 LYRA	21.20
5	1732 Nuyten - T21 Tanja	91 LYRA	23.76
6	1747 Gijsbrechts Hilke	83 LYRA	24.59
7	1595 Chauvaux T21 Joke	94 LYRA	27.20

100m G-Athletes men Time :12:41

Heat:1 Wind : -0.5

1	53 Segers - 21 Toon	95 SPBO	12.78
2	317 Verbruggen Hannes	0 LYRA	15.60
3	4071 Lauwers - T21 Mario	65 ROBA	16.69
4	1302 Buijsen T37 Koen	85 PARA	17.04
5	5310 Verheyden Geert	68 LYRA	17.40
6	1304 Moron - 38 Adam	85 PARA	19.71

100m G-Athletes men Time :12:41

Heat:2 Wind : 1.5

1	2678 Verret - T21 Joni	98 LYRA	14.25
2	489 Koraichi - T21 Abdeslam	96 BVAC	15.12
3	1186 Gusse - 37 Roeland	84 AVMO	15.25
4	1281 Van Den Bulck T21 Bert	92 LYRA	15.73
5	312 Verret T21 Jens	96 LYRA	15.94
6	1305 Serneels 21 Tom	89 PARA	15.96

100m G-Athletes men Time :12:41

Heat:3 Wind : 0.7

1	2448 Grymonpon T21 Ward	98 ROBA	13.34
2	1523 Casteels T21 Bart	82 LYRA	13.45
3	1420 Kennis Kevin	91 OLSE	14.08
4	318 Marien - 21 Jaimy	0 LYRA	14.35
5	1283 Jacobs Kevin	92 LYRA	14.36
6	1303 De Bie T38 Gert	89 PARA	15.98

150m min girls Time :12:48

Heat:1

1	6614 Verschoren Femke	1 LYRA	19.94
2	6583 Swennen Margo	2 ATLA	22.50
3	6613 Le Clerq Chiara	2 LYRA	23.40
4	6612 Le Clerq Indy	2 LYRA	24.86

150m min boys Time :12:49

Heat:1

1	3805 Lembrechts Ruben	2 ACHL	22.62
2	4051 Arnouts Nick	1 LYRA	22.81
3	4050 Verelst Lennert	1 LYRA	23.11

150m min boys Time :12:49

Heat:2

1	4982 Claessens Bram	1 LYRA	19.60
2	4910 El Morabiti Elias	1 BVAC	19.82
3	4241 Dehaes Ilias	2 LYRA	21.01
	3627 Ceulemans Vincent	2 AVZK	DNS

60m ben girls Time :13:06

Heat:1

1	1534 Ceesay Yaserra	6 LYRA	10.28
2	1229 Van Eynde Leni	5 LYRA	10.60
3	600 Van Looy Milena	5 LIER	10.73
4	1484 Van Hoof Kaatje	6 LYRA	11.02
5	589 Sloomans Phoebe	7 LYRA	11.76
6	453 Verberck Kaat	5 LYRA	11.79

60m ben girls Time :13:06

Heat:2

1	451 De Vries Sam	5 LYRA	9.82
2	1228 Van Eynde Mila	5 LYRA	9.91
3	148 Billiaert Lies	5 DUFF	10.10

4	454 Min Lena	5 LYRA	10.17
5	1198 Torfs Karlien	5 DUFF	10.66
6	1937 Craenen Liselot	5 LIER	10.68

Pole vault min mixed Time :13:08

Heat:1

1	3661 Torfs Kwinten	1 ACHL	2.60
2	6247 Fall Diara	1 ACHL	2.30
3	6926 Hooyberghs Fleur	1 ARAC	2.30
4	3805 Lembrechts Ruben	2 ACHL	1.60
5	3627 Ceulemans Vincent	2 AVZK	1.40

Softbal G-Kids mixed Time :13:09

Heat:1

1	3745 Herremans - T21 Jadzia	3 LYRA	14.45
2	7604 Ceulemans Eliese	2 LYRA	12.71
3	3811 Van Camp T20 Sinem	1 ROBA	12.48
4	4040 Digneffe Arne	2 LYRA	10.87
5	7641 Van Tichelen - 21 Eftich.	2 BVAC	10.55
6	6219 Lenders - T21 Caroline	2 BVAC	9.23
	8933 Vaz De Faria Jose Pedro	7 LYRA	NM

Shot put G-Athletes women Time :13:15

Heat:1

1	929 Kerkhofs T21 Petra	82 ROBA	6.94	4kg
2	260 Luyten Nathalie	96 LYRA	6.25	4kg
3	936 Nauwelaers - T/F38 Annel.	88 WIBO	5.15	3kg
4	1732 Nuyten - T21 Tanja	91 LYRA	5.15	4kg
5	1747 Gijbsbrechts Hilke	83 LYRA	4.83	4kg
6	1036 Follens Sanne	89 LYRA	4.23	4kg
7	430 Aesseloos - T21 Elise	99 ROBA	4.16	3kg
8	294 Digneffe - T21 Ine	99 LYRA	3.96	3kg
9	3700 Knight - 21 Janne	98 LYRA	3.86	3kg
10	928 Cambre T21 Priscilla	88 ROBA	3.76	4kg
11	107 Loos Ena	95 LYRA	3.56	4kg

60m pup girls Time :13:19

Heat:1

1	4798 Peeters Margaux	4 LYRA	9.05
2	3436 De Haes Elle	3 DUFF	9.40
3	4133 Henderickx June	4 LYRA	9.48
4	4132 Henderickx Yali	4 LYRA	9.66
5	3880 Gielen Yent'l	3 LYRA	9.88
6	3750 Verschoren Marieke	4 LYRA	10.65

60m ben boys Time :13:19

Heat:1

1	6547 De Voeght Jitser	6 AVZK	10.77
2	9996 De Vries Stan	6 NA	11.04
3	8413 Nouwen Stan	6 LYRA	11.32
4	8142 De Vries Axl	7 LYRA	11.70
5	8809 Verschoren Felix	7 LYRA	12.28

60m ben boys Time :13:19

Heat:2

1	7122 Van Hoecke Jarne	5 LYRA	9.82
2	9238 De Haes Ries	5 DUFF	9.87
3	7127 Min Lars	5 LYRA	9.97
4	6509 Vermaelen Jasper	5 DCLA	9.98
5	9365 Van Den Brande Alexander	5 DUFF	10.32

60m pup boys Time :13:28

Heat:1

1	614 Bogaerts Timo	3 LYRA	9.38
2	839 Van Vlasselaer Artuur	4 LYRA	9.75
3	843 Stroobants Tuur	3 LYRA	10.14
4	1598 Beirinckx Wout	3 LYRA	10.28
5	7 Vermaelen Maarten	3 DCLA	10.68
	1868 CRAENEN Sander	4 LIER	DNS

60m pup boys Time :13:28

Heat:2

1	613 Van Hoof Brecht	3 LYRA	9.04
2	616 Van Loven Stan	3 LYRA	9.24

3	622 Arnouts Glenn	4 LYRA	9.44
4	840 Van Vlasselaer Wout	3 LYRA	9.44
5	1693 Nouwen Pieter	3 LYRA	9.52
6	759 Dom Dario	3 DUFF	9.74
	1596 Wuyts Siemen	4 LYRA	DNS

Long jump G-Athletes men Time :13:47

Heat:1						
1	1523 Casteels T21 Bart	82 LYRA	4.63	+2.0		
2	2448 Grymonpon T21 Ward	98 ROBA	4.15	+2.8	4.07m	1.5
3	318 Marien - 21 Jaimy	0 LYRA	4.00	+0.7		
4	1283 Jacobs Kevin	92 LYRA	3.76	+0.4		
5	2678 Verret - T21 Joni	98 LYRA	3.66	+1.4		
6	1305 Serneels 21 Tom	89 PARA	3.56	+1.4		
7	489 Koraichi - T21 Abdeslam	96 BVAC	3.19	+0.6		
8	1281 Van Den Bulck T21 Bert	92 LYRA	3.08	+1.3		
9	1279 Van Eynde Daan	83 LYRA	2.79	+1.3		
10	4071 Lauwers - T21 Mario	65 ROBA	2.76	+2.1	2.75m	1.0
11	317 Verbruggen Hannes	0 LYRA	2.72	+1.0		
12	5310 Verheyden Geert	68 LYRA	2.44	+0.2		
	312 Verret T21 Jens	96 LYRA	NM	+0.0		

600m ben girls Time :13:47

Heat:1			
1	454 Min Lena	5 LYRA	2:10.64
2	451 De Vries Sam	5 LYRA	2:10.98
3	1228 Van Eynde Mila	5 LYRA	2:11.19
4	854 De Bruyn Shirley	5 LYRA	2:13.92
5	1534 Ceesay Yaserra	6 LYRA	2:21.60
6	1484 Van Hoof Kaatje	6 LYRA	2:26.37
7	1937 Craenen Liselot	5 LIER	2:27.20
8	1229 Van Eynde Leni	5 LYRA	2:29.76
9	148 Billiaert Lies	5 DUFF	2:30.61
10	453 Verberck Kaat	5 LYRA	2:31.96
11	589 Sloomans Phoebe	7 LYRA	2:32.63
12	1198 Torfs Karlien	5 DUFF	2:42.96
13	600 Van Looy Milena	5 LIER	2:44.40

