



**Uitslag wedstrijd 16351
AAS-criterium
te Essen op 4 juni 2016**

Sportpark Hemelrijk, Moerkantsebaan, 2910 Essen



4 x 100 meter Cad Dames Uur=16:59

Reeks:1

| | | | |
|------|-----------------------|-------|------|
| 1 | AVKA | 53.71 | |
| 480 | Van De Vorst Nathalie | | |
| 479 | Sabau Evy | | |
| 377 | Callaert Jana | | |
| 476 | Bruwiere Sarah | | |
| 2 | BVAC | 54.05 | |
| 333 | De Kock Myra | | |
| 579 | Maes Renke | | |
| 146 | Mees Maite | | |
| 1012 | Kosama Eva | | |
| 3 | AVKA | 57.40 | |
| 568 | Ilegems Sarah | | |
| 7279 | Haidara Coura | | |
| 6445 | Van Dyck Emma | | |
| 378 | Vandekerckhove Kiara | | |
| 4 | LIER | 60.20 | |
| 1021 | Luyten Julie | | |
| 893 | Van De Cloudt Evelyn | | ACBR |
| 870 | Vinck Yoni | | |
| 869 | Vandepaer Emelie | | |

4 x 80 meter Min Dames Uur=16:59

Reeks:1

| | | | |
|------|---------------------|-------|------|
| 1 | BVAC | 45.12 | |
| 5866 | Udechukwu Hilary | | OLSE |
| 7135 | Konneh Bendu | | |
| 7118 | Martin Nina | | |
| 6960 | Peeters Ellen | | |
| 2 | AVKA | 47.50 | |
| 6378 | Bruynseels Isabelle | | |
| 6152 | Verbert Sofie | | |
| 6913 | Stuer Michelle | | |
| 6764 | Van Put Loranne | | |
| 3 | LIER | 48.78 | |
| 6644 | Tibax Lotte | | |
| 6815 | Mariën Kyra | | |
| 6816 | Vandepaer Hanne | | |
| 6370 | Bax Axelle | | |

4 x 80 meter Min Heren Uur=16:59

Reeks:1

| | | | |
|------|----------------------|-------|--|
| 1 | KAPE | 44.56 | |
| 4308 | Eykens Matteo | | |
| 5087 | Devisscher Lauren | | |
| 4765 | Dua Jits | | |
| 4743 | Artois Stephane | | |
| 2 | AVKA | 47.53 | |
| 4574 | De Maeyer Suus | | |
| 4880 | Jochems Seppe | | |
| 4431 | Van den Brande Senne | | |
| 4459 | Callaert Vincent | | |

| | | | |
|------|----------------------|-------|------|
| 3 | BVAC | 49.03 | |
| 4816 | Alaoui Ibrahim | | |
| 4234 | El Barbar Youssef | | |
| 4501 | Van Liefferinge Glen | | |
| 3830 | Mees Mathias | | |
| 4 | ESAK | 49.57 | |
| 4892 | Ruwisch Simon | | LIER |
| 4790 | Van De Perre Alan | | |
| 4668 | De Wit Merijn** | | |
| 5183 | Debecker Mauro | | |

4 x 80 meter Min Heren Uur=16:59
Reeks:2

| | | | |
|------|---------------------|-------|----|
| 1 | ACBR | 45.86 | |
| 4584 | Van Den Eede Joppe | | |
| 3685 | Konteh Noah | | |
| 4076 | Wildemeersch Jasper | | |
| 5188 | Seghers Louis | | |
| 2 | LIER | 49.12 | |
| 9908 | Van Beers Stijn | | NA |
| 9905 | Ackermans No'l | | NA |
| 9906 | Ackermans Rens | | NA |
| 5155 | Van Dessel Leon | | |
| 3 | KAPE | 50.89 | |
| 4439 | Vander Avert Nils | | |
| 4877 | Blomme Jarno | | |
| 4742 | Jacobs Witse | | |
| 4436 | Gysen Dries | | |
| 4 | AVKA | 53.08 | |
| 4840 | Van Goethem Thor | | |
| 4426 | De Hertogh Kobe | | |
| 4355 | Hulstaert Ferre | | |
| 4573 | Crauwels Dries | | |

4 x 60 meter Pup Heren Uur=16:59
Reeks:1

| | | | |
|------|-----------------------|-------|--|
| 1 | AVKA | 37.57 | |
| 562 | Claes Arno | | |
| 1615 | Jochems Bent | | |
| 892 | Leboda Tibo | | |
| 724 | Vandekerckhove Yoran | | |
| 2 | ESAK | 41.57 | |
| 1799 | De Ridder Rik | | |
| 8042 | Gielen Hannes | | |
| 1154 | De Winter Milan | | |
| 1690 | De La Bruyere Ward | | |
| 3 | LIER | 42.48 | |
| 1626 | Vinck Thyas | | |
| 1939 | Smout Siebe | | |
| 1354 | Leysen Lander | | |
| 1625 | Devriendt Lars | | |
| 4 | KAPE | 47.94 | |
| 1020 | Vander Avert Ben | | |
| 1018 | Gielen Stef | | |
| 818 | Van Cleuvenbergen Len | | |
| 1019 | Anthonissen Daniel | | |

4 x 60 meter Pup Heren Uur=16:59

Reeks:2

| | | | |
|------|----------------------|-------|------|
| 1 | BVAC | 38.05 | |
| 7089 | De Kock Mervyn | | |
| 1546 | Alaoui Ismail | | |
| 1093 | Jarvis Tibo | | |
| 1788 | Bala Tino | | |
| 2 | ACBR | 39.63 | |
| 529 | Venus Alexander - 81 | | |
| 2268 | Michiels Thibo | | AVKA |
| 893 | Vaerten Mats | | AVKA |
| 1658 | Leloup Tristan | | |
| 3 | AVKA | 41.77 | |
| 1284 | Loos Jarne | | |
| 1684 | Sacre Jelle | | |
| 1008 | De Hertogh Cis | | |
| 887 | Andries Robbie | | |

4 x 60 meter Pup Dames Uur=16:59

Reeks:1

| | | | |
|------|-----------------------|-------|------|
| 1 | ROBA | 34.57 | |
| 3489 | Van Vlasselaer Lotte | | |
| 4383 | Wittemans Mit | | |
| 3687 | Desaever Laure | | |
| 3474 | De Cock Gitte | | |
| 2 | KAPE | 39.29 | |
| 4132 | Blomme Ilara | | |
| 4131 | Van Aelst Amber | | |
| 3873 | Caron Hannelore | | |
| 3988 | Van Frausum Elise | | |
| 3 | ACBR | 39.54 | |
| 3275 | Roels Yana | | |
| 4241 | Smets Fleur | | |
| 2883 | Van Laer Mirthe | | |
| 3914 | Janssen Kaat | | |
| | SGOL | NA | |
| 4036 | Van De Perre Evelyn | | ESAK |
| 2941 | Lefever Lore | | |
| 4098 | Van Kerckhoven Viktor | | |
| 3209 | Willemyns Zoë | | |

4 x 60 meter Pup Dames Uur=16:59

Reeks:2

| | | | |
|------|-------------------|-------|--|
| 1 | KAPE | 37.29 | |
| 4020 | Dua Hanne | | |
| 4274 | Leys Merel | | |
| 4726 | Sebregts Ashley* | | |
| 3673 | Vander Avert Caro | | |
| 2 | BVAC | 41.39 | |
| 550 | El Barbar Mariam | | |
| 3740 | Terriijn Zuna | | |
| 4039 | Smet Chayenne | | |
| 3098 | Taelman Lola | | |

| | | |
|------|------------------------|-------|
| 3 | AVKA | 43.82 |
| 3575 | Van Tiggelen Charlotte | |
| 3667 | Michiels Zoë | |
| 767 | Melotte Jasmine | |
| 3573 | Schillemans Laura | |

4 x 60 meter Ben Heren Uur=16:59

Reeks:1

| | | |
|------|------------------|-------|
| 1 | AVKA | 42.36 |
| 7561 | Van Dorst Stan | |
| 7607 | Loos Senne | |
| 7560 | Mets Arthur | |
| 7166 | Stoop Matthias | |
| 2 | ACBR | 42.93 |
| 6592 | Suykerbuyk Axl | |
| 7134 | Kortleven Milo | |
| 7573 | Aters Jef | |
| 6591 | De Mulder Grim | |
| 3 | KAPE | 43.46 |
| 8577 | de Swerts Tijds | |
| 8240 | Van de Pas Tobe | |
| 8225 | Van de Pas Jobbe | |
| 8391 | Verstraeten Kobe | |