High jump pup boys Time :13:51

Heat:1			
1	77 Torfs Robbe	3 ACHL	1.40
2	36 Naets Ilan	4 AVZK	1.35
3	1596 Wuyts Siemen	4 LYRA	1.32
4	1868 CRAENEN Sander	4 LIER	1.29
5	622 Arnouts Glenn	4 LYRA	1.23
6	3193 Taghret Badr	3 RESC	1.20
7	616 Van Loven Stan	3 LYRA	1.15
7	1693 Nouwen Pieter	3 LYRA	1.15
9	840 Van Vlasselaer Wout	3 LYRA	1.15
10	34 Derdin Simon	3 AVZK	1.15
10	1598 Beirinckx Wout	3 LYRA	1.15
10	614 Bogaerts Timo	3 LYRA	1.15
13	839 Van Vlasselaer Artuur	4 LYRA	1.15
14	843 Stroobants Tuur	3 LYRA	1.15
15	759 Dom Dario	3 DUFF	1.10
16	7 Vermaelen Maarten	3 DCLA	1.05

200m G-Athletes women Time :13:53

Heat:1 Wind : 1.7			
1	107 Loos Ena	95 LYRA	39.66
2	294 Digneffe - T21 Ine	99 LYRA	43.03
3	1036 Follens Sanne	89 LYRA	47.53
4	1040 Gyselaers T21 Nele	86 LYRA	47.97
5	1595 Chauvaux T21 Joke	94 LYRA	63.31

200m G-Athletes women Time :13:53

Heat:2 Wind : 1.7			
1	928 Cambre T21 Priscilla	88 ROBA	30.30
2	260 Luyten Nathalie	96 LYRA	36.28
3	929 Kerkhofs T21 Petra	82 ROBA	36.96
4	430 Aesseloos - T21 Elise	99 ROBA	38.91
5	936 Nauwelaers - T/F38 Annel.	88 WIBO	40.01
6	3700 Knight - 21 Janne	98 LYRA	41.46

Discus throw min girls Time :13:57

Heat:1

1	6613 Le Clerq Chiara	2 LYRA	23.66
2	6926 Hooyberghs Fleur	1 ARAC	20.39
3	7343 Gurny Helena	1 LYRA	19.12
4	6247 Fall Diara	1 ACHL	19.11
5	6826 Kerkaert Noor	2 BONH	18.24
6	6614 Verschoren Femke	1 LYRA	17.46
7	6583 Swennen Margo	2 ATLA	14.99
8	6612 Le Clerq Indy	2 LYRA	13.31

600m ben boys Time :13:57

Heat:1

1	9238 De Haes Ries	5 DUFF	2:07.11
2	6509 Vermaelen Jasper	5 DCLA	2:07.18
3	7127 Min Lars	5 LYRA	2:08.67
4	7122 Van Hoecke Jarne	5 LYRA	2:18.79
5	8413 Nouwen Stan	6 LYRA	2:29.31
6	8809 Verschoren Felix	7 LYRA	2:29.68
7	9996 De Vries Stan	6 NA	2:33.54
8	8142 De Vries Axl	7 LYRA	2:35.34

200m G-Athletes men Time :14:06

Heat:1 Wind : 1.2

1	489 Koraichi - T21 Abdeslam	96 BVAC	33.03
2	4071 Lauwers - T21 Mario	65 ROBA	34.38
3	317 Verbruggen Hannes	0 LYRA	34.44
4	5310 Verheyden Geert	68 LYRA	36.11
5	1304 Moron - 38 Adam	85 PARA	42.91

200m G-Athletes men Time :14:06

Heat:2 Wind : 2.2

1	1186 Gusse - 37 Roeland	84 AVMO	31.64
2	1279 Van Eynde Daan	83 LYRA	31.68
3	1281 Van Den Bulck T21 Bert	92 LYRA	32.86
4	312 Verret T21 Jens	96 LYRA	33.75
5	1303 De Bie T38 Gert	89 PARA	34.55
6	1302 Buijsen T37 Koen	85 PARA	34.72

200m G-Athletes men Time :14:06

Heat:3 Wind : 1.3

1	53 Segers - 21 Toon	95 SPBO	26.33
2	2448 Grymonpon T21 Ward	98 ROBA	27.65
3	1420 Kennis Kevin	91 OLSE	28.18
4	318 Marien - 21 Jaimy	0 LYRA	29.73
5	1283 Jacobs Kevin	92 LYRA	31.24
6	2678 Verret - T21 Joni	98 LYRA	32.55

High jump min boys Time :14:16

Heat:1

1	3661 Torfs Kwinten	1 ACHL	1.45
2	4910 El Morabiti Elias	1 BVAC	1.36
3	3805 Lembrechts Ruben	2 ACHL	1.33
4	4051 Arnouts Nick	1 LYRA	1.25

4x100m AC women Time :14:45

Heat:1

1		RCT	49.16
	3578 Flossy Franne	98	
	3574 Vandecauter Joyce	97	
	3699 Lambeets Brett	98	
	3749 Beelen Lotte	98	
2		ACHL	49.75
	3551 Jacops Bieke	97	
	3145 Torfs Lien	98	
	3381 Helsen Elise	98	
	3742 Hanssens Marie	98	
3		LYRA	51.51
	763 De Brandt Naomi	99	
	935 Steenmans Jitse	0	
	851 Wuyts Katrijn	99	
	551 Theeuws Sam	0	
4		SPBO	54.16
	3216 Philips Lotte	97	

1386 Hofmans Indigo	92		
3193 Schaerlaeckens Lara	98		
3591 Beelaerts Nikita	98		
		Belgium	DIS R170.7
1524 Andries Lien	93	ROBA	
51 Bellemans Inge	95	ROBA	
136 Derolez Marie	95	AZW	
1584 Janquart Nina	90	EA	

4x100m AC women Time :14:45

Heat:2

1		NED Junioren Rood	45.21
	9681 Runia Anna Sjoukje	94	
	9663 Hovenkamp Eva	96	
	9994 Klaver Lieke	98	
	9696 Van Hunenstijn Marije	95	
2		Belgium 1	45.52
	177 Missinne Sarah	95	KAAG
	688 Leprince Laura	95	
	366 Depuydt Orphee	95	HAC
	130 De Coninck Nenah	96	KAAG
3		Belgium 2	46.78
	3537 Beaucarne Chloe	97	DEIN
	4173 Fickers Marie	97	
	3802 Dillens Judith	98	EA
	379 Mehuys Elise	95	LYRA
		NED Junioren blauw	DNF
	9993 Berendse Silke	98	
	9667 Jiya Tasa	97	
	9639 Boogerd Marijke	97	
	9635 Baltés Debbie	96	

4x100m AC men Time :14:45

Heat:1

1		ACW - FRANCE	43.37
	9615 Mannechez Anatole	92	FRA
	9611 Fievet Th ^姉	94	FRA
	9607 Colard Alexandre	92	FRA
	9608 Devestele Maxime	94	FRA
2		SPBO	48.39
	279 Van Buggenhout Jarne	99	
	1116 Permentier Johan	79	
	2413 Huyck Hannes	98	
	121 Masure Michel	99	
		LYRA	DNF
	2445 Castrel Yentel	97	
	3670 Goetschalckx Vincent	97	
	2529 Leflot Tyron	97	
	2770 Grietens Jan	97	

400m AC women heat C, D... Time :15:04

Heat:1

1	9718 Cyrus Tania-Cyrena	86	GBR	59.39
2	3323 Swennen Anok	98	ATLA	62.70
3	3163 Van de Velde Sofie	98	DUFF	63.90
4	3611 Verwilt Zita	98	LYRA	75.14

400m AC women heat C, D... Time :15:04

Heat:2

1	214 Everdepoel Britt	0	VAC	65.91
2	841 Byrne Chinook	0	ATLE	67.71
3	3715 Steenmans Oona	98	LYRA	73.26

Shot put sch girls (3.00kg) Time :15:22

Heat:1

1	3230 Timmerman Larissa	98	DEIN	13.57
2	3381 Helsen Elise	98	ACHL	12.59
3	3191 Peeters Nele	97	SPBO	12.38
4	3386 Brosens Stefanie	97	ATAC	12.31
5	3117 Kerkaert Trui	98	BONH	11.78
6	3298 Lindemans Lisemarie	97	ROBA	11.27
7	3165 Goovaerts Heike	98	DUFF	11.19
8	3515 Michiels Lena	97	WIBO	11.09
9	3573 Wolfcarius Theresa	98	STAX	10.01

10 3609 De Brandt Alyssa 97 LYRA 7.33

Javelin throw sch boys (700g) Time :15:30

Heat:1

1	2899	Van Aelst Stijn	98	DCLA	50.47
2	2259	De Roeck Thomas	97	VMOL	50.43
3	2468	Van De Sande Alessandro	97	OB	44.52
4	2825	Quintelier Matthias	97	AVKA	43.92
5	2530	Slootmans Stijn	97	LYRA	42.73
6	2137	Van Turnhout Jens	98	ACHL	34.26
7	2380	De Vos Laurens	98	ABES	33.61
8	2663	Cornelis Robin	97	AVKA	28.10
9	2222	Cop Jonas	98	WIBO	21.71

High jump cad boys Time :15:46

Heat:1

1	151	Van Looy Lars	99	VAC	1.78
2	793	Van Riel Robbe	99	KAPE	1.72
3	60	Marien Sverre	0	ACHL	1.66
4	320	Spiessens Yentl	99	LYRA	1.66
5	24	Van Bael Jens	99	AVZK	1.66
6	331	Wynants Jarne	0	ACHL	1.63
7	523	Vermeiren Jef	0	ACHL	1.55
8	142	Raemdonck Souren	99	ABES	1.45
9	723	Bally Alexander	99	SGOL	1.40

Long jump cad girls Time :16:01

Heat:1

1	492	Willems Eve	0	VAC	5.44	+0.3
2	500	Vancamp Hanne	99	OLSE	5.39	+0.6
3	719	Hargreaves Charlotte	0	ZWAT	5.10	+0.9
4	688	Hartmann Iris	99	STAX	4.96	+0.1
5	600	Peeters Bloeme	99	AVZK	4.94	+1.7
6	281	Panis Keanne	99	ATLA	4.89	-0.2
7	837	Laporte Morgan	0	AVZK	4.78	+0.1
8	763	De Brandt Naomi	99	LYRA	4.63	+1.3
9	1093	Martens Catho	99	ATLA	4.56	+1.5
10	53	Van Petegem Kelly	99	RCG	4.52	+0.8
11	758	Thijssen Loeka	99	ACW	4.52	-0.2
12	64	Vandervelden Marie	0	SACN	4.42	+1.3
13	69	Kegels Hanne	99	GRIM	4.29	+0.7
14	990	Christiaensen Hanne	0	LIER	4.25	+1.3
15	100	Peeters Laura	0	SPBO	4.18	+0.1
16	144	Croes Eline	99	DUFF	4.16	+0.2
17	839	Coulier Febe	99	GRIM	4.16	+1.0
	851	Wuyts Katrijn	99	LYRA	NM	+0.0

400m AC men heat C, D... Time :16:01

Heat:1

1	3253	Baouab Faouzi	RCAS	50.77	
2	3400	Van De Wouwer Dorian		51.02	
3	1170	Meert Daniel	90	STAX	51.77
4	3224	Campbell Euan	GBR	52.04	
5	1171	Lelie Jasper	89	STAX	53.45

400m AC men heat C, D... Time :16:01

Heat:2

1	1048	Van Den Bergh Sven	99	RAM	50.85
2	145	Dierick Tibor	96	ACW	51.24
3	299	Doraene Elroy	96	ATLA	51.81
4	375	Sake Nicolai	96	LYRA	52.97
5	1401	Cool Ranec	91	ACHL	53.04

400m AC men heat C, D... Time :16:01

Heat:3

1	2139	Bruers Yann	93	ACHL	54.73
2	1689	De Samblanx Sebastiaan	87	OLSE	55.29
3	2223	Van Daele Sam	97	WIBO	56.60
4	2806	Trioen Tom	97	ABES	57.01
5	1568	Gouverneur Fran8ois	IAAC	58.58	

400m AC men heat C, D... Time :16:01

Heat:4

1	2535	Hooyberghs Mats	98	ARAC	54.18
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2	279 Van Buggenhout Jarne	99 SPBO	55.53
3	5205 Byrne Timothy	67 ATLE	56.18
4	2768 Cavents Dries	98 LYRA	56.35
5	4911 Verstynen Peter	68 BRAB	59.35
6	234 Streffer Lorenz*	0 ABES	60.84

100m AC women heat C, D... Time :16:01

Heat:1 Wind : -0.6

1	9667 Jiya Tasa	97 NED	12.18
2	3324 Teuwen Frederique	98 ATLA	12.36
3	34 Hugaerts Ine	95 DUFF	12.53
4	3322 Nijs Bo	97 ATLA	12.58
5	9992 Amenebecke Rosina	GHAN 12.62	
6	3438 Baillievier Rani	98 OLSE	12.74
7	551 Theeuws Sam	0 LYRA	13.08
	188 Blommaert Kim	95 VOLH	DIS

100m AC women heat C, D... Time :16:01

Heat:2 Wind : 0.6

1	9675 Oosterhuis Anouk	92 NED	12.58
2	859 Janssens Marijne	93 SGOL	12.83
3	3569 Kinable Charlotte	98 ROBA	12.87
4	204 Rutsaert Regine	95 DCLA	12.92
5	3442 Hessel Danielle	97 AVR	12.94
6	3742 Hanssens Marie	98 ACHL	13.00
7	1139 Holthof Annelies	93 OLSE	13.04
8	1543 Rossaert Isaura	92 ACW	13.31

100m AC women heat C, D... Time :16:01

Heat:3 Wind : -1.0

1	85 Rombouts Eline	99 DUFF	13.18
2	713 Badji Jalika	RESC 13.22	
3	18 Van Hal Shauni	95 ACHL	13.22
4	2376 Buyens Mieke	76 ACHL	13.27
5	1355 Claes Jente	92 BVAC	13.32
6	1889 Tabatabai Sarah	RFCL 13.56	
7	416 De Clerck Silke	96 VOLH	13.63
8	640 Kassianoff Sylvie	RESC 13.67	

100m AC women heat C, D... Time :16:01

Heat:4 Wind : 1.8

1	3437 Baillievier Joni	98 OLSE	13.35
2	3551 Jacops Bieke	97 ACHL	13.54
3	3219 Thienpont Ellen	97 WIBO	13.65
4	677 De Meyer Caitlin	99 ZWAT	13.66
5	3174 Claus Ellen	97 AVMO	13.77
6	3861 Bruggen Anne	97 ATLA	13.79
7	1320 Govaerts Sofie	90 LOOI	13.82
8	935 Ceulemans Marlies	93 WIBO	13.93

100m AC women heat C, D... Time :16:01

Heat:5 Wind : 0.3

1	9636 Bardoel Eline	95 NED	13.29
2	3591 Beelaerts Nikita	98 SPBO	13.70
3	1333 Wouters Anne	90 ZWAT	14.27
4	3193 Schaerlaeckens Lara	98 SPBO	14.40

100m AC women heat C, D... Time :16:01

Heat:6 Wind : 1.3

1	3515 Michiels Lena	97 WIBO	13.28
2	2729 Peetermans Ilse	70 ACHL	13.32
3	187 Bula Bula Rachel Nigwela.	0 VMOL	13.88
4	9721 Michiels Lesley	0 BEL	14.09
5	723 Nauwelaers Anthe	0 ZWAT	14.56

100m AC men heat C, D... Time :16:30

Heat:1 Wind : 2.5

1	9995 Adel Sesay	SLE 10.71	
2	2096 Van Den Hende Mulamba	84 ACME	10.91
3	714 Stas Vincent	CABW 10.93	
4	2795 Fall Samba	WS 11.01	
5	2252 Capiou Tobias	97 DEIN	11.05
6	1994 Hendrikx Joren	83 ZWAT	11.19
7	124 Muermans Maxim	96 ATLA	11.23

8 2200 Slegers Bart 90 LYRA 11.38

100m AC men heat C, D... Time :16:30

Heat:2 Wind : 1.8

1	9989 Teunisse Bram	NED	11.18	
2	9645 De Groot Dennis	83 NED	11.20	
3	9707 Witteveen Jeroen	89 NED	11.21	
4	9991 Van Kesteren Jelle	NED	11.29	
5	2529 Leflot Tyron	97 LYRA	11.34	
6	198 Eerdekens Sam	96 DALO	11.39	
7	9990 Bien Rutger	NED	11.43	
	9687 Taytelbaum Sergio	85 NED	DIS	R162.6

100m AC men heat C, D... Time :16:30

Heat:3 Wind : 2.4

1	1065 Roels Gianni	99 STAX	11.18	
2	3018 Ennamir Moussine	WS	11.34	
3	1035 Motmans Glenn	94 AVT	11.40	
4	3362 Urbain Hugo	CABW	11.54	
5	9671 Lammers Beer	95 NED	11.63	
6	9621 Rome Pierre	72 FRA	11.84	
7	9604 Bourguignon Harry	71 FRA	11.92	
8	9605 Burny Romain	88 FRA	11.95	

100m AC men heat C, D... Time :16:30

Heat:4 Wind : 1.6

1	2259 Da Silva Francisco	89 ZWAT	11.34	
2	1011 Raets Glenn	89 ACHL	11.46	
3	2327 Loyens Dennis	97 ATLA	11.51	
4	488 Mahieu Tijmen	95 BVAC	11.55	
5	2434 Boschmans Jurian	94 LAT	11.58	
6	9654 Domin Tristan	88 NED	11.74	
7	2770 Grietens Jan	97 LYRA	11.79	
8	895 Puku-Toko Christian	RESC	11.97	

100m AC men heat C, D... Time :16:30

Heat:5 Wind : 0.1

1	611 Kerkhofs Dries	99 GENK	11.76	
2	863 Nijs Gaston	RESC	11.83	
3	503 Kikota Michee Jozef	95 OLSE	11.86	
4	2450 Gybels Niels	90 LYRA	11.94	
5	2776 Bijmens Niels	97 ATLA	12.04	
6	313 Van Hoye Joris	96 LYRA	12.12	
7	2488 Roesems Lennard	87 DCLA	12.14	
8	9619 Pascaud Victor	90 FRA	12.30	

100m AC men heat C, D... Time :16:30

Heat:6 Wind : 0.2

1	2989 De Kinder Jan	97 LIER	12.06	
2	2326 Groenen Bernard	97 ATLA	12.08	
3	141 Preaux Maxim	99 ABES	12.13	
4	9644 De Boer Floris	97 NED	12.26	
5	2983 Devos Michel Andre	98 ACHL	12.33	
6	3411 Zenflour Mouad	RESC	12.52	
	345 Wuyts Jochem	96 LYRA	DIS	R162.6
	9631 Jbiri Marouan	96 MAR	DIS	R162.6

100m AC men heat C, D... Time :16:30

Heat:7 Wind : 2.3

1	1995 Vandenberghe Wouter	88 ZWAT	12.05	
2	2494 Caeymaex Matthieu	94 ACBR	12.24	
3	2881 El Moukhtari Atif	98 BRAB	12.41	
4	121 Masure Michel	99 SPBO	12.60	
5	1568 Gouverneur Fran8ois	IAAC	12.68	
6	53 Segers - 21 Toon	95 SPBO	12.95	
7	723 Bally Alexander	99 SGOL	13.39	
8	2481 Verbeeck Romain	98 SGOL	13.50	

100m AC men heat C, D... Time :16:30

Heat:8 Wind : 1.3

1	205 Bevan Billy*	99 VMOL	12.47	
2	2525 Provoost Bryan	94 ACBR	12.49	
3	5939 De Roover Andy	77 ROBA	12.72	
4	142 Raemdonck Souren	99 ABES	13.19	