4 x 60 meter Ben Dames Uur=16:59

Reeks:1

| | | | |
|------|--------------------|-------|------|
| 1 | BVAC | 39.50 | |
| 1379 | Bala Lize | | |
| 1359 | Idrisa Moza* | | |
| 1223 | Lumbeeck Sanne | | |
| 318 | Prijck Caroline | | |
| 2 | ESAK | 44.79 | |
| 1238 | Kempen Eline | | LIER |
| 1014 | Tindemans Mila | | LIER |
| 1013 | De Bie Maité | | LIER |
| 886 | De Winter Eline | | |
| 3 | KAPE | 46.61 | |
| 9902 | Verelst Tinne | | NA |
| 771 | Vander Avert Inne | | |
| 770 | Vander Avert Hanne | | |
| 1766 | Verbruggen Amber | | |

hoogspringen Cad Heren Uur=14:53

Reeks:1

| | | | | | |
|----|------|--------------------|------|-------|----|
| 1 | 379 | Kortleven Renzo | ACBR | 1.50m | 02 |
| 2 | 752 | Van Zele Bart | KAPE | 1.45m | 01 |
| 3 | 528 | Mariën Yenthe | KAPE | 1.40m | 01 |
| 4 | 520 | Vander Avert Jens | KAPE | 1.35m | 02 |
| 5 | 1000 | Van Elsacker Dries | LIER | 1.35m | 02 |
| 6 | 600 | Geussens Robbe | ESAK | 1.35m | 02 |
| 6 | 1024 | Philips Brent - 81 | KAPE | 1.35m | 02 |
| 8 | 335 | De Deckker Daan | ACBR | 1.35m | 02 |
| 9 | 9908 | Van Beers Stijn | NA | 1.30m | 00 |
| 10 | 65 | Suykerbuyk Renzo | ACBR | 1.25m | 02 |

verspringen Ben Heren Uur=15:01

Reeks:1

| | | | | | |
|----|------|----------------------|------|-------|----|
| 1 | 7561 | Van Dorst Stan | AVKA | 3.51m | 07 |
| 2 | 7573 | Aters Jef | ACBR | 3.18m | 07 |
| 3 | 7089 | De Kock Mervyn | BVAC | 3.16m | 07 |
| 4 | 7166 | Stoop Matthias | AVKA | 3.11m | 07 |
| 5 | 6591 | De Mulder Grim | ACBR | 3.04m | 07 |
| 6 | 7607 | Loos Senne | AVKA | 3.02m | 08 |
| 7 | 8391 | Verstraeten Kobe | KAPE | 2.91m | 08 |
| 8 | 9907 | Van Der Schoot Rick | NA | 2.87m | 00 |
| 9 | 8042 | Gielen Hannes | ESAK | 2.82m | 07 |
| 10 | 9910 | Vaudo Enzo | NA | 2.82m | 00 |
| 11 | 8225 | Van de Pas Jobbe | KAPE | 2.77m | 08 |
| 12 | 8577 | de Swerts Tijs | KAPE | 2.75m | 07 |
| 13 | 7134 | Kortleven Milo | ACBR | 2.72m | 07 |
| 14 | 8240 | Van de Pas Tobe | KAPE | 2.66m | 08 |
| 15 | 9903 | Van Dyck Lander | NA | 2.66m | 00 |
| 16 | 7912 | Van Aelst Ruben - 81 | KAPE | 2.60m | 07 |
| 17 | 7677 | Tindemans Junes | LIER | 2.30m | 08 |
| 18 | 7560 | Mets Arthur | AVKA | 2.16m | 08 |
| 19 | 6592 | Suykerbuyk Axl | ACBR | 2.12m | 08 |

speerwerpen 500g Cad Dames Uur=17:05

Reeks:1

| | | | | | |
|----|------|-----------------------|------|--------|----|
| 1 | 476 | Bruwiere Sarah | AVKA | 28.72m | 02 |
| 2 | 298 | Van den Bossche Evy | AVKA | 25.70m | 02 |
| 3 | 870 | Vinck Yoni | LIER | 21.40m | 02 |
| 4 | 1012 | Kosama Eva | BVAC | 17.97m | 02 |
| 5 | 378 | Vandekerckhove Kiara | AVKA | 15.65m | 01 |
| 6 | 479 | Sabau Evy | AVKA | 15.60m | 02 |
| 7 | 480 | Van De Vorst Nathalie | AVKA | 15.44m | 02 |
| 8 | 893 | Van De Cloodt Evelyn | ACBR | 15.13m | 01 |
| 9 | 1021 | Luyten Julie | LIER | 14.75m | 01 |
| 10 | 377 | Callaert Jana | AVKA | 14.75m | 01 |
| 11 | 333 | De Kock Myra | BVAC | 11.10m | 02 |
| 12 | 869 | Vandepaer Emelie | LIER | 10.76m | 02 |
| | 568 | Ilegems Sarah | AVKA | GP | 01 |

discuswerpen 0,600kg Pup Heren Uur=17:09

Reeks:1

| | | | | | |
|----|------|-----------------------|------|--------|----|
| 1 | 1019 | Anthonissen Daniel | KAPE | 26.39m | 05 |
| 2 | 1018 | Gielen Stef | KAPE | 18.41m | 06 |
| 3 | 529 | Venus Alexander - 81 | ACBR | 15.07m | 05 |
| 4 | 1020 | Vander Avert Ben | KAPE | 15.03m | 06 |
| 5 | 1690 | De La Bruyere Ward | ESAK | 13.91m | 05 |
| 6 | 1266 | Luyts Elias | SGOL | 13.12m | 05 |
| 7 | 888 | Berben Rhune | AVKA | 13.08m | 05 |
| 8 | 818 | Van Cleuvenbergen Len | KAPE | 13.02m | 05 |
| 9 | 1093 | Jarvis Tibo | BVAC | 12.98m | 05 |
| 10 | 1546 | Alaoui Ismail | BVAC | 12.74m | 06 |
| 11 | 892 | Leboda Tibo | AVKA | 12.72m | 06 |
| 12 | 1008 | De Hertogh Cis | AVKA | 12.61m | 06 |
| 13 | 1615 | Jochems Bent | AVKA | 12.43m | 05 |
| 14 | 1625 | Devriendt Lars | LIER | 11.31m | 06 |
| 15 | 1684 | Sacre Jelle | AVKA | 11.29m | 06 |

| | | | | | |
|----|------|----------------------|------|--------|----|
| 16 | 562 | Claes Arno | AVKA | 11.12m | 05 |
| 17 | 893 | Vaerten Mats | AVKA | 10.92m | 06 |
| 18 | 1855 | Verboven Elias | ACBR | 10.88m | 06 |
| 19 | 1284 | Loos Jarne | AVKA | 10.39m | 06 |
| 20 | 1626 | Vinck Thyas | LIER | 10.06m | 06 |
| 21 | 1799 | De Ridder Rik | ESAK | 9.99m | 05 |
| 22 | 2268 | Michiels Thibo | AVKA | 9.95m | 06 |
| 23 | 1658 | Leloup Tristan | ACBR | 9.76m | 06 |
| 24 | 1154 | De Winter Milan | ESAK | 9.68m | 06 |
| 25 | 724 | Vandekerckhove Yoran | AVKA | 9.30m | 05 |
| 26 | 1354 | Leysen Lander | LIER | 9.30m | 05 |
| 27 | 1267 | Luyts Nathan | SGOL | 8.77m | 06 |
| 28 | 1888 | Van Elsacker Siebe | LIER | 8.64m | 06 |
| 29 | 1939 | Smout Siebe | LIER | 7.79m | 05 |
| 30 | 9904 | Lieshout Tjeerd | NA | 7.36m | 00 |
| | 1788 | Bala Tino | BVAC | GP | 05 |
| | 887 | Andries Robbie | AVKA | NG | 06 |

kogelstoten 2,000kg Min Dames Uur=17:11

Reeks:1

| | | | | | |
|----|------|---------------------|------|--------|----|
| 1 | 5866 | Udechukwu Hilary | OLSE | 10.44m | 03 |
| 2 | 9909 | Haest Lotte | NA | 10.30m | 00 |
| 3 | 6378 | Bruynseels Isabelle | AVKA | 9.35m | 03 |
| 4 | 7135 | Konneh Bendu | BVAC | 9.29m | 04 |
| 5 | 6764 | Van Put Loranne | AVKA | 9.28m | 03 |
| 6 | 6644 | Tibax Lotte | LIER | 9.25m | 03 |
| 7 | 6960 | Peeters Ellen | BVAC | 8.34m | 03 |
| 8 | 6975 | Van Doninck Daphne | ACBR | 7.83m | 04 |
| 9 | 6370 | Bax Axelle | LIER | 7.75m | 03 |
| 10 | 7279 | Haidara Coura | AVKA | 7.65m | 03 |
| 11 | 6152 | Verbert Sofie | AVKA | 7.46m | 03 |
| 12 | 6815 | Mariën Kyra | LIER | 7.18m | 03 |
| 13 | 6445 | Van Dyck Emma | AVKA | 6.53m | 03 |
| 14 | 6628 | Dalle Yodie | KAPE | 6.49m | 04 |
| 15 | 6816 | Vandepaer Hanne | LIER | 6.13m | 03 |
| 16 | 6913 | Stuer Michelle | AVKA | 5.80m | 03 |
| 17 | 6623 | Keuppens Drieke | ESAK | 5.73m | 03 |
| 18 | 6543 | Peetoom Nova* | ESAK | 5.19m | 04 |
| 19 | 6846 | Leloup Alessia | ACBR | 5.02m | 04 |
| 20 | 6845 | Bastiaenssen Hanne | ACBR | 4.80m | 04 |

80m horden 0,84m Min Heren Uur=16:07

Reeks:1

| | | | | | |
|---|------|----------------------|------|-------|----|
| 1 | 4076 | Wildemeersch Jasper | ACBR | 15.98 | 03 |
| 2 | 4743 | Artois Stephane | KAPE | 17.84 | 04 |
| 3 | 4439 | Vander Avert Nils | KAPE | 17.93 | 03 |
| 4 | 4431 | Van den Brande Senne | AVKA | 18.71 | 04 |
| 5 | 4893 | Vandepaer Jonas | LIER | 18.81 | 03 |
| | 4840 | Van Goethem Thor | AVKA | NA | 04 |

80m horden 0,84m Min Heren Uur=16:07

Reeks:2

| | | | | | |
|---|------|-------------------|------|-------|----|
| 1 | 5087 | Devisscher Lauren | KAPE | 14.59 | 03 |
| 2 | 4668 | De Wit Merijn** | ESAK | 16.48 | 04 |
| 3 | 4816 | Alaoui Ibrahim | BVAC | 17.81 | 04 |
| 4 | 5155 | Van Dessel Leon | LIER | 21.61 | 04 |
| 5 | 4892 | Ruwisch Simon | LIER | 23.70 | 04 |
| | 4436 | Gysen Dries | KAPE | NA | 04 |

80m horden 0,84m Min Heren Uur=16:07

Reeks:3

| | | | | | |
|----------|-------------|-------------------------|-------------|--------------|-----------|
| 1 | 4459 | Callaert Vincent | AVKA | 16.60 | 03 |
| 2 | 5183 | Debecker Mauro | ESAK | 16.91 | 03 |
| 3 | 4308 | Eykens Matteo | KAPE | 17.03 | 04 |
| 4 | 4790 | Van De Perre Alan | ESAK | 17.83 | 03 |
| 5 | 9906 | Ackermans Rens | NA | 21.11 | 00 |
| 6 | 4573 | Crauwels Dries | AVKA | 22.66 | 04 |

80m horden 0,84m Min Heren Uur=16:07

Reeks:4

| | | | | | |
|----------|-------------|------------------------|-------------|--------------|-----------|
| 1 | 9905 | Ackermans No'l | NA | 16.64 | 00 |
| 2 | 4877 | Blomme Jarno | KAPE | 17.73 | 04 |
| 3 | 4426 | De Hertogh Kobe | AVKA | 17.82 | 03 |
| 4 | 4234 | El Barbar Youssef | BVAC | 18.12 | 04 |
| 5 | 4584 | Van Den Eede Joppe | ACBR | 18.88 | 04 |
| 6 | 4355 | Hulstaert Ferre | AVKA | 19.67 | 04 |

80m horden 0,84m Min Heren Uur=16:07

Reeks:5

| | | | | | |
|----------|-------------|-----------------------|-------------|--------------|-----------|
| 1 | 4574 | De Maeyer Suus | AVKA | 13.42 | 03 |
| 2 | 4765 | Dua Jits | KAPE | 14.59 | 03 |
| 3 | 3830 | Mees Mathias | BVAC | 14.74 | 04 |
| 4 | 5188 | Seghers Louis | ACBR | 14.74 | 03 |
| 5 | 4501 | Van Liefferinge Glen | BVAC | 16.08 | 04 |
| 6 | 4742 | Jacobs Witse | KAPE | 16.52 | 04 |

60 meter Ben Dames Uur=17:28

Reeks:1

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 1238 | Kempen Eline | LIER | 10.85 | 07 |
| 2 | 888 | Vaudo Nina** | ESAK | 10.97 | 07 |
| 3 | 1265 | Michiels Roos | ACBR | 11.12 | 07 |
| 4 | 9902 | Verelst Tinne | NA | 11.78 | 00 |
| 5 | 9901 | Laureyssens Zita | NA | 13.60 | 00 |

60 meter Ben Dames Uur=17:28

Reeks:2

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 318 | Prijck Caroline | BVAC | 10.38 | 07 |
| 2 | 1359 | Idrisa Moza* | BVAC | 10.61 | 07 |
| 3 | 84 | Roels Joline | ACBR | 10.68 | 07 |
| 4 | 1007 | Verelst Nies | ESAK | 11.72 | 08 |
| 5 | 770 | Vander Avert Hanne | KAPE | 12.06 | 08 |

| | | | | | | |
|----------|---------------------|--------------------|------|-------|--|----|
| 60 meter | Ben Dames Uur=17:28 | | | | | |
| Reeks:3 | | | | | | |
| 1 | 1766 | Verbruggen Amber | KAPE | 11.42 | | 08 |
| 2 | 767 | Melotte Jasmine | AVKA | 11.44 | | 08 |
| 3 | 681 | Leboda Nina | AVKA | 11.49 | | 08 |
| 4 | 886 | De Winter Eline | ESAK | 11.83 | | 08 |
| 5 | 76 | Wildemeersch Suzan | ACBR | 12.07 | | 08 |
| 6 | 771 | Vander Avert Inne | KAPE | 12.21 | | 08 |

| | | | | | | |
|----------|---------------------|------------------------|------|-------|--|----|
| 60 meter | Ben Dames Uur=17:28 | | | | | |
| Reeks:4 | | | | | | |
| 1 | 1223 | Lumbeeck Sanne | BVAC | 9.87 | | 07 |
| 2 | 1379 | Bala Lize | BVAC | 10.26 | | 07 |
| 3 | 1014 | Tindemans Mila | LIER | 10.78 | | 07 |
| 4 | 627 | Van Cleuvenbergen Kato | KAPE | 10.83 | | 08 |
| 5 | 1013 | De Bie Maité | LIER | 11.19 | | 07 |
| 6 | 550 | El Barbar Mariam | BVAC | 11.22 | | 07 |

| | | | | | | |
|----------|---------------------|------------------|------|-------|--|----|
| 60 meter | Ben Heren Uur=16:08 | | | | | |
| Reeks:1 | | | | | | |
| 1 | 8208 | Zaman Arthur | LIER | 10.37 | | 07 |
| 2 | 8391 | Verstraeten Kobe | KAPE | 10.73 | | 08 |
| 3 | 9910 | Vaudo Enzo | NA | 11.26 | | 00 |
| 4 | 8240 | Van de Pas Tobe | KAPE | 11.56 | | 08 |
| 5 | 9903 | Van Dyck Lander | NA | 11.71 | | 00 |
| | 6592 | Suykerbuyk Axl | ACBR | NG | | 08 |

| | | | | | | |
|----------|---------------------|----------------------|------|-------|--|----|
| 60 meter | Ben Heren Uur=16:08 | | | | | |
| Reeks:2 | | | | | | |
| 1 | 7573 | Aters Jef | ACBR | 10.62 | | 07 |
| 2 | 8577 | de Swerts Tijs | KAPE | 11.01 | | 07 |
| 3 | 8042 | Gielen Hannes | ESAK | 11.21 | | 07 |
| 4 | 7134 | Kortleven Milo | ACBR | 11.41 | | 07 |
| 5 | 7677 | Tindemans Junes | LIER | 12.33 | | 08 |
| 6 | 7912 | Van Aelst Ruben - 81 | KAPE | 12.35 | | 07 |

| | | | | | | |
|----------|---------------------|---------------------|------|-------|--|----|
| 60 meter | Ben Heren Uur=16:08 | | | | | |
| Reeks:3 | | | | | | |
| 1 | 7089 | De Kock Mervyn | BVAC | 9.70 | | 07 |
| 2 | 6591 | De Mulder Grim | ACBR | 10.00 | | 07 |
| 3 | 7607 | Loos Senne | AVKA | 10.23 | | 08 |
| 4 | 9907 | Van Der Schoot Rick | NA | 11.16 | | 00 |

| | | | | | | |
|----------|---------------------|------------------|------|-------|--|----|
| 60 meter | Ben Heren Uur=16:08 | | | | | |
| Reeks:4 | | | | | | |
| 1 | 7561 | Van Dorst Stan | AVKA | 10.39 | | 07 |
| 2 | 8225 | Van de Pas Jobbe | KAPE | 11.16 | | 08 |
| 3 | 7560 | Mets Arthur | AVKA | 12.14 | | 08 |

| | | | | | | |
|----------------------|---------------------|-----------------------|------|-------|--|----|
| 60m horden 0,762m/6H | Pup Dames Uur=16:09 | | | | | |
| Reeks:1 | | | | | | |
| 1 | 4241 | Smets Fleur | ACBR | 14.52 | | 05 |
| 2 | 4098 | Van Kerckhoven Viktor | SGOL | 14.95 | | 06 |
| 3 | 3275 | Roels Yana | ACBR | 15.29 | | 05 |
| 4 | 3740 | Terriijn Zuna | BVAC | 15.60 | | 06 |
| | 2941 | Lefever Lore | SGOL | NG | | 06 |

60m horden 0,762m/6H Pup Dames Uur=16:09

Reeks:2

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 2883 | Van Laer Mirthe | ACBR | 13.08 | 06 |
| 2 | 4726 | Sebregts Ashley* | KAPE | 13.36 | 06 |
| 3 | 4036 | Van De Perre Evelyn | ESAK | 13.86 | 05 |
| 4 | 4132 | Blomme Ilara | KAPE | 14.66 | 06 |
| 5 | 4131 | Van Aelst Amber | KAPE | 14.90 | 05 |
| 6 | 3573 | Schillemans Laura | AVKA | 21.21 | 06 |

60m horden 0,762m/6H Pup Dames Uur=16:09

Reeks:3

| | | | | | |
|---|------|-------------------|------|-------|----|
| 1 | 3673 | Vander Avert Caro | KAPE | 11.17 | 05 |
| 2 | 4274 | Leys Merel | KAPE | 12.69 | 05 |
| 3 | 4020 | Dua Hanne | KAPE | 13.58 | 05 |
| 4 | 3914 | Janssen Kaat | ACBR | 14.46 | 05 |
| 5 | 3667 | Michiels Zoë | AVKA | 17.36 | 06 |
| 6 | 3098 | Taelman Lola | BVAC | 17.87 | 05 |