5	915 Van Praet Sybren	99 SPBO	13.97
6	503 Dehertogh Arne	99 SPBO	14.09
7	326 Vlassenbroeck Liam	0 ACHL	14.24

100m wheelers mixed Time :16:30

Heat:1 Wind : 1.8

1	9724 Stefan Groen	88 NED	15.69
2	9676 Bart Pijs	83 NED	18.29
3	9683 Schuiling Hendrik Roelof	83 NED	18.85
4	3506 Vervoort T52 Marieke	79 LYRA	19.73
5	9722 Peter Genyn	76 BEL	21.39
6	9665 Luna Jansen	96 NED	23.24

Shop put cad boys (4.00kg) Time :16:33

Heat:1

1	149 Verbeylen Kasper	99 DCLA	14.81
2	793 Van Riel Robbe	99 KAPE	13.25
3	1052 Ferraris Alexander Carlo.	99 DCLA	13.22
4	30 Ceulemans Seppe	99 AVZK	13.22
5	58 Van Hove Arne	99 ACHL	12.22
6	485 Suykens Brent	99 SPBO	12.12
7	230 Obasuyi Michael	99 HCO	12.01
8	165 Ceulemans Jorne	99 WIBO	11.96
9	331 Wynants Jarne	0 ACHL	11.01
10	692 El Ayadi Yassin	99 OLSE	7.02

80mH cad girls Time :16:45

Heat:1 Wind : 0.5

1	957 Anthonissen Leyla	99 OEH	11.62
2	1603 Lopez Castellanos Fiona	MOHA 12.14	
3	500 Vancamp Hanne	99 OLSE	12.22
4	688 Hartmann Iris	99 STAX	12.54
5	69 Kegels Hanne	99 GRIM	12.70
6	954 Staelens Emma	99 HAC	12.90

80mH cad girls Time :16:45

Heat:2 Wind : 0.2

1	935 Steenmans Jitse	0 LYRA	12.72
2	492 Willems Eve	0 VAC	12.84
3	1280 Bodart Ombeline	BBS 13.16	
4	483 De Wit Lies	0 LOOI	13.18
5	677 De Meyer Caitlin	99 ZWAT	13.39
	719 Hargreaves Charlotte	0 ZWAT	DIS

80mH cad girls Time :16:45

Heat:3 Wind : -0.2

1	2729 Peetermans Ilse	70 ACHL	12.31
2	1003 Jacobs Sofie	0 ATLA	13.44
3	284 Vanhoof Loes	99 ATLA	14.06
4	758 Thijssen Loeka	99 ACW	14.57
5	144 Croes Eline	99 DUFF	14.67
6	839 Coulier Febe	99 GRIM	16.15

Long jump sch boys Time :16:46

Heat:1

1	2754 Van De Vijver Lorenzo	97 ACBR	6.76	+0.5	
2	3671 Boschmans Jari	98 LAT	6.53	+0.3	
3	3318 Dallemagne Dorsan	RIWA 6.11	+1.4		
4	3248 Nolf Maxime	RIWA 6.11	+1.5		
5	2386 Maes Stijn	98 LIER	6.03	+0.5	
6	2445 Castrel Yentel	97 LYRA	6.00	+2.8	5.95m 0.2
7	2945 Van Dyck Jorn	98 ACHL	5.90	+0.2	
8	2776 Bijmens Niels	97 ATLA	5.85	+1.4	

Javelin throw cad girls Time :16:51

Heat:1

1	53 Van Petegem Kelly	99 RCG	34.24
2	551 Theeuws Sam	0 LYRA	33.04
3	1113 Vlummens Jennifer	0 ROBA	32.36
4	763 De Brandt Naomi	99 LYRA	32.11
5	45 Van Hooghten Lauranne	99 ACHL	31.00
6	11 Kerkaert Ruth	0 BONH	29.59
7	483 De Wit Lies	0 LOOI	29.25
8	501 Vancamp Noor	0 OLSE	25.91

9	990 Christiaensen Hanne	0 LIER	24.89
10	100 Peeters Laura	0 SPBO	24.27
11	3425 Franckx Magda	46 BRAB	23.53
12	675 Daems Lotte	0 ZWAT	19.37
13	801 Van Den Bossche Elke	0 AVKA	18.57

MAS1

100mH sch girls Time :17:06

Heat:1 Wind : 0.4

1	3537 Beaucarne Chloe	97 DEIN	13.65
2	3802 Dillens Judith	98 EA	14.42
3	3334 Bulcke Justine	98 MACW	14.44
4	3324 Teuwen Frederique	98 ATLA	14.69
5	3544 Degreve Robin	97 OEH	15.18
6	3261 Hooybergs Kaat	97 VMOL	15.30
7	4219 Joblin Odile	CSDY	15.45

100mH sch girls Time :17:06

Heat:2 Wind : 0.5

1	3442 Hessel Danielle	97 AVR	15.13
2	3699 Lambeets Brett	98 RCT	15.19
3	3381 Helsen Elise	98 ACHL	15.61
4	3671 Lammens Lisa	98 ACME	15.64
5	3395 Wynant Ellen	97 EA	16.10
6	3515 Michiels Lena	97 WIBO	16.37

100mH sch girls Time :17:06

Heat:3 Wind : 1.1

1	3137 Vandenhove Lore	97 AVZK	15.23
2	3861 Bruggen Anne	97 ATLA	15.98
3	3573 Wolfcarius Theresa	98 STAX	16.32
4	3824 Vermeiren Margot	97 DCLA	16.50
5	3108 Meyvaert Carlien	97 DCLA	17.59
	9637 Bergamin Susan	97 NED	DNF

100mH sch girls Time :17:06

Heat:4 Wind : 0.7

1	3230 Timmerman Larissa	98 DEIN	17.13
2	3540 Buelens Charlotte	97 ABES	17.26
3	4284 Heenan Shannon	CSDY	17.33
4	4022 Croquet Florine	CSDY	17.58
5	3219 Thienpont Ellen	97 WIBO	18.11
6	4312 Laffineur Charlotte	RIWA	21.21

100mH JSM women Time :17:13

Heat:1 Wind : 0.2

1	177 Missinne Sarah	95 KAAG	13.66
2	552 Van Cauwenberghe Siliane	DS	13.86
3	1290 Van Diest Dorien	93 OEH	13.90
4	9992 Amenebecke Rosina	GHAN	14.45
5	9697 Van Petersen Nancy	92 NED	14.46
	9705 Williams Suzanne	93 NED	DNF

100mH JSM women Time :17:13

Heat:2 Wind : 0.4

1	688 Leprince Laura	95	14.11
2	9696 Van Hunenstijn Marije	95 NED	14.16
3	236 De Pauw Yoika	95 STAX	14.49
4	9675 Oosterhuis Anouk	92 NED	14.64
5	338 Vidts Noor	96 VAC	15.00

100mH JSM women Time :17:13

Heat:3 Wind : 0.7

1	9693 Van Der Maas Astrid	96 NED	15.10
2	9690 Van Den Heuvel Ingrid	96 NED	16.40
3	18 Van Hal Shauni	95 ACHL	16.77
	1408 De Prijk Karen	93 ABES	DIS
	957 De Laet Eva	93 VMOL	DNS

Pole vault AC mixed (PB < 3m70) Time :17:23

Heat:1

1	363 De Vocht Elien	95 AVZK	3.81
2	3560 Van Hansewyck Nell	97 VAC	3.71
3	1493 Devrieze Ruben	92 AVKA	3.61
4	1626 Wlodawer Alex	97	3.51

5	9666 Jansen Moniek	85 NED	3.21
6	957 De Laet Eva	93 VMOL	3.11
7	42 Borstlap Hanne	0 ACHL	3.01
8	9998 Tuezney Jeroen	99 AVK	3.01
9	3966 Lilien Anouk	ACO 2.91	
10	189 Jansen Jana	99 VMOL	2.81
11	721 Mampuys Cedric	99 AVKA	2.61
12	31 Naets Yari	0 AVZK	2.41
13	722 Cornelis Ben	99 AVKA	2.41
14	785 Degreve Rowan	0 OEH	2.41
	650 Scheerder Kobe	0 ABES	NM

100mH cad boys Time :17:23

Heat:1 Wind : 0.4

1	450 Bras Tuur	99 OEH	13.90
2	316 Verherstraeten Simon	99 LYRA	14.45
3	624 Rottiers Lani	99 LIER	14.97
4	279 Van Buggenhout Jarne	99 SPBO	15.26
5	4266 Beckers Serge	62 RAM	15.60
6	1298 Maggiolini Luca	CSDY 15.81	
7	958 Vankelecom Bram	99 GRIM	16.45

100mH cad boys Time :17:23

Heat:2 Wind : 0.8

1	1626 Wlodawer Alex	97	16.32
2	721 Mampuys Cedric	99 AVKA	17.34
3	685 Wolfcarius Edward	0 STAX	17.81
	650 Scheerder Kobe	0 ABES	DNS
	24 Van Bael Jens	99 AVZK	DNS
	60 Marien Sverre	0 ACHL	DNF

Shot put sch boys (5.00kg) Time :17:27

Heat:1

1	2101 Defrere Ilya	97 DCLA	18.54
2	2825 Quintelier Matthias	97 AVKA	17.71
3	2251 Vlassak Max	97 SACN	15.83
4	2468 Van De Sande Alessandro	97 OB	13.84
5	2530 Sloomans Stijn	97 LYRA	13.65
6	2259 De Roeck Thomas	97 VMOL	13.18
7	2824 Quintelier Yannick	98 AVKA	12.04
8	2153 Van Samang Tom	98 SACN	11.18
9	2137 Van Turnhout Jens	98 ACHL	9.40
10	2222 Cop Jonas	98 WIBO	9.03
11	2663 Cornelis Robin	97 AVKA	8.15