verspringen Pup Heren Uur=17:14

Reeks:1

| | | | | | |
|----|------|-----------------------|------|-------|----|
| 1 | 724 | Vandekerckhove Yoran | AVKA | 3.85m | 05 |
| 2 | 1019 | Anthonissen Daniel | KAPE | 3.71m | 05 |
| 3 | 562 | Claes Arno | AVKA | 3.54m | 05 |
| 4 | 892 | Leboda Tibo | AVKA | 3.53m | 06 |
| 5 | 1690 | De La Bruyere Ward | ESAK | 3.50m | 05 |
| 6 | 1855 | Verboven Elias | ACBR | 3.49m | 06 |
| 7 | 1020 | Vander Avert Ben | KAPE | 3.48m | 06 |
| 8 | 1626 | Vinck Thyas | LIER | 3.41m | 06 |
| 9 | 1615 | Jochems Bent | AVKA | 3.40m | 05 |
| 10 | 1093 | Jarvis Tibo | BVAC | 3.39m | 05 |
| 11 | 1799 | De Ridder Rik | ESAK | 3.30m | 05 |
| 12 | 1625 | Devriendt Lars | LIER | 3.19m | 06 |
| 13 | 888 | Berben Rhune | AVKA | 3.19m | 05 |
| 14 | 893 | Vaerten Mats | AVKA | 3.10m | 06 |
| 15 | 818 | Van Cleuvenbergen Len | KAPE | 3.09m | 05 |
| 16 | 1284 | Loos Jarne | AVKA | 3.02m | 06 |
| 17 | 1154 | De Winter Milan | ESAK | 2.98m | 06 |
| 18 | 1018 | Gielen Stef | KAPE | 2.92m | 06 |
| 19 | 1267 | Luyts Nathan | SGOL | 2.86m | 06 |
| 20 | 1658 | Leloup Tristan | ACBR | 2.83m | 06 |
| 21 | 1546 | Alaoui Ismail | BVAC | 2.73m | 06 |
| 22 | 1684 | Sacre Jelle | AVKA | 2.71m | 06 |
| 23 | 1266 | Luyts Elias | SGOL | 2.68m | 05 |
| 24 | 1558 | De Loose Wout | SGOL | 2.58m | 06 |
| 25 | 1354 | Leysen Lander | LIER | 2.52m | 05 |
| 26 | 1888 | Van Elsacker Siebe | LIER | 2.49m | 06 |
| 27 | 1008 | De Hertogh Cis | AVKA | 2.36m | 06 |
| 28 | 2268 | Michiels Thibo | AVKA | 2.35m | 06 |
| 29 | 9904 | Lieshout Tjeerd | NA | 2.34m | 00 |
| | 1788 | Bala Tino | BVAC | NG | 05 |

speerwerpen 400g Min Dames Uur=17:15

Reeks:1

| | | | | | |
|----|------|---------------------|------|--------|----|
| 1 | 6370 | Bax Axelle | LIER | 24.68m | 03 |
| 2 | 5866 | Udechukwu Hilary | OLSE | 24.40m | 03 |
| 3 | 6378 | Bruynseels Isabelle | AVKA | 22.26m | 03 |
| 4 | 6628 | Dalle Yodie | KAPE | 20.75m | 04 |
| 5 | 9909 | Haest Lotte | NA | 19.92m | 00 |
| 6 | 7135 | Konneh Bendu | BVAC | 19.86m | 04 |
| 7 | 6644 | Tibax Lotte | LIER | 18.38m | 03 |
| 8 | 6623 | Keuppens Drieke | ESAK | 17.44m | 03 |
| 9 | 6960 | Peeters Ellen | BVAC | 15.84m | 03 |
| 10 | 7279 | Haidara Coura | AVKA | 14.79m | 03 |
| 11 | 7118 | Martin Nina | BVAC | 14.56m | 03 |
| 12 | 6764 | Van Put Loranne | AVKA | 14.52m | 03 |
| 13 | 6815 | Mariën Kyra | LIER | 14.37m | 03 |
| 14 | 6975 | Van Doninck Daphne | ACBR | 12.57m | 04 |
| 15 | 6152 | Verbert Sofie | AVKA | 12.51m | 03 |
| 16 | 6846 | Leloup Alessia | ACBR | 9.34m | 04 |
| 17 | 6816 | Vandepaer Hanne | LIER | 9.30m | 03 |
| 18 | 6445 | Van Dyck Emma | AVKA | 9.29m | 03 |
| 19 | 6913 | Stuer Michelle | AVKA | 9.08m | 03 |
| 20 | 6543 | Peetoom Nova* | ESAK | 8.91m | 04 |
| 21 | 6845 | Bastiaenssen Hanne | ACBR | 5.98m | 04 |

kogelstoten 1,000kg Ben Dames Uur=17:18

Reeks:1

| | | | | | |
|----|------|------------------------|------|-------|----|
| 1 | 888 | Vaudo Nina** | ESAK | 9.42m | 07 |
| 2 | 1223 | Lumbeeck Sanne | BVAC | 7.24m | 07 |
| 3 | 84 | Roels Joline | ACBR | 6.87m | 07 |
| 4 | 318 | Prijck Caroline | BVAC | 6.79m | 07 |
| 5 | 1014 | Tindemans Mila | LIER | 6.75m | 07 |
| 6 | 1359 | Idrisa Moza* | BVAC | 6.27m | 07 |
| 7 | 1379 | Bala Lize | BVAC | 6.27m | 07 |
| 8 | 627 | Van Cleuvenbergen Kato | KAPE | 5.54m | 08 |
| 9 | 1013 | De Bie Maité | LIER | 5.54m | 07 |
| 10 | 550 | El Barbar Mariam | BVAC | 5.52m | 07 |
| 11 | 1238 | Kempen Eline | LIER | 5.22m | 07 |
| 12 | 681 | Leboda Nina | AVKA | 4.81m | 08 |
| 13 | 9902 | Verelst Tinne | NA | 4.59m | 00 |
| 14 | 1766 | Verbruggen Amber | KAPE | 4.36m | 08 |
| 15 | 767 | Melotte Jasmine | AVKA | 4.31m | 08 |
| 16 | 771 | Vander Avert Inne | KAPE | 3.95m | 08 |
| 17 | 1265 | Michiels Roos | ACBR | 3.81m | 07 |
| 18 | 770 | Vander Avert Hanne | KAPE | 3.65m | 08 |
| 19 | 1007 | Verelst Nies | ESAK | 3.53m | 08 |
| 20 | 1177 | De Loose Hanne | SGOL | 3.45m | 08 |
| 21 | 886 | De Winter Eline | ESAK | 3.00m | 08 |
| 22 | 9901 | Laureyssens Zita | NA | 2.75m | 00 |

100m horden 0,914m Cad Heren Uur=17:31

Reeks:1 Wind : 0.3

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 1024 | Philips Brent - 81 | KAPE | 17.82 | 02 |
| 2 | 528 | Mariën Yenthe | KAPE | 20.24 | 01 |
| | 65 | Suykerbuyk Renzo | ACBR | DIS | 02 |

100m horden 0,914m Cad Heren Uur=17:31

Reeks:2 Wind : -1.2

| | | | | | |
|---|------|-------------------|------|-------|----|
| 1 | 379 | Kortleven Renzo | ACBR | 18.96 | 02 |
| 2 | 520 | Vander Avert Jens | KAPE | 20.31 | 02 |
| 3 | 9908 | Van Beers Stijn | NA | 35.92 | 00 |

hoogspringen Min Heren Uur=17:26

Reeks:1

| | | | | | |
|----|------|-----------------------|------|-------|----|
| 1 | 4076 | Wildemeersch Jasper | ACBR | 1.45m | 03 |
| 2 | 4438 | Anthonissen Alexander | KAPE | 1.45m | 04 |
| 3 | 4765 | Dua Jits | KAPE | 1.40m | 03 |
| 3 | 4353 | Berben Jomme | AVKA | 1.40m | 03 |
| 5 | 4574 | De Maeyer Suus | AVKA | 1.40m | 03 |
| 5 | 3830 | Mees Mathias | BVAC | 1.40m | 04 |
| 7 | 4501 | Van Liefferinge Glen | BVAC | 1.40m | 04 |
| 8 | 4790 | Van De Perre Alan | ESAK | 1.35m | 03 |
| 8 | 4459 | Callaert Vincent | AVKA | 1.35m | 03 |
| 10 | 5087 | Devisscher Lauren | KAPE | 1.35m | 03 |
| 11 | 4668 | De Wit Merijn** | ESAK | 1.30m | 04 |
| 12 | 4742 | Jacobs Witse | KAPE | 1.25m | 04 |
| 12 | 4877 | Blomme Jarno | KAPE | 1.25m | 04 |
| 14 | 5188 | Seghers Louis | ACBR | 1.25m | 03 |
| 14 | 4743 | Artois Stephane | KAPE | 1.25m | 04 |
| 16 | 5183 | Debecker Mauro | ESAK | 1.20m | 03 |
| 16 | 5124 | Van Elsacker Wout | LIER | 1.20m | 04 |
| 16 | 4893 | Vandepaer Jonas | LIER | 1.20m | 03 |
| 19 | 9905 | Ackermans No'l | NA | 1.20m | 00 |
| 20 | 3757 | Vanderhallen Mathias | SGOL | 1.15m | 04 |
| 20 | 4308 | Eykens Matteo | KAPE | 1.15m | 04 |
| 20 | 4426 | De Hertogh Kobe | AVKA | 1.15m | 03 |
| 20 | 5155 | Van Dessel Leon | LIER | 1.15m | 04 |
| 20 | 4431 | Van den Brande Senne | AVKA | 1.15m | 04 |
| 20 | 4439 | Vander Avert Nils | KAPE | 1.15m | 03 |
| 26 | 3754 | Daemen Andert | SGOL | 1.15m | 04 |
| 26 | 9906 | Ackermans Rens | NA | 1.15m | 00 |
| 28 | 4584 | Van Den Eede Joppe | ACBR | 1.10m | 04 |
| 29 | 4355 | Hulstaert Ferre | AVKA | 1.05m | 04 |
| 29 | 4892 | Ruwisch Simon | LIER | 1.05m | 04 |
| 29 | 4234 | El Barbar Youssef | BVAC | 1.05m | 04 |
| 32 | 4880 | Jochems Seppe | AVKA | 1.00m | 03 |
| 33 | 4573 | Crauwels Dries | AVKA | 1.00m | 04 |
| | 4436 | Gysen Dries | KAPE | NG | 04 |
| | 4840 | Van Goethem Thor | AVKA | GP | 04 |

80m horden 0,762m Cad Dames Uur=16:10

Reeks:1 Wind : -0.6

| | | | | | |
|---|------|----------------------|------|-------|----|
| 1 | 146 | Mees Maite | BVAC | 15.40 | 02 |
| 2 | 579 | Maes Renke | BVAC | 16.63 | 02 |
| 3 | 1021 | Luyten Julie | LIER | 16.83 | 01 |
| 4 | 870 | Vinck Yoni | LIER | 17.23 | 02 |
| 5 | 893 | Van De Cloudt Evelyn | ACBR | 18.81 | 01 |

80m horden 0,762m Cad Dames Uur=16:10

Reeks:2 Wind : 0.5

| | | | | | |
|---|-----|----------------------|------|-------|----|
| 1 | 479 | Sabau Evy | AVKA | 14.76 | 02 |
| 2 | 476 | Bruwiere Sarah | AVKA | 15.21 | 02 |
| 3 | 378 | Vandekerckhove Kiara | AVKA | 15.30 | 01 |
| 4 | 377 | Callaert Jana | AVKA | 16.15 | 01 |
| 5 | 869 | Vandepaer Emelie | LIER | 17.53 | 02 |

80m horden 0,762m Cad Dames Uur=16:10

Reeks:3 Wind : 0.3

| | | | | | |
|---|------|-----------------------|------|-------|----|
| 1 | 309 | Beck Lynn | KAPE | 11.65 | 01 |
| 2 | 333 | De Kock Myra | BVAC | 13.15 | 02 |
| 3 | 1012 | Kosama Eva | BVAC | 13.33 | 02 |
| 4 | 568 | Ilegems Sarah | AVKA | 13.59 | 01 |
| 5 | 480 | Van De Vorst Nathalie | AVKA | 13.74 | 02 |
| | 1086 | Berben Jana | KAPE | NG | 01 |

60m horden 0,762m/6H Min Dames Uur=16:11

Reeks:1

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 6846 | Leloup Alessia | ACBR | 13.20 | 04 |
| 2 | 6370 | Bax Axelle | LIER | 13.38 | 03 |
| 3 | 6913 | Stuer Michelle | AVKA | 13.47 | 03 |
| 4 | 6816 | Vandepaer Hanne | LIER | 14.96 | 03 |
| 5 | 6975 | Van Doninck Daphne | ACBR | 15.37 | 04 |
| | 6845 | Bastiaenssen Hanne | ACBR | NG | 04 |

60m horden 0,762m/6H Min Dames Uur=16:11

Reeks:2

| | | | | | |
|---|------|-----------------|------|-------|----|
| 1 | 6628 | Dalle Yodie | KAPE | 11.36 | 04 |
| 2 | 6623 | Keuppens Drieke | ESAK | 13.20 | 03 |
| 3 | 6815 | Mariën Kyra | LIER | 13.68 | 03 |
| 4 | 6764 | Van Put Loranne | AVKA | 13.91 | 03 |
| 5 | 6445 | Van Dyck Emma | AVKA | 14.40 | 03 |
| 6 | 6644 | Tibax Lotte | LIER | 15.09 | 03 |

60m horden 0,762m/6H Min Dames Uur=16:11

Reeks:3

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 5866 | Udechukwu Hilary | OLSE | 10.31 | 03 |
| 2 | 6960 | Peeters Ellen | BVAC | 11.05 | 03 |
| 3 | 7118 | Martin Nina | BVAC | 11.12 | 03 |
| 4 | 7135 | Konneh Bendu | BVAC | 11.66 | 04 |
| 5 | 6152 | Verbert Sofie | AVKA | 11.80 | 03 |
| 6 | 6378 | Bruynseels Isabelle | AVKA | 11.89 | 03 |

60m horden 0,762m/6H Pup Heren Uur=16:11

Reeks:1

| | | | | | |
|---|------|----------------|------|-------|----|
| 1 | 1799 | De Ridder Rik | ESAK | 13.39 | 05 |
| 2 | 1093 | Jarvis Tibo | BVAC | 13.68 | 05 |
| 3 | 893 | Vaerten Mats | AVKA | 14.30 | 06 |
| 4 | 1855 | Verboven Elias | ACBR | 14.34 | 06 |
| 5 | 1684 | Sacre Jelle | AVKA | 15.37 | 06 |

60m horden 0,762m/6H Pup Heren Uur=16:11

Reeks:2

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 1658 | Leloup Tristan | ACBR | 14.10 | 06 |
| 2 | 1690 | De La Bruyere Ward | ESAK | 14.59 | 05 |
| | 1154 | De Winter Milan | ESAK | NA | 06 |
| | 1626 | Vinck Thyas | LIER | NG | 06 |
| | 1558 | De Loose Wout | SGOL | NG | 06 |

60m horden 0,762m/6H Pup Heren Uur=16:11

Reeks:3

| | | | | | |
|---|------|----------------------|------|-------|----|
| 1 | 1625 | Devriendt Lars | LIER | 14.36 | 06 |
| 2 | 1284 | Loos Jarne | AVKA | 14.46 | 06 |
| 3 | 529 | Venus Alexander - 81 | ACBR | 14.60 | 05 |
| 4 | 1008 | De Hertogh Cis | AVKA | 15.29 | 06 |
| 5 | 1267 | Luyts Nathan | SGOL | 15.52 | 06 |

60m horden 0,762m/6H Pup Heren Uur=16:11

Reeks:4

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 1020 | Vander Avert Ben | KAPE | 13.55 | 06 |
| 2 | 562 | Claes Arno | AVKA | 13.74 | 05 |
| 3 | 892 | Leboda Tibo | AVKA | 13.84 | 06 |
| 4 | 888 | Berben Rhune | AVKA | 14.36 | 05 |
| 5 | 1018 | Gielen Stef | KAPE | 14.82 | 06 |

60m horden 0,762m/6H Pup Heren Uur=16:11

Reeks:5

| | | | | | |
|---|------|----------------------|------|-------|----|
| 1 | 724 | Vandekerckhove Yoran | AVKA | 11.39 | 05 |
| 2 | 1615 | Jochems Bent | AVKA | 13.62 | 05 |
| 3 | 1266 | Luyts Elias | SGOL | 14.48 | 05 |
| | 9904 | Lieshout Tjeerd | NA | NG | 00 |
| | 1788 | Bala Tino | BVAC | NG | 05 |

verspringen Ben Dames Uur=17:37

Reeks:1

| | | | | | |
|----|------|------------------------|------|-------|----|
| 1 | 84 | Roels Joline | ACBR | 3.81m | 07 |
| 2 | 1223 | Lumbeeck Sanne | BVAC | 3.42m | 07 |
| 3 | 1379 | Bala Lize | BVAC | 3.32m | 07 |
| 4 | 318 | Prijck Caroline | BVAC | 3.27m | 07 |
| 5 | 1014 | Tindemans Mila | LIER | 3.12m | 07 |
| 6 | 888 | Vaudo Nina** | ESAK | 3.08m | 07 |
| 7 | 1359 | Idrisa Moza* | BVAC | 2.97m | 07 |
| 8 | 627 | Van Cleuvenbergen Kato | KAPE | 2.92m | 08 |
| 9 | 550 | El Barbar Mariam | BVAC | 2.91m | 07 |
| 10 | 681 | Leboda Nina | AVKA | 2.90m | 08 |
| 11 | 1238 | Kempen Eline | LIER | 2.84m | 07 |
| 12 | 1007 | Verelst Nies | ESAK | 2.73m | 08 |
| 13 | 1766 | Verbruggen Amber | KAPE | 2.72m | 08 |
| 14 | 1013 | De Bie Maité | LIER | 2.69m | 07 |
| 15 | 771 | Vander Avert Inne | KAPE | 2.65m | 08 |
| 16 | 1265 | Michiels Roos | ACBR | 2.60m | 07 |
| 17 | 770 | Vander Avert Hanne | KAPE | 2.58m | 08 |
| 18 | 9902 | Verelst Tinne | NA | 2.56m | 00 |
| 19 | 767 | Melotte Jasmine | AVKA | 2.52m | 08 |
| 20 | 886 | De Winter Eline | ESAK | 2.49m | 08 |
| 21 | 9900 | Keuppens Niene | NA | 2.29m | 00 |
| 22 | 1177 | De Loose Hanne | SGOL | 2.27m | 08 |
| 23 | 9901 | Laureyssens Zita | NA | 2.16m | 00 |

speerwerpen 600g Cad Heren Uur=17:38

Reeks:1

| | | | | | |
|----|------|--------------------|------|--------|----|
| 1 | 1023 | Morreel Arne | LIER | 37.21m | 01 |
| 2 | 379 | Kortleven Renzo | ACBR | 35.20m | 02 |
| 3 | 752 | Van Zele Bart | KAPE | 31.69m | 01 |
| 4 | 1024 | Philips Brent - 81 | KAPE | 31.07m | 02 |
| 5 | 520 | Vander Avert Jens | KAPE | 28.02m | 02 |
| 6 | 528 | Mariën Yenthe | KAPE | 27.86m | 01 |
| 7 | 600 | Geussens Robbe | ESAK | 22.78m | 02 |
| 8 | 1000 | Van Elsacker Dries | LIER | 22.21m | 02 |
| 9 | 335 | De Deckker Daan | ACBR | 19.55m | 02 |
| 10 | 65 | Suykerbuyk Renzo | ACBR | 18.76m | 02 |
| 11 | 9908 | Van Beers Stijn | NA | 15.15m | 00 |

kogelstoten 2,000kg Pup Dames Uur=17:40

Reeks:1

| | | | | | |
|----|------|------------------------|------|-------|----|
| 1 | 3673 | Vander Avert Caro | KAPE | 9.41m | 05 |
| 2 | 4020 | Dua Hanne | KAPE | 7.88m | 05 |
| 3 | 3098 | Taelman Lola | BVAC | 7.16m | 05 |
| 4 | 3914 | Janssen Kaat | ACBR | 6.64m | 05 |
| 5 | 4726 | Sebregts Ashley* | KAPE | 6.16m | 06 |
| 6 | 2883 | Van Laer Mirthe | ACBR | 5.94m | 06 |
| 7 | 4036 | Van De Perre Evelyn | ESAK | 5.90m | 05 |
| 8 | 4274 | Leys Merel | KAPE | 5.73m | 05 |
| 9 | 4131 | Van Aelst Amber | KAPE | 5.69m | 05 |
| 10 | 4241 | Smets Fleur | ACBR | 5.41m | 05 |
| 11 | 3575 | Van Tiggelen Charlotte | AVKA | 4.92m | 06 |
| 12 | 4132 | Blomme Ilara | KAPE | 4.88m | 06 |
| 13 | 3275 | Roels Yana | ACBR | 4.74m | 05 |
| 14 | 3873 | Caron Hannelore | KAPE | 4.68m | 06 |
| 15 | 2941 | Lefever Lore | SGOL | 4.48m | 06 |
| 16 | 3988 | Van Frausum Elise | KAPE | 4.39m | 06 |
| 17 | 3573 | Schillemans Laura | AVKA | 4.13m | 06 |
| 18 | 3740 | Terriijn Zuna | BVAC | 4.04m | 06 |
| 19 | 4039 | Smet Chayenne | BVAC | 3.54m | 06 |
| 20 | 3209 | Willemyns Zoë | SGOL | 3.43m | 06 |
| 21 | 3667 | Michiels Zoë | AVKA | 3.41m | 06 |
| 22 | 4098 | Van Kerckhoven Viktor | SGOL | 3.36m | 06 |