110mH sch boys Time :17:27

Heat:1 Wind : 0.4

1	2252 Capiou Tobias	97 DEIN	14.49
2	2231 Van Den Eynden Jordi	98 KAPE	15.14
3	2401 Coppeters Kasper	97 EA	15.33
4	2131 Jacobs Sven	97 EA	15.50
5	3014 Bodart Robin	BBS 15.54	
6	3318 Dallemagne Dorsan	RIWA 15.61	

110mH sch boys Time :17:27

Heat:2 Wind : 1.5

1	2945 Van Dyck Jorn	98 ACHL	15.35
2	2413 Huyck Hannes	98 SPBO	15.77
3	9644 De Boer Floris	97 NED	15.91
4	3248 Nolf Maxime	RIWA 16.24	
5	2140 Caerels Rik	98 ACHL	16.71

110mH jun men Time :17:31

Heat:1 Wind : 0.3

1	714 Stas Vincent	CABW 14.36	
2	170 Seutin Bernard	95 LYRA	15.12
3	214 Segers Senne	95 LYRA	15.62
4	9698 Van Veen Joris	95 NED	15.73
5	165 Verdonck Emile	95 AZW	15.78
6	22 Bienens Michiel	96 ACHL	16.36
	685 Ruffacq Timmy	DS DNS	

110mH sen men final Time :17:35

Heat:1 Wind : 0.6

1	1876 De Borger Dario	92 ROBA	14.36
2	9638 Bont Jules	94 NED	14.37
3	9699 Van Vugt Gaard	93 NED	14.46
4	2337 Van Der Plaetsen Thomas	90 DEIN	14.75
5	2281 Stroobants Jori	89 VITA	15.55
	2637 Ruffacq Quentin	DS DNS	

200m wheelers mixed Time :17:40

Heat:1 Wind : 0.5

1	9724 Stefan Groen	88 NED	28.75
2	9676 Bart Pijs	83 NED	34.20
3	9683 Schuiling Hendrik Roelof	83 NED	34.63
4	3506 Vervoort T52 Marieke	79 LYRA	35.32
5	9722 Peter Genyn	76 BEL	42.20
6	9665 Luna Jansen	96 NED	46.80

Long jump sch girls Time :17:47

Heat:1

1	3334 Bulcke Justine	98 MACW	5.48	+0.7
2	3386 Brosens Stefanie	97 ATAC	5.12	+1.0
3	4284 Heenan Shannon	CSDY 4.49	+0.4	
4	3216 Phillips Lotte	97 SPBO	4.49	-0.7
5	4022 Croquet Florine	CSDY 4.05	-0.2	

Javelin throw cad boys (600g) Time :17:49

Heat:1

1	173 Vanlierde Jorg	99 DEIN	51.06
2	485 Suykens Brent	99 SPBO	48.90
3	151 Van Looy Lars	99 VAC	46.06
4	793 Van Riel Robbe	99 KAPE	42.96
5	149 Verbeylen Kasper	99 DCLA	41.78
6	331 Wynants Jarne	0 ACHL	38.76
7	884 Verstrepn Niels	99 LYRA	34.45
8	175 Ingelaere Jarni	0 DEIN	33.70
9	692 El Ayadi Yassin	99 OLSE	29.81
10	165 Ceulemans Jorne	99 WIBO	29.33

200m AC women heat C, D... Time :18:02

Heat:1 Wind : 1.8

1	339 Nagels Rani	95 LAT	24.33
2	3438 Baillievier Rani	98 OLSE	25.66
3	3749 Beelen Lotte	98 RCT	25.76
4	1543 Rossaert Isaura	92 ACW	26.42
5	3742 Hanssens Marie	98 ACHL	26.82
6	3544 Degreve Robin	97 OEH	26.82

200m AC women heat C, D... Time :18:02

Heat:2 Wind : 0.8

1	3322 Nijs Bo	97 ATLA	26.02
2	204 Rutsaert Regine	95 DCLA	26.27
3	713 Badji Jalika	RESC 26.48	
4	859 Janssens Marijne	93 SGOL	26.63
5	1164 Meert Cynthia	89 LAT	26.77

200m AC women heat C, D... Time :18:02

Heat:3 Wind : 1.1

1	1355 Claes Jente	92 BVAC	26.87
2	9636 Bardoel Eline	95 NED	27.48
3	85 Rombouts Eline	99 DUFF	27.51
4	837 Laporte Morgan	0 AVZK	27.69
5	416 De Clerck Silke	96 VOLH	27.76

200m AC women heat C, D... Time :18:02

Heat:4 Wind : 0.7

1	9646 De Rond Judith	93 NED	27.13
2	69 Kegels Hanne	99 GRIM	28.04
3	3174 Claus Ellen	97 AVMO	28.14
4	3824 Vermeiren Margot	97 DCLA	28.55
5	935 Ceulemans Marlies	93 WIBO	29.50
6	3108 Meyvaert Carlien	97 DCLA	30.26

200m AC women heat C, D... Time :18:02

Heat:5 Wind : 0.4

1	187 Bula Bula Rachel Nigwela.	0 VMOL	28.47
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2	3183	De Dobbelaere Joke	98	DUFF	28.72
3	3591	Beelaerts Nikita	98	SPBO	29.00
4	9721	Michiels Lesley	0	BEL	30.53
5	3193	Schaerlaeckens Lara	98	SPBO	30.67

200m AC women heat C, D... Time :18:02

Heat:6 Wind : -0.6

1	3300	Bauwens Lore	97	ACME	26.59
2	279	Loyens Edith	99	ATLA	27.47
3	640	Kassianoff Sylvie	RESC	27.80	

200m AC men heat C, D... Time :18:38

Heat:1 Wind : 0.3

1	2975	Fall Samba	WS	21.98	
2	3018	Ennamir Moussine	WS	22.47	
3	3054	Taton Hugues	ACLO	22.55	
4	198	Eerdekens Sam	96	DALO	22.59
5	2468	Van De Sande Alessandro	97	OB	22.73
6	1994	Hendrikx Joren	83	ZWAT	22.97

200m AC men heat C, D... Time :18:38

Heat:2 Wind : -0.3

1	124	Muermans Maxim	96	ATLA	22.58
2	2281	Stroobants Jori	89	VITA	22.84
3	9607	Colard Alexandre	92	FRA	22.99
4	9645	De Groot Dennis	83	NED	23.07
5	9989	Teunisse Bram	NED	23.33	
6	2529	Leflot Tyron	97	LYRA	23.38

200m AC men heat C, D... Time :18:38

Heat:3 Wind : 0.5

1	1065	Roels Gianni	99	STAX	22.75
2	9608	Devestele Maxime	94	FRA	23.09
3	9615	Mannechez Anatole	92	FRA	23.18
4	9707	Witteveen Jeroen	89	NED	23.20
5	9605	Burny Romain	88	FRA	24.60
	9990	Bien Rutger	NED	DNS	

200m AC men heat C, D... Time :18:38

Heat:4 Wind : 0.5

1	2327	Loyens Dennis	97	ATLA	23.04
2	1035	Motmans Glenn	94	AVT	23.16
3	5819	Provo Tom	78	LYRA	23.31
4	1011	Raets Glenn	89	ACHL	23.44
5	9687	Taytelbaum Sergio	85	NED	23.75
	3362	Urbain Hugo	CABW	DNS	

200m AC men heat C, D... Time :18:38

Heat:5 Wind : 1.6

1	1048	Van Den Bergh Sven	99	RAM	23.14
2	450	Bras Tuur	99	OEH	23.25
3	9671	Lammers Beer	95	NED	23.30
4	863	Nijs Gaston	RESC	23.44	
5	9654	Domin Tristan	88	NED	24.03
6	2770	Grietens Jan	97	LYRA	24.07

200m AC men heat C, D... Time :18:38

Heat:6 Wind : 0.4

1	214	Segers Senne	95	LYRA	23.48
2	895	Puku-Toko Christian	RESC	23.53	
3	2450	Gybels Niels	90	LYRA	23.59
4	5942	Decatelle Kris	75	AVLO	23.68
5	9604	Bourguignon Harry	71	FRA	24.03
6	9621	Rome Pierre	72	FRA	24.15

200m AC men heat C, D... Time :18:38

Heat:7 Wind : 0.3

1	2488	Roesems Lennard	87	DCLA	24.45
2	1995	Vandenbergh Wouter	88	ZWAT	24.67
3	2983	Devos Michel Andre	98	ACHL	24.93
4	466	Jbiri Marouan	96	LYRA	25.39
5	1359	Aerts Bram	87	ATAC	25.74
6	9619	Pascaud Victor	90	FRA	26.00

200m AC men heat C, D... Time :18:38

Heat:8 Wind : 0.9

1	2443 Pint Ruben	98 OEH	24.72
2	2386 Maes Stijn	98 LIER	25.03
3	624 Rottiers Lani	99 LIER	25.14
4	3411 Zenflour Mouad	RESC 25.42	
5	2881 El Moukhtari Atif	98 BRAB	25.45
6	205 Bevan Billy*	99 VMOL	25.66

200m AC men heat C, D... Time :18:38

Heat:9 Wind : 0.0

1	121 Masure Michel	99 SPBO	26.04
2	958 Vankelecom Bram	99 GRIM	26.04
3	802 Wuyts Hannes	0 LYRA	26.62
4	503 Dehertogh Arne	99 SPBO	29.78
5	326 Vlassenbroeck Liam	0 ACHL	30.21