150 meter Min Heren Uur=17:27

Reeks:1

| | | | | | |
|---|------|-----------------|------|-------|----|
| 1 | 4353 | Berben Jomme | AVKA | 19.60 | 03 |
| 2 | 4743 | Artois Stephane | KAPE | 20.48 | 04 |
| 3 | 4574 | De Maeyer Suus | AVKA | 20.67 | 03 |
| 4 | 4426 | De Hertogh Kobe | AVKA | 23.38 | 03 |

150 meter Min Heren Uur=17:27

Reeks:2

| | | | | | |
|---|------|---------------|------|-------|----|
| 1 | 3685 | Konteh Noah | ACBR | 20.66 | 03 |
| 2 | 5188 | Seghers Louis | ACBR | 21.44 | 03 |
| 3 | 4742 | Jacobs Witse | KAPE | 21.91 | 04 |
| 4 | 4308 | Eykens Matteo | KAPE | 22.85 | 04 |

| | | | | | |
|-----------|---------------------|--------------------|------|-------|----|
| 150 meter | Min Heren Uur=17:27 | | | | |
| Reeks:3 | | | | | |
| 1 | 4459 | Callaert Vincent | AVKA | 21.36 | 03 |
| 2 | 4765 | Dua Jits | KAPE | 22.09 | 03 |
| 3 | 3830 | Mees Mathias | BVAC | 22.93 | 04 |
| 4 | 4584 | Van Den Eede Joppe | ACBR | 25.88 | 04 |

| | | | | | |
|-----------|---------------------|----------------------|------|-------|----|
| 150 meter | Min Heren Uur=17:27 | | | | |
| Reeks:4 | | | | | |
| 1 | 4501 | Van Liefferinge Glen | BVAC | 23.21 | 04 |
| 2 | 9905 | Ackermans No'l | NA | 23.33 | 00 |
| 3 | 4234 | El Barbar Youssef | BVAC | 24.84 | 04 |
| 4 | 9906 | Ackermans Rens | NA | 25.67 | 00 |

| | | | | | |
|-----------|---------------------|-------------------|------|-------|----|
| 150 meter | Min Heren Uur=17:27 | | | | |
| Reeks:5 | | | | | |
| 1 | 4790 | Van De Perre Alan | ESAK | 22.91 | 03 |
| 2 | 4880 | Jochems Seppe | AVKA | 24.93 | 03 |
| 3 | 4355 | Hulstaert Ferre | AVKA | 26.82 | 04 |
| 4 | 4573 | Crauwels Dries | AVKA | 29.79 | 04 |

| | | | | | |
|-----------|---------------------|----------------------|------|-------|----|
| 150 meter | Min Heren Uur=17:27 | | | | |
| Reeks:6 | | | | | |
| 1 | 5087 | Devisscher Lauren | KAPE | 20.89 | 03 |
| 2 | 5183 | Debecker Mauro | ESAK | 22.94 | 03 |
| 3 | 3757 | Vanderhallen Mathias | SGOL | 23.66 | 04 |
| 4 | 4893 | Vandepaer Jonas | LIER | 24.02 | 03 |

| | | | | | |
|-----------|---------------------|-----------------|------|-------|----|
| 150 meter | Min Heren Uur=17:27 | | | | |
| Reeks:7 | | | | | |
| 1 | 3754 | Daemen Andert | SGOL | 22.80 | 04 |
| 2 | 4668 | De Wit Merijn** | ESAK | 23.73 | 04 |
| 3 | 4816 | Alaoui Ibrahim | BVAC | 24.53 | 04 |
| | 4436 | Gysen Dries | KAPE | NG | 04 |

| | | | | | |
|-----------|---------------------|-------------------|------|-------|----|
| 150 meter | Min Heren Uur=17:27 | | | | |
| Reeks:8 | | | | | |
| 1 | 5124 | Van Elsacker Wout | LIER | 24.29 | 04 |
| 2 | 4840 | Van Goethem Thor | AVKA | 26.94 | 04 |
| 3 | 4892 | Ruwisch Simon | LIER | 28.68 | 04 |
| | 4439 | Vander Avert Nils | KAPE | NG | 03 |

| | | | | | |
|-----------|---------------------|----------------------|------|-------|----|
| 150 meter | Min Heren Uur=17:27 | | | | |
| Reeks:9 | | | | | |
| 1 | 4076 | Wildemeersch Jasper | ACBR | 22.83 | 03 |
| 2 | 4877 | Blomme Jarno | KAPE | 25.11 | 04 |
| 3 | 4431 | Van den Brande Senne | AVKA | 26.02 | 04 |
| 4 | 5155 | Van Dessel Leon | LIER | 26.31 | 04 |

| | | | | | |
|--------------|---------------------|-----------------------|------|-------|----|
| hoogspringen | Cad Dames Uur=17:43 | | | | |
| Reeks:1 | | | | | |
| 1 | 480 | Van De Vorst Nathalie | AVKA | 1.45m | 02 |
| 1 | 333 | De Kock Myra | BVAC | 1.45m | 02 |
| 3 | 568 | Ilegems Sarah | AVKA | 1.35m | 01 |
| 4 | 1021 | Luyten Julie | LIER | 1.35m | 01 |
| 5 | 579 | Maes Renke | BVAC | 1.30m | 02 |

| | | | | | |
|----|-----|----------------------|------|-------|----|
| 6 | 476 | Bruwiere Sarah | AVKA | 1.30m | 02 |
| 7 | 479 | Sabau Evy | AVKA | 1.30m | 02 |
| 8 | 146 | Mees Maite | BVAC | 1.25m | 02 |
| 9 | 869 | Vandepaer Emelie | LIER | 1.20m | 02 |
| 10 | 893 | Van De Cloodt Evelyn | ACBR | 1.20m | 01 |
| 11 | 870 | Vinck Yoni | LIER | 1.15m | 02 |
| | 378 | Vandekerckhove Kiara | AVKA | NG | 01 |

200 meter Cad Heren Uur=17:27

Reeks:1 Wind : 0.7

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 520 | Vander Avert Jens | KAPE | 29.37 | 02 |
| 2 | 600 | Geussens Robbe | ESAK | 29.96 | 02 |
| 3 | 1000 | Van Elsacker Dries | LIER | 33.64 | 02 |

200 meter Cad Heren Uur=17:27

Reeks:2 Wind : 0.0

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 528 | Mariën Yenthe | KAPE | 28.45 | 01 |
| 2 | 1024 | Philips Brent - 81 | KAPE | 29.01 | 02 |
| 3 | 335 | De Deckker Daan | ACBR | 29.77 | 02 |
| 4 | 9908 | Van Beers Stijn | NA | 31.70 | 00 |

200 meter Cad Heren Uur=17:27

Reeks:3 Wind : 0.1

| | | | | | |
|---|-----|------------------|------|-------|----|
| 1 | 379 | Kortleven Renzo | ACBR | 28.26 | 02 |
| 2 | 752 | Van Zele Bart | KAPE | 29.32 | 01 |
| 3 | 65 | Suykerbuyk Renzo | ACBR | 31.28 | 02 |

hockeywerpen Ben Heren Uur=17:44

Reeks:1

| | | | | | |
|----|------|----------------------|------|--------|----|
| 1 | 7166 | Stoop Matthias | AVKA | 25.65m | 07 |
| 2 | 7573 | Aters Jef | ACBR | 23.55m | 07 |
| 3 | 9907 | Van Der Schoot Rick | NA | 21.30m | 00 |
| 4 | 7089 | De Kock Mervyn | BVAC | 20.68m | 07 |
| 5 | 8240 | Van de Pas Tobe | KAPE | 20.31m | 08 |
| 6 | 8042 | Gielen Hannes | ESAK | 20.24m | 07 |
| 7 | 7912 | Van Aelst Ruben - 81 | KAPE | 19.74m | 07 |
| 8 | 8225 | Van de Pas Jobbe | KAPE | 18.93m | 08 |
| 9 | 7134 | Kortleven Milo | ACBR | 18.92m | 07 |
| 10 | 7677 | Tindemans Junes | LIER | 18.44m | 08 |
| 11 | 6591 | De Mulder Grim | ACBR | 18.02m | 07 |
| 12 | 9903 | Van Dyck Lander | NA | 17.52m | 00 |
| 13 | 7561 | Van Dorst Stan | AVKA | 17.11m | 07 |
| 14 | 7607 | Loos Senne | AVKA | 16.86m | 08 |
| 15 | 8391 | Verstraeten Kobe | KAPE | 16.78m | 08 |
| 16 | 8208 | Zaman Arthur | LIER | 16.18m | 07 |
| 17 | 8577 | de Swerts Tijs | KAPE | 16.01m | 07 |
| 18 | 9910 | Vaudo Enzo | NA | 12.12m | 00 |

discuswerpen 0,600kg Pup Dames Uur=17:46

Reeks:1

| | | | | | |
|---|------|-------------------|------|--------|----|
| 1 | 3673 | Vander Avert Caro | KAPE | 22.17m | 05 |
| 2 | 3914 | Janssen Kaat | ACBR | 15.48m | 05 |
| 3 | 4020 | Dua Hanne | KAPE | 15.30m | 05 |
| 4 | 4274 | Leys Merel | KAPE | 13.60m | 05 |
| 5 | 3098 | Taelman Lola | BVAC | 13.33m | 05 |
| 6 | 4132 | Blomme Ilara | KAPE | 12.82m | 06 |

| | | | | | |
|----|------|------------------------|------|--------|----|
| 7 | 2883 | Van Laer Mirthe | ACBR | 12.45m | 06 |
| 8 | 4131 | Van Aelst Amber | KAPE | 11.05m | 05 |
| 9 | 4036 | Van De Perre Evelyn | ESAK | 10.98m | 05 |
| 10 | 3740 | Terriijn Zuna | BVAC | 10.62m | 06 |
| 11 | 3575 | Van Tiggelen Charlotte | AVKA | 10.50m | 06 |
| 12 | 4241 | Smets Fleur | ACBR | 10.46m | 05 |
| 13 | 3275 | Roels Yana | ACBR | 9.80m | 05 |
| 14 | 4098 | Van Kerckhoven Viktor | SGOL | 9.29m | 06 |
| 15 | 3573 | Schillemans Laura | AVKA | 8.68m | 06 |
| 16 | 2941 | Lefever Lore | SGOL | 8.48m | 06 |
| 17 | 3667 | Michiels Zoë | AVKA | 7.82m | 06 |
| 18 | 3209 | Willemyns Zoë | SGOL | 7.80m | 06 |
| 19 | 3988 | Van Frausum Elise | KAPE | 7.38m | 06 |
| | 3873 | Caron Hannelore | KAPE | GP | 06 |
| | 4039 | Smet Chayenne | BVAC | GP | 06 |

kogelstoten 3,000kg Min Heren Uur=17:49

Reeks:1

| | | | | | |
|----|------|----------------------|------|-------|----|
| 1 | 9905 | Ackermans No'l | NA | 8.93m | 00 |
| 2 | 4353 | Berben Jomme | AVKA | 8.87m | 03 |
| 3 | 4765 | Dua Jits | KAPE | 8.82m | 03 |
| 4 | 4574 | De Maeyer Suus | AVKA | 8.54m | 03 |
| 5 | 4743 | Artois Stephane | KAPE | 8.41m | 04 |
| 6 | 5188 | Seghers Louis | ACBR | 8.36m | 03 |
| 7 | 5087 | Devisscher Lauren | KAPE | 8.28m | 03 |
| 8 | 4436 | Gysen Dries | KAPE | 7.76m | 04 |
| 9 | 4790 | Van De Perre Alan | ESAK | 7.05m | 03 |
| 10 | 4742 | Jacobs Witse | KAPE | 6.88m | 04 |
| 11 | 4880 | Jochems Seppe | AVKA | 6.69m | 03 |
| 12 | 4877 | Blomme Jarno | KAPE | 6.42m | 04 |
| 13 | 5124 | Van Elsacker Wout | LIER | 6.35m | 04 |
| 14 | 4459 | Callaert Vincent | AVKA | 6.24m | 03 |
| 15 | 4439 | Vander Avert Nils | KAPE | 6.22m | 03 |
| 16 | 5183 | Debecker Mauro | ESAK | 6.02m | 03 |
| 17 | 4893 | Vandepaer Jonas | LIER | 5.89m | 03 |
| 18 | 4584 | Van Den Eede Joppe | ACBR | 5.73m | 04 |
| 19 | 4308 | Eykens Matteo | KAPE | 5.71m | 04 |
| 20 | 9906 | Ackermans Rens | NA | 5.61m | 00 |
| 21 | 5155 | Van Dessel Leon | LIER | 5.58m | 04 |
| 22 | 3754 | Daemen Andert | SGOL | 5.54m | 04 |
| 23 | 4501 | Van Liefferinge Glen | BVAC | 5.34m | 04 |
| 24 | 4668 | De Wit Merijn** | ESAK | 5.30m | 04 |
| 25 | 3757 | Vanderhallen Mathias | SGOL | 5.02m | 04 |
| 26 | 4431 | Van den Brande Senne | AVKA | 4.51m | 04 |
| 27 | 4840 | Van Goethem Thor | AVKA | 4.44m | 04 |
| 28 | 4816 | Alaoui Ibrahim | BVAC | 4.30m | 04 |
| 29 | 4892 | Ruwisch Simon | LIER | 4.27m | 04 |
| 30 | 4573 | Crauwels Dries | AVKA | 3.87m | 04 |
| | 4426 | De Hertogh Kobe | AVKA | NG | 03 |
| | 4076 | Wildemeersch Jasper | ACBR | NG | 03 |

| 600 meter | | Ben Dames Uur=17:33 | | | | |
|-----------|------|---------------------|------|---------|--|----|
| Reeks:1 | | | | | | |
| 1 | 318 | Prijck Caroline | BVAC | 2'17.51 | | 07 |
| 2 | 84 | Roels Joline | ACBR | 2'22.63 | | 07 |
| 3 | 1223 | Lumbeeck Sanne | BVAC | 2'22.69 | | 07 |
| 4 | 1014 | Tindemans Mila | LIER | 2'25.26 | | 07 |
| 5 | 1766 | Verbruggen Amber | KAPE | 2'26.02 | | 08 |
| 6 | 888 | Vaudo Nina** | ESAK | 2'31.82 | | 07 |
| 7 | 1007 | Verelst Nies | ESAK | 2'34.43 | | 08 |
| 8 | 9900 | Keuppens Niene | NA | 2'43.37 | | 00 |
| 9 | 1177 | De Loose Hanne | SGOL | 2'44.16 | | 08 |

| 600 meter | | Ben Dames Uur=17:33 | | | | |
|-----------|------|------------------------|------|---------|--|----|
| Reeks:2 | | | | | | |
| 1 | 1379 | Bala Lize | BVAC | 2'18.35 | | 07 |
| 2 | 1238 | Kempen Eline | LIER | 2'19.44 | | 07 |
| 3 | 627 | Van Cleuvenbergen Kato | KAPE | 2'20.05 | | 08 |
| 4 | 550 | El Barbar Mariam | BVAC | 2'24.14 | | 07 |
| 5 | 1359 | Idrisa Moza* | BVAC | 2'29.04 | | 07 |
| 6 | 681 | Leboda Nina | AVKA | 2'29.24 | | 08 |
| 7 | 1265 | Michiels Roos | ACBR | 2'32.48 | | 07 |
| 8 | 9902 | Verelst Tinne | NA | 2'32.97 | | 00 |
| 9 | 771 | Vander Avert Inne | KAPE | 2'33.09 | | 08 |
| 10 | 770 | Vander Avert Hanne | KAPE | 2'36.49 | | 08 |
| 11 | 886 | De Winter Eline | ESAK | 2'39.60 | | 08 |
| 12 | 767 | Melotte Jasmine | AVKA | 2'44.48 | | 08 |

| 1000 meter | | Pup Heren Uur=17:33 | | | | |
|------------|------|----------------------|------|---------|--|----|
| Reeks:1 | | | | | | |
| 1 | 1855 | Verboven Elias | ACBR | 3'45.49 | | 06 |
| 2 | 1799 | De Ridder Rik | ESAK | 3'48.33 | | 05 |
| 3 | 1154 | De Winter Milan | ESAK | 3'54.55 | | 06 |
| 4 | 1546 | Alaoui Ismail | BVAC | 3'59.76 | | 06 |
| 5 | 529 | Venus Alexander - 81 | ACBR | 4'03.64 | | 05 |
| 6 | 1093 | Jarvis Tibo | BVAC | 4'05.71 | | 05 |
| 7 | 1018 | Gielen Stef | KAPE | 4'10.10 | | 06 |
| 8 | 1690 | De La Bruyere Ward | ESAK | 4'14.45 | | 05 |
| 9 | 1267 | Luyts Nathan | SGOL | 4'25.69 | | 06 |
| 10 | 1684 | Sacre Jelle | AVKA | 4'31.42 | | 06 |
| 11 | 1558 | De Loose Wout | SGOL | 5'00.60 | | 06 |
| 12 | 1354 | Leysen Lander | LIER | 5'14.87 | | 05 |
| | 1658 | Leloup Tristan | ACBR | NG | | 06 |

| 1000 meter | | Pup Heren Uur=17:33 | | | | |
|------------|------|-----------------------|------|---------|--|----|
| Reeks:2 | | | | | | |
| 1 | 888 | Berben Rhune | AVKA | 3'24.28 | | 05 |
| 2 | 1020 | Vander Avert Ben | KAPE | 3'29.73 | | 06 |
| 3 | 818 | Van Cleuvenbergen Len | KAPE | 3'36.86 | | 05 |
| 4 | 724 | Vandekerckhove Yoran | AVKA | 3'41.46 | | 05 |
| 5 | 562 | Claes Arno | AVKA | 3'42.29 | | 05 |
| 6 | 892 | Leboda Tibo | AVKA | 3'42.56 | | 06 |
| 7 | 1284 | Loos Jarne | AVKA | 3'44.15 | | 06 |
| 8 | 893 | Vaerten Mats | AVKA | 3'45.13 | | 06 |
| 9 | 1615 | Jochems Bent | AVKA | 3'50.97 | | 05 |
| 10 | 1625 | Devriendt Lars | LIER | 3'53.15 | | 06 |
| 11 | 1266 | Luyts Elias | SGOL | 3'54.43 | | 05 |