200m AC men heat C, D... Time :18:38

Heat:10 Wind : 2.2

1	2989 De Kinder Jan	97 LIER	24.16
2	2379 Vriens Arne	97 ABES	27.32
3	915 Van Praet Sybren	99 SPBO	28.72
4	523 Vermeiren Jef	0 ACHL	29.92

High jump cad girls Time :18:39

Heat:1

1	3258 Vandenreijken Jessica	98 VMOL	1.63
2	3558 Mortiers Lio	98 AVKA	1.60
3	3381 Helsen Elise	98 ACHL	1.60
4	1280 Bodart Ombeline	BBS 1.57	
5	3257 Van Oosterwyck Lotte	98 AVZK	1.51
6	3139 Van Hoogten Marie	98 AVZK	1.51
7	483 De Wit Lies	0 LOOI	1.51
8	1357 Jacquemart Lise	BBS 1.48	
9	688 Hartmann Iris	99 STAX	1.48
10	492 Willems Eve	0 VAC	1.45
10	64 Vandervelden Marie	0 SACN	1.45
12	763 De Brandt Naomi	99 LYRA	1.45
13	189 Jansen Jana	99 VMOL	1.45
14	719 Hargreaves Charlotte	0 ZWAT	1.40
15	53 Van Petegem Kelly	99 RCG	1.40
16	284 Vanhoof Loes	99 ATLA	1.35
17	100 Peeters Laura	0 SPBO	1.35
18	3573 Wolfcarius Theresa	98 STAX	1.30

800m AC women heat A, B Time :18:50

Heat:1

1	1284 Cools Nele	89 BRAB	2:20.55
2	87 De Smet Michele	99 DUFF	2:22.25
3	9652 Den Herder Astrid	85 NED	2:22.41
4	867 Carlier Bo	99 OEH	2:22.71
5	1901 De Meulemeester Nadège	CABW 2:25.10	
6	250 Smolders Liselot	99 ROBA	2:25.28
7	1515 Deswaef Mathilde	BEL 2:25.58	
8	4016 Draux Céciline	CABW 2:25.78	
9	1450 Mathieu Camille	FCHA 2:27.57	
	348 Hanssens Annelies	95 ACHL	DNF

800m AC women heat A, B Time :18:50

Heat:2

1	988 Lauwers Sofie	91 RAM	2:10.66
2	814 Vangansbeke Zenobie	92 ACME	2:15.16
3	1908 Jacobs Charlotte	RCB 2:16.32	
4	1185 Van Doninck Janna	90 ACHL	2:16.77
5	3116 Dockx Lieze	97 BONH	2:18.02
6	1846 Bihain Amélie	BEL 2:18.65	
7	1261 Corstjens Erika	89 AVT	2:20.18
8	1927 Chylinski Marta	RCAS 2:20.30	
9	9609 Devestele Sophie	94 FRA	2:21.91
	347 Van Hoeck Ine	96 ACHL	DNF

Long jump cad boys Time :18:54

Heat:1

1	230 Obasuyi Michael	99 HCO	6.27	+0.0
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2	611 Kerkhofs Dries	99 GENK	6.05	+1.1
3	316 Verherstraeten Simon	99 LYRA	5.86	+0.9
4	151 Van Looy Lars	99 VAC	5.67	+0.1
5	793 Van Riel Robbe	99 KAPE	5.66	+1.1
6	1626 Wlodawer Alex	97	5.63	+0.2
7	58 Van Hove Arne	99 ACHL	5.57	+0.8
8	331 Wynants Jarne	0 ACHL	5.53	+1.0
9	141 Preaux Maxim	99 ABES	5.08	-0.1
10	884 Verstrepen Niels	99 LYRA	5.03	+1.6
11	60 Marien Sverre	0 ACHL	4.69	-0.6
12	635 Tuezney Jeroen	99 AVKA	4.55	+0.6
13	722 Cornelis Ben	99 AVKA	4.35	+0.2
14	523 Vermeiren Jef	0 ACHL	4.30	+0.0
15	326 Vlassenbroeck Liam	0 ACHL	4.01	+0.5
	320 Spiessens Yentl	99 LYRA	NM	+0.0

800m AC men heat A, B Time :18:56

Heat:1

1	2740 Lemouche Lindert	97 LYRA	1:59.90
2	976 Vertommen Filip	89 BONH	2:00.11
3	3025 Delvoie Maxime	CSDY 2:01.28	
4	2995 Piette Gaetan	CABW 2:02.27	
5	323 Geens Jonas	99 ACHL	2:02.33
6	4475 Grymonpon Joost	69 ROBA	2:03.12
7	9 De Winter Brent	96 AVZK	2:03.24
8	9717 Cunningham Jeff	82 GBR	2:10.52
	399 Op De Beeck Frederic	95 ACHL	DNF

800m AC men heat A, B Time :18:56

Heat:2

1	9691 Van Der Ham Bob	89 NED	1:49.09
2	9682 Schletterer Sebastien	72 NED	1:52.75
3	1017 Verbiest Maarten	82 ACHL	1:52.80
4	1021 Verbiest Thomas	88 ACHL	1:53.75
5	2308 Vermeulen Jochem	98 KAPE	1:55.30
6	1020 Thys Thomas	84 ACHL	1:56.04
7	1012 Bierinckx Vincent	90 ACHL	1:56.70
8	3385 Lonneux Oussama	RFCL 1:57.84	
9	2600 Jamli Tarik	WS 1:57.92	
10	1371 Megens Jef	88 ARAC	1:57.96
11	2190 Vriens Lukas	89 ACHL	1:58.23
12	2934 Verschaeren Pieter-jan	97 LYRA	2:06.21
	2324 Van De Voorde Gerben	90 ACW	DNF

800m wheelers mixed Time :19:04

Heat:1

1	9724 Stefan Groen	88 NED	2:00.03
2	3506 Vervoort T52 Marieke	79 LYRA	2:13.19
3	9676 Pijs Bart	83 NED	2:15.42
4	9683 Henk Schuiling	83 NED	2:15.97
5	9665 Luna Jansen	96 NED	2:55.61
6	9722 Peter Genyn	76 BEL	3:04.06

Discus throw cad girls (1.00kg) Time :19:09

Heat:1

1	100 Peeters Laura	0 SPBO	28.93
2	45 Van Hooghten Lauranne	99 ACHL	25.86
3	1113 Vlummens Jennifer	0 ROBA	24.50
4	144 Croes Eline	99 DUFF	23.16
5	836 De Ceulaer Julie	99 ABES	22.49
6	723 Nauwelaers Anthe	0 ZWAT	22.03
7	758 Thijssen Loeka	99 ACW	19.87
8	675 Daems Lotte	0 ZWAT	19.29

Discus throw sch girls (1.00kg) Time :19:10

Heat:1

1	3191 Peeters Nele	97 SPBO	36.31
2	3230 Timmerman Larissa	98 DEIN	32.07
3	3298 Lindemans Lisemarie	97 ROBA	27.47
4	3609 De Brandt Alyssa	97 LYRA	23.53

Shot put JSM women (4.00kg) Time :19:11

Heat:1

1	9680 Riemens Marieke	86 NED	13.40
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2	236 De Pauw Yoika	95 STAX	13.38
3	3484 Verlinden Sophie	79 WIBO	13.38
4	289 Lyssens Katelijne	95 ROBA	12.83
5	9706 Wisse Vera	84 NED	11.63
6	1236 Marynissen Elies	94 AVKA	10.56

100m AC women heat A, B Time :19:17

Heat:1 Wind : 0.5

1	177 Missinne Sarah	95 KAAG	12.11
2	379 Mehuys Elise	95 LYRA	12.20
3	9639 Boogerd Marijke	97 NED	12.30
4	369 Bauwens Laures	99 RCG	12.34
5	74 Claus Hanne	99 AVMO	12.40
6	9635 Baltes Debbie	96 NED	12.51
	9697 Van Petersen Nancy	92 NED	DNS

100m AC women heat A, B Time :19:17

Heat:2 Wind : 0.5

1	9694 Van Der Meij Femke	85 NED	11.98
2	9663 Hovenkamp Eva	96 NED	12.11
3	9705 Williams Suzanne	93 NED	12.11
4	9659 Hagen Anouk	90 NED	12.21
5	9624 Frewer Christina	86 GER	12.22
	9696 Van Hunenstijn Marije	95 NED	DNS
	688 Leprince Laura	95	DNS
	3537 Beaucarne Chloe	97 DEIN	DNS

100m AC men heat A, B Time :19:22

Heat:1 Wind : 2.4

1	9699 Van Vugt Gaard	93 NED	10.70
2	9655 Douma Marvin	93 NED	10.71
3	1278 Broothaerts Mathias	94 LYRA	11.03
4	1876 De Borger Dario	92 ROBA	11.26
	2191 Van Hecke Christophe	91 EA	DIS

100m AC men heat A, B Time :19:22

Heat:2 Wind : 1.8

1	9623 Ernst Sebastian	86 GER	10.40
2	9714 Sesay Adel	90 SLE	10.76
3	410 Rossaert Michael	95 ACW	10.83
4	2196 Meyer Yannick	88 ACW	10.89
5	9638 Bont Jules	94 NED	10.91
6	2096 Van Den Hende Mulamba	84 ACME	10.95

High jump JSM men Time :19:45

Heat:1

1	165 Verdonck Emile	95 AZW	1.99
2	2224 Peeters Arne	90 LYRA	1.96
3	1493 Devrieze Ruben	92 AVKA	1.93
4	1751 Jacobs Brett	94 ADD	1.93
5	2149 Verduyn Sander	89 AVKA	1.90
6	9650 Dekker Sjoerd	92 NED	1.85
7	9698 Van Veen Joris	95 NED	1.85