| | | | | | | |
|-----------|-----------|-------------|----------------------------|-------------|----------------|-----------|
| | 12 | 2268 | Michiels Thibo | AVKA | 4'22.15 | 06 |
| | 13 | 9904 | Lieshout Tjeerd | NA | 4'24.63 | 00 |
| 150 meter | | | Min Dames | | Uur=17:33 | |
| Reeks:1 | | | | | | |
| | 1 | 7279 | Haidara Coura | AVKA | 22.08 | 03 |
| | 2 | 6628 | Dalle Yodie | KAPE | 22.99 | 04 |
| | 3 | 6148 | Horrevorst Noor | ABES | 25.25 | 04 |
| 150 meter | | | Min Dames | | Uur=17:33 | |
| Reeks:2 | | | | | | |
| | 1 | 6846 | Leloup Alessia | ACBR | 23.03 | 04 |
| | 2 | 6623 | Keuppens Drieke | ESAK | 25.13 | 03 |
| | 3 | 6445 | Van Dyck Emma | AVKA | 25.89 | 03 |
| 150 meter | | | Min Dames | | Uur=17:33 | |
| Reeks:3 | | | | | | |
| | 1 | 6370 | Bax Axelle | LIER | 22.61 | 03 |
| | 2 | 6644 | Tibax Lotte | LIER | 23.64 | 03 |
| | 3 | 6913 | Stuer Michelle | AVKA | 25.34 | 03 |
| | 4 | 6975 | Van Doninck Daphne | ACBR | 26.42 | 04 |
| 150 meter | | | Min Dames | | Uur=17:33 | |
| Reeks:4 | | | | | | |
| | 1 | 7135 | Konneh Bendu | BVAC | 22.18 | 04 |
| | 2 | 7118 | Martin Nina | BVAC | 22.97 | 03 |
| | 3 | 6152 | Verbert Sofie | AVKA | 24.01 | 03 |
| | 4 | 6815 | Mariën Kyra | LIER | 25.42 | 03 |
| 150 meter | | | Min Dames | | Uur=17:33 | |
| Reeks:5 | | | | | | |
| | 1 | 5866 | Udechukwu Hilary | OLSE | 20.72 | 03 |
| | 2 | 6764 | Van Put Lorraine | AVKA | 21.83 | 03 |
| | 3 | 6960 | Peeters Ellen | BVAC | 21.86 | 03 |
| | 4 | 6378 | Bruynseels Isabelle | AVKA | 22.22 | 03 |
| 600 meter | | | Ben Heren | | Uur=17:50 | |
| Reeks:1 | | | | | | |
| | 1 | 8208 | Zaman Arthur | LIER | 2'18.45 | 07 |
| | 2 | 8391 | Verstraeten Kobe | KAPE | 2'19.81 | 08 |
| | 3 | 8225 | Van de Pas Jobbe | KAPE | 2'21.35 | 08 |
| | 4 | 9910 | Vaudo Enzo | NA | 2'22.20 | 00 |
| | 5 | 8240 | Van de Pas Tobe | KAPE | 2'22.55 | 08 |
| | 6 | 7573 | Aters Jef | ACBR | 2'36.27 | 07 |
| | 7 | 9903 | Van Dyck Lander | NA | 2'40.11 | 00 |
| | 8 | 7677 | Tindemans Junes | LIER | 2'57.70 | 08 |
| 600 meter | | | Ben Heren | | Uur=17:50 | |
| Reeks:2 | | | | | | |
| | 1 | 7561 | Van Dorst Stan | AVKA | 2'09.83 | 07 |
| | 2 | 7607 | Loos Senne | AVKA | 2'10.97 | 08 |
| | 3 | 7089 | De Kock Mervyn | BVAC | 2'14.98 | 07 |
| | 4 | 8577 | de Swerts Tijs | KAPE | 2'29.48 | 07 |
| | 5 | 8042 | Gielen Hannes | ESAK | 2'30.63 | 07 |
| | 6 | 9907 | Van Der Schoot Rick | NA | 2'35.74 | 00 |
| | 7 | 7912 | Van Aelst Ruben - 81 | KAPE | 3'01.32 | 07 |
| | | 7134 | Kortleven Milo | ACBR | NG | 07 |

| 1000 meter | | Pup Dames Uur=18:05 | | | | |
|------------|------|------------------------|------|---------|--|----|
| Reeks:1 | | | | | | |
| 1 | 3873 | Caron Hannelore | KAPE | 4'03.24 | | 06 |
| 2 | 3209 | Willemyns Zoë | SGOL | 4'08.04 | | 06 |
| 3 | 3575 | Van Tiggelen Charlotte | AVKA | 4'16.06 | | 06 |
| 4 | 4241 | Smets Fleur | ACBR | 4'16.70 | | 05 |
| 5 | 3275 | Roels Yana | ACBR | 4'16.90 | | 05 |
| 6 | 3667 | Michiels Zoë | AVKA | 4'22.51 | | 06 |
| 7 | 4098 | Van Kerckhoven Viktor | SGOL | 4'24.66 | | 06 |
| 8 | 3740 | Terriijn Zuna | BVAC | 4'40.60 | | 06 |
| 9 | 4039 | Smet Chayenne | BVAC | 5'11.94 | | 06 |

| 1000 meter | | Pup Dames Uur=18:05 | | | | |
|------------|------|---------------------|------|---------|--|----|
| Reeks:2 | | | | | | |
| 1 | 2883 | Van Laer Mirthe | ACBR | 3'45.26 | | 06 |
| 2 | 4020 | Dua Hanne | KAPE | 3'47.88 | | 05 |
| 3 | 3988 | Van Frausum Elise | KAPE | 3'52.53 | | 06 |
| 4 | 4132 | Blomme Ilara | KAPE | 3'58.16 | | 06 |
| 5 | 4131 | Van Aelst Amber | KAPE | 4'02.87 | | 05 |
| 6 | 3098 | Taelman Lola | BVAC | 4'03.48 | | 05 |
| 7 | 3573 | Schillemans Laura | AVKA | 4'11.25 | | 06 |
| | 3914 | Janssen Kaat | ACBR | NG | | 05 |
| | 4036 | Van De Perre Evelyn | ESAK | NG | | 05 |
| | 4274 | Leys Merel | KAPE | NG | | 05 |

| 200 meter | | Cad Dames Uur=18:07 | | | | |
|---------------------|-----|----------------------|------|-------|--|----|
| Reeks:1 Wind : -2.0 | | | | | | |
| 1 | 146 | Mees Maite | BVAC | 31.38 | | 02 |
| 2 | 869 | Vandepaer Emelie | LIER | 33.18 | | 02 |
| 3 | 893 | Van De Cloodt Evelyn | ACBR | 35.25 | | 01 |

| 200 meter | | Cad Dames Uur=18:07 | | | | |
|---------------------|------|-----------------------|------|-------|--|----|
| Reeks:2 Wind : -0.8 | | | | | | |
| 1 | 480 | Van De Vorst Nathalie | AVKA | 29.12 | | 02 |
| 2 | 377 | Callaert Jana | AVKA | 29.26 | | 01 |
| 3 | 479 | Sabau Evy | AVKA | 29.52 | | 02 |
| | 1021 | Luyten Julie | LIER | NG | | 01 |

| 200 meter | | Cad Dames Uur=18:07 | | | | |
|--------------------|------|---------------------|------|-------|--|----|
| Reeks:3 Wind : 0.3 | | | | | | |
| 1 | 1012 | Kosama Eva | BVAC | 27.07 | | 02 |
| 2 | 568 | Ilegems Sarah | AVKA | 27.78 | | 01 |
| 3 | 476 | Bruwiere Sarah | AVKA | 27.97 | | 02 |
| 4 | 333 | De Kock Myra | BVAC | 29.09 | | 02 |

Wedstrijd statistieken

Software versie:WV11

Locatie : Sportpark Hemelrijk Essen
 Naam : AAS-criterium
 Extra info :

Datum : 04/06/16
 Wedstrijdnr :
 In/Outdoor : Outdoor

proeven : 40
 # prestaties : 686
 # atleten : 187
 # klubs : 11

| | Ben | Pup | Min | Cad | Sch | Jun | Sen | Mas | Totaal |
|--------|-----|-----|-----|-----|-----|-----|-----|-----|--------|
| Dames | 24 | 23 | 22 | 17 | 0 | 0 | 0 | 0 | 86 |
| Heren | 20 | 33 | 37 | 11 | 0 | 0 | 0 | 0 | 101 |
| Totaal | 44 | 56 | 59 | 28 | 0 | 0 | 0 | 0 | 187 |

In de tabellen hiernaast en hieronder staan alleen de atleten waarvan in het atletenbestand ALLE gegevens bekend zijn.

| Klub | Ben | Pup | Min | Cad | Sch | Jun | Sen | Mas | Totaal |
|------|-----|-----|-----|-----|-----|-----|-----|-----|--------|
| ABES | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| ACBR | 7 | 7 | 7 | 7 | 4 | 0 | 0 | 0 | 25 |
| AVKA | 6 | 14 | 15 | 7 | 0 | 0 | 0 | 0 | 42 |
| BVAC | 6 | 6 | 7 | 4 | 0 | 0 | 0 | 0 | 23 |
| ESAK | 4 | 4 | 5 | 1 | 0 | 0 | 0 | 0 | 14 |
| KAPE | 9 | 12 | 10 | 6 | 0 | 0 | 0 | 0 | 37 |
| LIER | 5 | 5 | 8 | 5 | 0 | 0 | 0 | 0 | 23 |
| NA | 6 | 1 | 3 | 1 | 0 | 0 | 0 | 0 | 11 |
| OLSE | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| ROBA | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| SGOL | 1 | 6 | 2 | 0 | 0 | 0 | 0 | 0 | 9 |