1500m AC men heat A, B Time :19:48

Heat:1

1	2753 Cardillo Joachim	RFCL	3:50.14	
2	1237 De Wulf Steven	88 RIEM		3:51.05
3	2623 Coentyn Louis	DAMP	3:53.32	
4	2556 Fintolini Dorian	RFCL	3:54.08	
5	1482 Van Schoubroeck Jonas	92 ARAC		3:55.00
6	9656 Floris Ricardo	91 NED		3:59.06
7	9704 Weinans Valentijn	95 NED		3:59.58
8	1002 Van Waeyenberghe Yelle	86 ATAC		4:01.46
9	2022 Van Peborgh Nick	84 ACBR		4:01.88
10	1079 De Bock Tomas	86 KAAG		4:02.37
11	3018 Boulvin Dorian	CABW	4:06.44	
	399 Op De Beeck Frederic	95 ACHL		DNF
	3076 Soughou Yassine	RCAS	DNF	
	1292 Prims Jo	84 ACHL		DNF

1500m AC men heat A, B Time :19:48

Heat:2

1	9709 Abukaber Ali Kamel	83 QAT	3:40.80
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2	9628 Rotich Benjamin	93 KEN	3:44.74
3	9711 Maaz Abdelraham Shagag	91 QAT	3:44.85
4	9710 Hisham Salah Mohamed	94 QAT	3:45.29
5	9674 Nouws Mark	90 NED	3:45.61
6	1653 Lunders Mats	91 LYRA	3:47.41
7	9695 Van Eekelen Roy	95 NED	3:48.13
8	9603 Bernard Pierrick	92 FRA	3:54.76
9	9613 Hesschentier Romain	85 FRA	3:57.60
	9677 Ploeger Wouter	92 NED	DNF
	2324 Van De Voorde Gerben	90 ACW	DNF
	1013 Van Den Bossche Brian	89 ACHL	DNF

Long jump JSM women Time :19:56

Heat:1					
1	924 Van Hertem Kim	86 DALO	5.90	+1.8	
2	9992 Amenebecke Rosina	GHAN 5.85	+0.6		
3	338 Vidts Noor	96 VAC	5.70	-0.2	
4	188 Blommaert Kim	95 VOLH	5.63	+1.1	
5	1382 Van Leuven Wendy	86 AVKA	5.31	+1.1	
6	9678 Pols Jiska	96 NED	5.16	+1.3	
7	9690 Van Den Heuvel Ingrid	96 NED	4.99	+0.7	
8	1277 Verduyn Karlien	86 AVKA	4.99	+1.4	
9	1408 De Prijck Karen	93 ABES	4.69	+4.0	4.56m 0.2
10	18 Van Hal Shauni	95 ACHL	4.56	+0.8	
	935 Ceulemans Marlies	93 WIBO	NM	+0.0	

400m AC women heat A, B Time :19:59

Heat:1			
1	9718 Cyrus Tania-Cyrena	86 GBR	59.19
2	2066 Leprince Audrey	DAMP 59.25	
3	9646 De Rond Judith	93 NED	60.47
4	1004 Van Hooydonck Annelies	92 KAPE	60.62
5	9678 Pols Jiska	96 NED	62.15
6	1889 Tabatabai Sarah	RFCL 65.72	

400m AC women heat A, B Time :19:59

Heat:2			
1	339 Nagels Rani	95 LAT	54.06
2	130 De Coninck Nenah	96 KAAG	55.57
3	9606 Chantraine Laura	93 FRA	56.77
4	9686 Strijp Tessa	94 NED	57.17
5	3380 Pieroni Messalina	98 LOOI	57.26
6	220 Van Basselaere Lindsay	96 ACME	57.81

400m AC men heat A, B Time :20:12

Heat:1					
1	9684 Schuwer Thomas	90 NED	50.95		
2	280 Roofthoof Andreas	96 RCT	51.36		
3	1631 Cools Tim	91 BRAB	51.76		
	2477 Renders Robbe	97 ARAC	DIS		R162.6
	9645 De Groot Dennis	83 NED	DNS		

400m AC men heat A, B Time :20:12

Heat:2			
1	9700 Venema Jelle	93 NED	47.23
2	892 Badji Asamti	RESC 49.47	
3	1526 Van Herck Yoni	93 ARAC	49.57
4	9671 Lammers Beer	95 NED	51.75
5	9611 Fievet Th姉	94 FRA	52.12

1500m AC women heat A Time :20:21

Heat:1			
1	9662 Hop Roos	0 NED	4:33.76
2	3484 Van Lent Lissa	97 VOLH	4:41.89
3	836 Boonen Jolien	90 ACHL	4:46.72
4	600 Peeters Bloeme	99 AVZK	4:47.89
5	1319 Van Proeyen Karen	84 ROBA	4:48.16
6	84 Delbaen Aline	99 DUFF	4:51.77
7	1351 Dillen Katleen	79 LIER	4:55.95
8	3485 Smeets Lore	98 VOLH	4:57.73
9	1896 Beerlandt Natacha	SER 5:00.97	
	988 Lauwers Sofie	91 RAM	DNF

200m AC women heat A, B Time :20:33

Heat:1 Wind : 1.6

1	34 Hugaerts Ine	95 DUFF	25.10
2	369 Bauwens Laures	99 RCG	25.11
3	51 Bellemans Inge	95 ROBA	25.31
4	1290 Van Diest Dorien	93 OEH	25.39
5	3101 Brasseur Bo	98 DCLA	25.45
6	3578 Flossy Franne	98 RCT	25.62

200m AC women heat A, B Time :20:33

Heat:2 Wind : 1.9

1	9694 Van Der Meij Femke	85 NED	24.22
2	366 Depuydt Orphee	95 HAC	24.79
3	3802 Dillens Judith	98 EA	25.02
4	74 Claus Hanne	99 AVMO	25.47
	924 Van Hertem Kim	86 DALO	DNS
	9663 Hovenkamp Eva	96 NED	DNS

200m AC men heat A, B Time :20:33

Heat:1 Wind : 1.6

1	9623 Ernst Sebastian	86 GER	20.78
2	9655 Douma Marvin	93 NED	21.19
3	9679 Pupella Sander	93 NED	21.39
4	410 Rossaert Michael	95 ACW	21.68
5	2191 Van Hecke Christophe	91 EA	21.78
6	9700 Venema Jelle	93 NED	21.90

Discus throw jun men (1.75kg) Time :20:41

Heat:1

1	881 Quoidbuch Elias	96 DACH	41.90
2	34 Goovaerts Jens	95 DUFF	40.78
3	714 Stas Vincent	CABW 38.18	
4	791 Alaerts Martin	96 CABW	33.06
5	22 Bienens Michiel	96 ACHL	26.78

Discus throw JSM men (2.00kg) Time :20:44

Heat:1

1	961 Nys Edwin	86 DCLA	52.10
2	2337 Van Der Plaetsen Thomas	90 DEIN	44.48
3	2254 Vercammen Stijn	94 HAMM	42.35
4	2088 Truyts Timothy	89 ACBR	41.98
5	1938 Wagemans Jarno	89 HAMM	41.43
6	9979 Van der Ploeg Casper	89 NED	40.45
7	1820 Van Campenhout Jannick	91 AVKA	40.04
8	2171 Van Campenhout Jordi	88 AVKA	36.74
9	9708 Syzdek Mariusz	89 POL	32.19

High jump JSM women Time :20:46

Heat:1

1	236 De Pauw Yoika	95 STAX	1.59
2	18 Van Hal Shauni	95 ACHL	1.50
2	9693 Van Der Maas Astrid	96 NED	1.50

400mH JSM men Time :20:50

Heat:1

1	2772 Parisis Jean-Loup	DS 56.47	
2	9698 Van Veen Joris	95 NED	57.28
3	2197 Deberdt Daan	88 RCG	58.47

400mH sch boys Time :21:00

Heat:1

1	2670 Owusu Dylan	97 RCG	55.03
2	2945 Van Dyck Jorn	98 ACHL	58.89
3	2131 Jacobs Sven	97 EA	60.73
4	3318 Dallemagne Dorsan	RIWA 62.86	

400mH sch boys Time :21:00

Heat:2

1	2145 Boutsen Bart	98 AVT	60.85
2	2634 Verbeke Pieter	97 STAX	61.33
	9644 De Boer Floris	97 NED	DNF

400mH sch-JSM women Time :21:08

Heat:1

1	9664 Husslage Marlieke	86 NED	61.01
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2	9629 Reuland Kim	87 LUX	61.91
3	3137 Vandenhove Lore	97 AVZK	65.74
4	1263 De Win Dinja	91 DAC	68.58

400mH sch-JSM women Time :21:08

Heat:2

1	3608 Swinnen Moran	97 LYRA	68.72
2	9616 Mary Anais	82 FRA	73.69
3	3216 Philips Lotte	97 SPBO	78.89
	9637 Bergamin Susan	97 NED	DNS

Long jump JSM men Time :21:11

Heat:1

1	9999 Robert Martey	84 GHA	7.77	+0.9
2	1901 Vanmulder Jeroen	91 DAC	7.73	+1.9
3	2892 Stempnick Nicolas	DS 7.52	+1.8	
4	1278 Broothaerts Mathias	94 LYRA	7.39	+1.8
5	9685 Stieglis Yoeri	90 NED	7.11	+2.0
6	714 Stas Vincent	CABW 6.98	+0.8	
7	9991 Van Kesteren Jelle	NED 6.75	+2.2	6.62m 2.0
8	9980 Townsend Fred	USA 6.71	+0.3	
9	170 Seutin Bernard	95 LYRA	6.65	+0.8
10	1209 Versmissen Bart	87 VMOL	6.39	+0.9
11	1359 Aerts Bram	87 ATAC	5.75	+1.2

Pole vault AC mixed (PB > 3m70) Time :21:14

Heat:1

1	9673 Meeuse Milan	94 NED	4.81
2	1650 Pittomvils Niels	92 LOOI	4.71
3	3248 Nolf Maxime	RIWA 4.21	
4	2237 Ingelaere Brian	97 DEIN	4.21
5	22 Bienens Michiel	96 ACHL	4.21
6	2118 Van Nuffelen Thomas	98 AVZK	4.11
7	2739 Vlaminckx Sander	97 LYRA	4.11
8	173 Vanlierde Jorg	99 DEIN	4.01
9	1209 Versmissen Bart	87 VMOL	4.01
10	3014 Bodart Robin	BBS 3.81	
11	1483 Vercauteren Anouk	92 ZELE	3.61
12	9661 Heymans Killiana	97 NED	3.41
	494 Van Damme Matisse	95 ZELE	NM
	704 Quirin Margaux	RESC NM	
	363 De Vocht Elien	95 AVZK	NM

300mH cad girls Time :21:18

Heat:1

1	522 Claeys Eline	0 ATLA	47.88
2	182 Horemans Jana	99 VMOL	47.90
3	1357 Jacquemart Lise	BBS 48.85	
4	954 Staelens Emma	99 HAC	51.24

300mH cad girls Time :21:18

Heat:2

1	935 Steenmans Jitse	0 LYRA	49.44
2	189 Jansen Jana	99 VMOL	51.32
3	990 Christiaensen Hanne	0 LIER	51.93
4	851 Wuyls Katrijn	99 LYRA	57.97

300mH cad boys Time :21:20

Heat:1

1	316 Verherstraeten Simon	99 LYRA	41.89
2	1822 Ghuys Dimitri	USBW 43.00	
3	279 Van Buggenhout Jarne	99 SPBO	43.46
4	83 Van De Velde Tim	0 DUFF	43.97
5	320 Spiessens Yentl	99 LYRA	44.69
6	884 Verstrepn Niels	99 LYRA	46.33

Javelin throw JSM men (800g) Time :21:26

Heat:1

1	1945 Meeus Hans	92 DUFF	61.61
2	117 Van Hooydonck Pieter	96 KAPE	53.96
3	446 Meeusen Dries	96 ABES	52.93
4	9640 Braker Koen	95 NED	51.65

800m AC women heat C, D... Time :21:37

Heat:1

1	9678	Pols Jiska	96	NED	2:23.76
2	1450	Van Meir Marie	SER	2:25.11	
3	1913	Moukrime Hajar	HF	2:28.20	
4	930	Van Kerkhoven Debbie	89	ROBA	2:28.49
5	374	Vets Melissa	0	DUFF	2:30.61
6	28	Lenaerts Lorane	99	ATAC	2:31.52
7	1334	Jennen Victoria	SER	2:31.74	
8	171	Van Herck Yinthe	95	ARAC	2:49.08
9	3384	Lauwers Antje	98	DUFF	2:52.24
10	3118	Lambrechts Christel	97	BONH	3:10.22

Triple jump JSM men Time :21:42

Heat:1

1	2014	De Herdt Gorik	90	AVKA	12.35	+2.2	12.28m	1.7
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Discus throw JSM women (1.00kg) Time :21:44

Heat:1

1	9627	Boldrini Simona	86	ITA	44.35
2	9706	Wisse Vera	84	NED	39.90
3	1320	Govaerts Sofie	90	LOOI	36.90
4	289	Lyssens Katelijne	95	ROBA	36.39
5	105	Francken Margaux	95	LYRA	29.44
6	1208	Van De Voorde Freya	90	HAKI	29.44
7	9690	Van Den Heuvel Ingrid	96	NED	28.07
8	9693	Van Der Maas Astrid	96	NED	26.32

800m AC men heat C, D... Time :21:44

Heat:1

1	3127	Pierard Ralph	UAC	2:01.02	
2	1822	Smolders Jo	94	GENK	2:01.17
3	9998	Ernest Tim	NED	2:01.80	
4	1164	Eysackers Rik	91	WIBO	2:01.98
5	2657	Ons Vincent	98	LIER	2:02.63
6	930	Cheddad Mourad	RFCL	2:02.77	
7	974	Van Belle Glenn	93	BONH	2:03.19
8	9612	Guillaume Colin	95	FRA	2:03.22
9	1679	Da Silva Lucas	RFCL	2:03.99	
10	651	Lofgren Bjarne	99	ABES	2:04.45
11	5989	Van Opstal Jeroen	79	RAM	2:05.51
12	2387	Meeus Wouter	97	LIER	2:09.23

800m AC men heat C, D... Time :21:44

Heat:2

1	23	Peeters Dries	99	ACBR	2:03.19
2	1490	Draux Axel	CABW	2:03.88	
3	2559	Van Tichelt Gilian	97	ACHL	2:06.64
4	2929	Fatihli Ilias	98	ATLE	2:08.88
5	9692	Van Der Linde Arne	0	NED	2:10.23
6	1143	Rondas Tom	79	ABES	2:12.95
7	854	Vanluchene Otto	99	LYRA	2:15.68
8	851	Gurny Siemen	99	LYRA	2:16.60
9	1700	Paque Antoine	SER	2:25.13	

800m AC men heat C, D... Time :21:44

Heat:3

1	17	Keuleers Joren	0	BONH	2:23.63
2	59	Boeckx Stefan	0	ACHL	2:24.88
3	536	Mols Senne	0	ACHL	2:26.59
4	459	Vervoort Cedric	99	ACHL	2:29.29
5	15	Govaert Tomas	0	BONH	2:31.27
6	65	Van Dyck Wies	0	ACHL	2:34.47
7	64	Van Dyck Rinus	0	ACHL	2:35.68
8	343	Van Gool Stef	0	ACHL	2:35.94

Shot put SM men (7.26kg) Time :21:47

Heat:1

1	2220	Goetheer Remco*	92	OLSE	17.04
2	9978	Kruishof Thierry	NED	16.21	
3	1938	Wagemans Jarno	89	HAMM	15.09
4	1820	Van Campenhout Jannick	91	AVKA	13.60
5	2337	Van Der Plaetsen Thomas	90	DEIN	13.54
6	2171	Van Campenhout Jordi	88	AVKA	13.52
7	9708	Syzdek Mariusz	89	POL	11.88

Shot put jun men (6.00kg) Time :21:49

Heat:1

1	34	Goovaerts Jens	95	DUFF	14.75
2	108	Van Waes Brecht	95	AVLO	14.71
3	881	Quoidbuch Elias	96	DACH	14.09
4	313	Van Hoye Joris	96	LYRA	12.43
5	791	Alaerts Martin	96	CABW	12.16
6	22	Bienens Michiel	96	ACHL	9.97

1500m AC women heat B, C... Time :22:01

Heat:1

1	559	Lahey Leonie	0	VOLH	5:00.69
2	37	Swannet Laura	99	ATAC	5:01.45
3	952	Bruwier Elke	91	AVMO	5:02.53
4	4148	Maroye Charlotte	BEL	5:26.40	

Javelin throw JSM women (600g) Time :22:07

Heat:1

1	406	Van Den Brulle Kato	96	ALVA	49.92
2	9680	Riemens Marieke	86	NED	35.92
3	236	De Pauw Yoika	95	STAX	35.80

1500m AC men heat C, D... Time :22:13

Heat:1

1	310	De Backer Manuel*	96	ESAK	4:00.52
2	1437	Van Herck Yirco	94	ARAC	4:01.21
3	2869	Debouck Matthieu	UAC	4:02.60	
4	916	Darrazi Younes	USBW	4:03.46	
5	1310	Schauwaers Kevin	86	ACHL	4:03.76
6	1861	Dejonghe Maarten	81	ATLE	4:03.88
7	9720	Abdessamad Asri	84	BEL	4:03.89
8	2762	Waliwender Simon	MOHA	4:04.19	
9	6029	Van Damme Steve	79	RCG	4:04.46
10	2346	Aoura Anass	93	OLSE	4:05.17
11	698	Maroye Nicolas	CABW	4:05.51	
12	1280	Nackaerts Kristof	92	LYRA	4:06.22
13	1655	Voorbraeck Stijn	89	LYRA	4:09.08
14	1266	Max Ruben	86	ATLA	4:09.62
15	2696	Hemelaers Laurent	SER	4:18.02	
	9717	Cunningham Jeff	82	GBR	DNS

1500m AC men heat C, D... Time :22:13

Heat:2

1	1076	Biesemans Toon	91	DUFF	4:17.39
2	9600	Anthony Puteanus	87	FRA	4:18.43
3	6470	Cruypenninck Pascal	CABW	4:18.84	
4	281	Challouki Jawad	96	OLSE	4:22.77
5	3192	Hogne Florian	MOHA	4:24.57	
6	1702	Janssens Sven	93	ZWAT	4:24.99
7	1264	Crommen Piet	83	ATLA	4:25.16
8	1491	Cruypenninck Zakaria	CABW	4:26.94	
9	2479	Verreect David	86	SPVI	4:27.95
10	1656	Vets Gert	93	LYRA	4:28.13
11	1142	Kerremans Ben	92	ABES	4:30.93
12	9647	De Smit Chris	79	NED	4:36.27
13	3833	De Raet Jan	65	ROBA	4:37.91
14	1863	Oualmakran Bilal	92	ATLE	4:50.58
15	80	De Dycker Ward	99	ACBR	4:51.30

5000m JSM mixed heat C Time :22:32

Heat:1

1	9703	Weijers Sjoerd	95	NED	15:30.90
2	839	Van Leeuwen Ellen	RCG	18:25.54	
3	3191	Van Maele Heidi	78	VAC	19:09.23
	5412	Gheeraert Sven	70	VAC	DNF
	1280	Nackaerts Kristof	92	LYRA	DNS